

Companies House

-- for the record ---

Please complete in typescript, or in bold black capitals. CHWP000

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHYPOOU	or particulars (use i offit 2000))
Company Numbe	06314608
Company Name in ful	REFRESH RECOVERY LIMITED
Date of appointment	
Appointment Appointment as director	as secretary As secretary Please mark the appropriate box if appointment is as a director and secretary mark both boxes
form NAME *Style / Title Notes on completion	*Honours etc
appear on reverse Forename(s) Gordon
Surname	Craig
Previous Forename(s)	1 1
Usual residentia address	NVINITADAIMA 115 Praetan Raad Winittia La Waade
Post town	Chorley Postcode PR6 7PJ
County / Region	Lancashire Country England
†Nationalit	British †Business occupation Chartered Accountant
†Other directorship: (additional space overleaf	\
Consent signature	i consent to act as director y secretary of the above named company
* Voluntary details † Directors only	A director secretary etc must sign the form below.
**Delete as appropriate Signed	Date 10/10/08
Please give the name, address, telephone number and, if available,	(**a director / secretary / administrator / administrative receiver / receiver manager / receiver) Taylors Solicitors, 44 Peter Street, Manchester, M2 5GP
a DX number and Exchange of the person Companies House should contact if there is any query	Tel 0161 835 8000
	DX number DX exchange
A092K3Z7 A22 15/10/2008 250 _ COMPANIES HOUSE	When you have completed and signed the form please send it to the Registrar of Companies at
	Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales or Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland - DX 235 Edinburgh

	Company Number	06314608
† Directors only	†Other directorships	Cresswall Associates Limited (05445737)
		Cresswall Associates UK Limited (05525708)

NOTES

Show the full forenames, NOT INITIALS If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and sumame and need not give the name by which that person was known before he or she adopted the title or succeeded to it

Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company