



Companies House

AR01 (ef)

Annual Return



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X4BLXGTT

Company Name: **TEN HEALTH & FITNESS LIMITED**

Company Number: **06286799**

Date of this return: **20/06/2015**

SIC codes: **93130**

Company Type: **Private company limited by shares**

Situation of Registered Office: **2-4 EXMOOR STREET
LONDON
W10 6BD**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**2-4 EXMOOR STREET
LONDON
ENGLAND
W10 6BD**

There are no records kept at the above address

Officers of the company

Company Director **1**

Type: **Person**

Full forename(s): **MS JOANNE**

Surname: **MATHEWS**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **04/01/1967** *Nationality:* **BRITISH**

Occupation: **MARKETING CONSULTANT**

Company Director 2

Type: **Person**
Full forename(s): **MR JUSTIN GRAVE**

Surname: **ROGERS**

Former names: **ROGERS**

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **22/06/1959** *Nationality:* **BRITISH**

Occupation: **CREATIVE CONSULTANT**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	11648
		<i>Aggregate nominal value</i>	1164.8
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0.1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

VOTING RIGHTS AND TO PARTICIPATE IN A DIVIDEND DISTRIBUTION

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	11648
		<i>Total aggregate nominal value</i>	1164.8

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 20/06/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **8082 ORDINARY shares held as at the date of this return**
Name: **JOANNE MATHEWS**

Shareholding 2 : **1212 ORDINARY shares held as at the date of this return**
Name: **JUSTIN ROGERS**

Shareholding 3 : **1177 ORDINARY shares held as at the date of this return**
Name: **ADAM KAYE**

Shareholding 4 : **1177 ORDINARY shares held as at the date of this return**
Name: **SAM KAYE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.