

**Charity Registration Number: 1137535**

**Company Registration Number: 06265354**

**A WAY OUT  
(A Company Limited by Guarantee)  
REPORTS AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2011**

TUESDAY



\*A17IMRNS\*

A38

24/04/2012

#218

COMPANIES HOUSE

**Baines Jewitt**  
CHARTERED ACCOUNTANTS  
AND BUSINESS ADVISERS

[www.bainesjewitt.co.uk](http://www.bainesjewitt.co.uk)

---

**A WAY OUT**  
**(A Company Limited by Guarantee)**

**REPORTS AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

	<b>Pages</b>
<b>Directors'/Trustees' Report</b>	<b>1 to 10</b>
<b>Independent Examiner's Report</b>	<b>11</b>
<b>Statement of Financial Activities/Summary Income and Expenditure Account</b>	<b>12</b>
<b>Balance Sheet</b>	<b>13</b>
<b>Notes to the Financial Statements</b>	<b>14 to 22</b>

**A WAY OUT**  
**(A Company Limited by Guarantee)**

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

The directors/trustees are pleased to present their report, together with the financial statements of the charity for the year ended 30 September 2011

**LEGAL AND ADMINISTRATIVE INFORMATION**

<b>Charity Name:</b>	A WAY OUT
<b>Charity Registration Number:</b>	1137535
<b>Company Registration Number:</b>	06265354
<b>Registered Office:</b>	The Gate 1-2 Castlegate Quay Riverside Stockton-on-Tees TS18 1BZ
<b>Website Address:</b>	<a href="http://www.awayout.co.uk">www.awayout.co.uk</a>
<b>Directors/Trustees:</b>	Stuart Cornwell Carol Russell Rita White John Robinson Toks Sangowawa Peter Chapman Fiona Toop (resigned February 2011)
<b>Chief Executive:</b>	Jessie Jacobs
<b>Independent Examiner:</b>	Mr J Lester FCA Baines Jewitt LLP Chartered Accountants Barrington House 41-45 Yarm Lane Stockton-on-Tees TS18 3EA
<b>Bankers:</b>	HSBC Bank plc 136 High Street Stockton-on-Tees TS18 1LR
<b>Solicitors:</b>	Punch Robson 35 Albert Road Middlesbrough TS1 1NU

**A WAY OUT**  
**(A Company Limited by Guarantee)**

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

A WAY OUT is a company limited by guarantee and not having a share capital, governed by its Memorandum and Articles dated 5 June 2007. It is also a charity registered with the Charity Commission. The members of the charitable company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up during their period of membership and within one year of their ceasing to be a member.

### **Appointment of Trustees**

The charity currently has six trustees.

New trustees are appointed from time to time at the discretion of the existing trustees.

### **Trustee Induction and Training**

The current Board are already familiar with the ethos and workings of A WAY OUT, having been involved with the charity for some time.

New trustees undergo an induction process that gives them an insight into the roles and responsibilities of trustees and the aims and objectives of the charity.

Following their induction, trustees are encouraged to participate in external training events that will benefit their role and are kept informed of relevant matters by the Chief Executive.

### **Organisation**

A WAY OUT was initially formed as an unincorporated charity in 2002 by the current CEO who, having been brought up in the town of Stockton-on-Tees, was so moved by the abuse, poverty and addiction that was devastating the lives of young girls and young people across the area, that she gave up a career in the business world to start up an organisation with an aim to provide outreach and support to at risk women and young people.

The organisation secured some charitable grants and began project work by the end of 2002. It subsequently became a registered charity in September 2004 and a charitable company limited by guarantee in October 2010. The organisation moved to its present site at the end of 2008 in order to provide better equipped facilities and a greater portfolio of services.

A WAY OUT currently employs 21 full and part-time staff members and is governed by the Board of Trustees.

The charity is administered by the trustees who delegate its day to day operations to the Chief Executive.

In exercising their powers and duties, the trustees have had due regard to the guidance on public benefit published by the Charity Commission.

### **Related Parties**

Other than as disclosed in note 20 to the financial statements, there were no related party transactions during the year under review.

### **Risk Management**

The trustees have conducted a review of the major risks to which the charity is exposed. External risks to funding can only be reduced by allowing for diversification of funding and activities. Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

## **OBJECTS AND ACTIVITIES**

### **Vision**

Our vision is that all women and young people should be free to live healthy, whole and safe lives, free from addiction, poverty and exploitation.

**A WAY OUT**  
(A Company Limited by Guarantee)

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**OBJECTS AND ACTIVITIES** (*Continued*)

**Our Objectives:**

- To improve health, wellbeing and safety amongst at risk women and young people through the provision of early intervention, prevention, recovery and crisis services
- To reach our community's most hard to reach and vulnerable women and young people
- To provide holistic care that focuses on the whole person, supporting and empowering them to live whole lives

**The Charity's legal objects ('the objects') are:**

- To relieve suffering and promote good health and the advancement of education amongst members of the community in the borough of Stockton-on-Tees, particularly, but not exclusively amongst women, children and young people,
- To provide or assist in the provision of facilities in the interest of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances, with the object of improving their conditions of life

**Beliefs**

We are a Christian organisation, based on a belief in Jesus as the inspiration and foundation of this work amongst vulnerable and marginalised people. Our values are aligned to these beliefs.

**Our Values**

**Excellence:** we have high standards and strive to be excellent in everything that we do. We are professional and have clear boundaries and operational standards.

**Prayer and Faith:** we believe in the power of prayer and faith in our work amongst the most marginalised. Hope gives us a vision of a changed life. Faith helps us believe for it.

**Love:** we believe that love is fundamental in everything we do, the way we treat our staff, the way we treat each other and the way we treat our clients. We believe that through loving care, clients are able to walk out their journey to wholeness and restoration.

**Diversity and Equality:** we believe that equality and diversity brings a rich flavour to all that we do, and we seek to work with people from all backgrounds regardless of sexuality, faith or ethnicity.

**Joy, Happiness and Wholeness:** our programmes are often designed to provide joyful and happy experience. This enables emotional attachments, healing from trauma and other very positive effects. Joy is a vital part of our services to women and young people.

**Our Activities**

We seek to run specific projects that are aimed at vulnerable women and young people in the community and those most at risk of not living a health, safe and whole life.

We recognise that it is often those who are most vulnerable who do not access mainstream services. Our primary focus is reaching those who are most at risk and hardest to reach.

A WAY OUT's core strength is our ability to engage with these people and through this engagement and continued support we can see their lives changed and made whole.

**Delivery Model**

We have four specific areas of work targeting different levels of risk.

- 1 Youth and Community - aimed at young people at risk
- 2 Prevention and Early Intervention - aimed at young people engaging in risk-taking behaviours
- 3 Recovery and Rehabilitation - aimed at women and young people experiencing life controlling addictions
- 4 Crisis and Women's Safety - aimed at women and young people with intensive support needs such as those who are homeless, trapped in sexual exploitation and chaotic drug and alcohol users

**A WAY OUT**  
(A Company Limited by Guarantee)

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**OBJECTS AND ACTIVITIES** *(Continued)*

**Our Key Focus Areas**

To improve health

- having a sensible, safe and social approach to alcohol use
- eating healthily and taking part in regular physical activities
- choosing not to smoke
- choosing not to use drugs
- having good physical health and taking protective steps to ensure continued health (including visiting a dentist, having regular health checks etc )
- avoiding sexual risk-taking behaviours

To improve wellbeing

- having positive mental health
- possessing a secure and strong sense of emotional wellbeing
- having positive aspirations
- being socially included (volunteering, socialising, accessing public services)
- having faith/beliefs and values that have a positive impact on an individual's life

To improve personal safety

- being free from abuse and harm (physical, emotional, sexual)
- having safe, secure relationships
- being free from bullying, gang and youth violence
- not engaging in prostitution or sexual exploitation

**ACHIEVEMENTS AND PERFORMANCE**

**Growing Up**

Childhood and early years work continues to be a major part of the government's initiative to create stronger, safer and healthier communities, as does the role of families. The drive for strong early years and family services is based around the understanding that the work invested into a child's formative years can be most crucial in determining who that child grows up to be. It is a philosophy we hold strongly here at A WAY OUT. Yes, we go to rescue those who have not found their way, who have not had safe, secure families or clear guidance as they have grown up and who, as adults, have found themselves living in very vulnerable and high risk situations. But we also see it as equally important to go back to the root and reach those children as they transition from childhood to adulthood, to work with them, their families and their communities to model safer, healthier and more whole lives. We want them to develop resilience to harm and risk-taking behaviours in order that they may not lose their way, supporting them to be all they can be, living a whole life, free from addiction, poverty and abuse.

We take growing up very seriously here at A WAY OUT. It has therefore been an interesting activity to undertake, as we write this report, to look back at our own 'growing up' and observe the development that we, as an organisation, have been making over these last 9 years. It feels like we are finally finding our feet, learning who we are, realising what makes us tick, discovering our own abilities in terms of what makes us unique and what gives us our strength. We feel we have reached the stage where we can no longer call ourselves a start up project of a new charity. We have grown up!

We have an amazing amount of gratitude to all those people who have helped us grow up, not only this last year but also over the 8 years previous. In particular, our Chair and Board of Trustees have provided exceptional support, guidance and advice, at both times of blessing and also of challenge. Our funders and the people who have invested and bought into A WAY OUT's services have enabled us to get out there and deliver all of our many services to vulnerable and at risk women and young people. The media continue to take a keen interest in our work and have brought a spot light, not only on the challenges that we face and the difficult issues we tackle, but have also raised awareness of the power and impact of our work. Of course, we would not be anywhere if it were not for the staff and volunteers who tirelessly develop and deliver these services, who consistently go the extra mile to ensure that women and young people all across the Tees Valley find love, hope and freedom.

**A WAY OUT**  
**(A Company Limited by Guarantee)**  
**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

### **ACHIEVEMENTS AND PERFORMANCE (*Continued*)**

It has been an exciting year, building and strengthening our infrastructure, whilst at the same time continuing to reach, engage and change lives. In this last year, we have been able to raise £369,571 and have worked with more than 1,307 women and young people.

#### **YOUTH AND COMMUNITY**

Reaching out to and engaging with hard to reach young people has always been at the forefront of A WAY OUT's service delivery. Using a grass roots approach, the organisation has a strong proven track record in reaching many diverse groups. Relationships built through outreach are often a foundation for further preventative and transformational work that A WAY OUT delivers.

**In 2010/2011 we reached 485 people through our youth and community outreach and 173 engaged in further programmes or interventions.**

We delivered the following activities:

#### **Community Outreach**

**Summer road shows:** BBQs, into the community reaching and providing health advice and promotion of projects within three estates in the Stockton-on-Tees area.

**School road shows:** around health, info and advice on drink, drugs and relationships.

**Youth club road shows:** touring Stockton Council's youth clubs providing positive activities and health workshops.

#### **Detached Outreach**

Sessions providing:

- Sport and positive activities
- Engaging young people into further prevention programmes
- Providing information and building relationships

#### **TS6 Project**

We developed a project within the TS6 and Grangetown estate, particularly in partnership with the local churches, that aimed to promote community cohesion between young people and older people and encourage young adults and young people to take a more positive and active role within their community.

Activities included:

- Parent/guardian and child football sessions and competition
- Intergenerational art session
- Entry into a local youth gardening competition aimed at improving the area's green spaces
- Weekly football sessions
- Inter-community football sessions
- One to one mentoring sessions
- Weekly hiking sessions
- Furthering our partnership with local organisations
- Cross-cultural exchange week at three schools in TS6 area
- Churches together youth event
- Anti-knife crime project

#### **Youth Outreach**

**Holiday activities:** a variety of positive activities ran throughout the holidays including trips to parks, museums, cinemas and theme parks.

**Vibe events:** at Christmas, we ran a 'Christmas Vibe' event. Young people from across Stockton attended and got involved in activities including Christmas games and crafts, computer game tournaments, food and of course a visit from Santa and Mrs Claus who distributed presents.

**A WAY OUT**  
**(A Company Limited by Guarantee)**  
**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

### **ACHIEVEMENTS AND PERFORMANCE (*Continued*)**

**Easter vibe:** this was an Easter themed youth event held at The Gate. Each room had a different activity happening including

- 'The meaning of Easter' session ran by volunteers from local churches
- Beauty boutique
- Easter crafts
- Computer games
- Mac Academy taster session, where young people got to create their own music, make movies and try out capturing and editing photos
- Graffiti workshops

### **PREVENTION AND EARLY INTERVENTION**

A WAY OUT delivers preventative work aimed at improving lives and our holistic view of prevention looks at a person's physical, emotional, spiritual and social wellbeing

**In 2010/2011 we reached 189 young people through our Prevention and Early Intervention work. 70% saw an improvement in their wellbeing and 18% made a significant change within their health such as drug and alcohol use.**

Prevention work plays a major part in A WAY OUT's activities. We continued to deliver a series of prevention activities to young people at risk particularly those facing the following issues

- Social exclusion
- Involved in risk behaviours such as drug and alcohol misuse, criminal behaviour
- Low self-esteem and confidence
- Bullying

We delivered the following activities as part of our prevention and early intervention work

#### **Alternative Education**

**PRU work:** working with both boys and girls who are permanently excluded from schools we delivered accredited learning around healthy lifestyles. Young people received NOCN Entry Level and Level 1 Award in Skills towards Enabling Progression (Step-up) (QCF). Also included recreational activities designed to inspire, motivate and raise aspirations

**Schools work:** working in various secondary schools across Stockton-on-Tees to deliver workshops to improve self-esteem and encourage young people to live a healthy lifestyle

#### **Early Intervention Project**

This year A WAY OUT piloted and developed more work with young people up to 25 years of age, as well as working with school age clients

**Hostels:** working with young men who are facing or trying to resolve homelessness in a hostel setting. Activities included outreaching to hostels, taking healthy nutritious meals into the hostel, building positive relationships, providing access to personal development and diversionary activities such as regular sport sessions, providing one to one befriending and mentoring or targeted support around lifestyle issues

**One to one work:** working with young people to support them in making positive life decisions and resolving crises through care-planned one to one support. Supporting lads who become imprisoned and upon their release

**Day trips:** recreational day trips bringing the young men's groups together for fun and to strengthen community

**Young men's group:** delivering a weekly programme of fun, aspiration building and personal development to vulnerable and at-risk young men

**Alcohol road shows:** delivering alcohol road shows in schools to help raise awareness of harmful alcohol misuse and reflect attitudes/lifestyle choices to the students



**A WAY OUT**  
(A Company Limited by Guarantee)

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**ACHIEVEMENTS AND PERFORMANCE (*Continued*)**

**Refugee Work**

A WAY OUT worked in partnership with Asylum Support Children's Service to deliver a girls group targeting girls seeking asylum and refugees. The group aimed to promote diversity, inclusion and equality. Activities included arts and crafts, health tasters, movies, healthy cooking and much more. Sadly, from March 2011 the Asylum Support Children's Service stopped operating. However, A WAY OUT is still continuing to develop work around new arrivals within Stockton-on-Tees.

**RECOVERY AND REHABILITATION**

**We work with those most at risk, to empower them to find a way out of often life controlling situations.**

Our objective is to educate and empower women and young people to live safe, healthy and whole lives. Our recovery work seeks to achieve this through working with those most in need, assessing their needs and working in partnership with a range of agencies to provide counselling, befriending, support and co-ordinated care pathways that include treatment, housing, employment, education and training.

**In 2010/2011 we reached 249 people and delivered recovery interventions to 118 women. 60% observed an improvement in their general health, 12% made significant changes in their drug and alcohol use.**

We delivered the following projects within our recovery and rehabilitation work

**SARAH (Support, Advice, Recovery And Healing)**

Young women in Teesside are finding themselves trapped in situations and lifestyles that they are unable to escape from. Through the SARAH project, we worked with young people experiencing or involved in

- Sexual exploitation and prostitution (including those who have been trafficked)
- Alcohol and drug addiction
- Eating disorders
- Self-harm

Our project aims to bring freedom to young women trapped in these situations through support, advice, recovery and healing and our work involves

- Street and community based outreach
- Road shows offering information and awareness
- Community drop-ins
- Structured recovery and healing programmes
- Supported referrals and signposting

**Young Men's Recovery Project**

Young men are supported to make changes to their lifestyles. Last year this was through targeted one to ones which included building self-esteem and making the right choices in life and also group work activities which included OCN Passport to Painting and Decorating, informal groups, formal groups, healthy cooking, drugs awareness, alcohol reduction, self-esteem, sexuality, sexual health, and one to one target intervention.

Other services provided to the young men included advice, support, counselling and case work. This is a new project and seems to be developing as the needs of the clients are being identified.

**CRISIS AND WOMEN'S SAFETY**

We know that those who are most vulnerable often have chaotic lives and experience complex and diverse needs. In order to help someone to wholeness, it is important to be able to meet those needs as and when they occur.

**In 2010/2011 our Women Outreach and Crisis Workers delivered interventions to 384 women and young people.**

We run a centre called 'The Gate' enabling us to provide crisis support to women and young people at risk.

**A WAY OUT**  
(A Company Limited by Guarantee)

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**ACHIEVEMENTS AND PERFORMANCE (Continued)**

**Crisis Service**

Our service targets women and young people who are

- Homeless
- Experiencing addictions such as eating disorders, drug addiction or self-harm
- Being abused or exploited (through prostitution or other forms of abuse)
- In or leaving care
- At risk of offending
- Excluded
- Have a parent in prison or on drugs

**Crisis Centre and Service (The Gate)**

The centre has

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>• Office space for 25 staff members</li> <li>• Classrooms and training facilities</li> <li>• Youth café with a training kitchen</li> <li>• Computers with internet access</li> <li>• Counselling room</li> </ul> | <ul style="list-style-type: none"> <li>• Group therapy/cosy area</li> <li>• Art and wet room</li> <li>• Shower room</li> <li>• Laundry facilities</li> </ul> |
|---|--|

Activities delivered from The Gate included

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Alternative education</li> <li>• Art based learning</li> <li>• Dance workshops</li> <li>• Creative arts workshops</li> <li>• Health and beauty sessions</li> <li>• IT facilities and training</li> <li>• Emotional support (counselling, therapies etc )</li> </ul> | <ul style="list-style-type: none"> <li>• Practical support and mentoring</li> <li>• Advice and guidance around a range of issues</li> <li>• Faith based activities</li> <li>• Youth drop-in</li> <li>• Women's drop-in</li> <li>• Recreational activities</li> </ul> |
|--|--|

**Women's Outreach**

The women's outreach project delivers services and programmes on the streets and from A WAY OUT's centre, The Gate. The services are open to women over the age of 21 who are most vulnerable and at risk. The main service focuses on those involved or at risk from becoming involved in sexual exploitation or abusive relationships and it aims to improve self-esteem, confidence, lifestyle choices and social exclusion of these women.

During the last year the project has focused particularly on street outreach, advocacy through intensive one to one work, multi-agency partnering and drop-ins offering practical support and activities.

**In 2010/2011 the project reached 54 women. 6% exited prostitution, 30% observed an improvement in wellbeing and 28% saw some observable reduction in their drug or alcohol use.**

The type of issues being faced by our Women's Outreach service users have included

- Addiction
- Homelessness
- Street prostitution
- Mental health problems

Women's safety work included

- Women only drop-in at The Gate
- Advice and sign-posting
- Sexual health services
- Personal safety advice
- Street based outreach

**A WAY OUT**  
**(A Company Limited by Guarantee)**

**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**ACHIEVEMENTS AND PERFORMANCE *(Continued)***

**Staff and Volunteers**

The organisation relies on the contribution of volunteers, who give their time freely, and the trustees acknowledge their indebtedness for their efforts

**Reserves Policy**

It is the intention of the trustees to maintain unrestricted general reserve funds at a minimum of three months core expenditure and they estimate that a reserve of circa £100,000 would cover that requirement at the present point in time. The trustees consider that, in the event of a significant reduction in the level of grants and charitable donations, this level of reserve would allow sufficient time to source new funding or to wind down the operations of the charity in an orderly manner.

With net current assets/cash liquidity of £194,389 at 30 September 2011, and unspent restricted funds of £96,140 the above target unrestricted reserve was just about achieved.

**FINANCIAL REVIEW**

The results for the year and financial position at the year end are shown in the annexed financial statements.

The trustees are pleased with the overall financial position and state of affairs of the charity at the present time and remain optimistic as regards the future in terms of fulfilling its objectives.

**PLANS FOR FUTURE PERIODS**

**WHERE ARE WE GOING**

Our three year business plan is called 'Going Deeper, Growing Wider, Reaching Higher'. This really sums up, over the next three years, where A WAY OUT is going and the direction we wish to take.

**Going Deeper**

Over the years, we have recognised that the journey to lasting and transformational change of both an individual and a community is not an easy one. We have pioneered innovative ways of working, aimed at improving the health, wellbeing and safety of vulnerable and at risk women and young people. We have seen significant results and have overcome significant challenges. Over the next three years, we are determined to build upon that innovation, seeking to sustain and consolidate existing work, developing standard operating procedures and quality assurance frameworks. We will continue to research effective models for life changing work, such as residential rehabilitation, community counselling and therapeutic interventions. We will then develop new services in line with this research.

**Growing Wider**

As a charity that started out life in a couple of local estates in Stockton-on-Tees, we are rapidly developing into a sub-regional organisation, and aim to be delivering services across the Tees Valley by 2013 and reaching 1,600 new women and young people. By 2015, we aim to be delivering services across the North East and aim to be working with 10,000 women and young people. Our three year plan sets out the objectives for growth and development, encompassing both the fundraising and business development efforts needed in order to grow, alongside the development of services and our core offer.

**Reaching Higher**

A WAY OUT has had a vision for and commitment to excellence since its early days. It has meant we continually strive for improvements within our service delivery and the impact we make, but also within our infrastructure, governance and organisational processes, i.e. HR, communications, administration and IT systems. As we grow in the numbers we reach and the geographical locations we deliver services from, we will also develop our systems, governance and infrastructure to meet that growth. Our aim is to become an organisation of best practice within the charity sector.

**A WAY OUT**  
**(A Company Limited by Guarantee)**

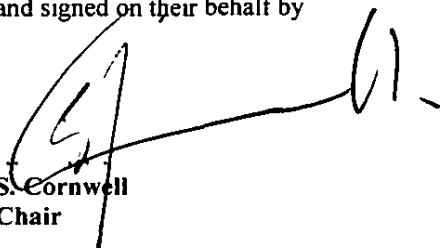
**DIRECTORS'/TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**Approval**

This report was approved by the directors/trustees on  
and signed on their behalf by

12/4/12

  
S. Cornwell  
Chair

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF A WAY OUT

I report on the accounts of the company for the year ended 30 September 2011, which are set out on pages 12 to 22

### RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. On 20 December 2011, the Charity Commission granted the trustees a dispensation from the requirement for an audit under section 43(2) of the Charities Act 1993 for the year ended 30 September 2011 and an independent examination is required. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under Section 43 of the 1993 Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under Section 43(7)(b) of the Act, as amended), and
- state whether particular matters have come to my attention

### BASIS OF INDEPENDENT EXAMINER'S STATEMENT

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and this report is limited to those matters set out in the statement below.

### INDEPENDENT EXAMINER'S STATEMENT

In connection with my examination, no matter has come to my attention

- (a) which gives me reasonable cause to believe that, in any material respect, the requirements
- to keep accounting records in accordance with Section 386 of the Companies Act 2006, and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities
- have not been met, or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

*J Lester*

Mr J. Lester FCA  
Baines Jewitt LLP  
Chartered Accountants  
Barrington House  
41-45 Yarm Lane  
Stockton-on-Tees  
TS18 3EA

Dated: 17 April 2012

JL/AJD

**A WAY OUT**  
(A Company Limited by Guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**  
(including Summary Income And Expenditure Account)

	Note	Unrestricted Funds £	Restricted Funds £	Total 2011 £
<b>INCOMING RESOURCES</b>				
<b>Incoming Resources from Generated Funds:</b>				
<i>Voluntary income</i>				
Grants and donations		15,643	3,180	18,823
<b>Incoming Resources from Charitable Activities:</b>				
Grant income	3(a)	26,780	282,326	309,106
Other income	3(b)	-	24,669	24,669
<b>Activities for Generating Funds:</b>				
Fundraising events		13,425	-	13,425
Investment income		2,147	-	2,147
Other incoming resources		1,401	-	1,401
<b>TOTAL INCOMING RESOURCES</b>		<u>59,396</u>	<u>310,175</u>	<u>369,571</u>
<b>RESOURCES EXPENDED</b>				
<b>Cost of Generating Voluntary Income:</b>				
Fundraising cost of grants and donations		1,500	300	1,800
Charitable activities	4	68,707	322,841	391,548
Governance costs		4,287	2,162	6,449
<b>TOTAL RESOURCES EXPENDED</b>	5	<u>74,494</u>	<u>325,303</u>	<u>399,797</u>
<b>Net Outgoing Resources Before Transfers</b>		(15,098)	(15,128)	(30,226)
<b>Gross Transfers Between Funds</b>	15	4,125	(4,125)	-
<b>Net Movement in Funds</b>		(10,973)	(19,253)	(30,226)
<b>Reconciliation of Funds:</b>				
Total funds brought forward		-	-	-
<b>Net Assets Transferred from Former Unincorporated Charity</b>	22	190,954	115,393	306,347
<b>Total Funds Carried Forward</b>	15	<u>179,981</u>	<u>96,140</u>	<u>276,121</u>

The Statement of Financial Activities includes all gains and losses recognised in the year

All incoming resources and resources expended derive from continuing activities

**A WAY OUT**  
**(A Company Limited by Guarantee)**  
**Company Registration Number: 06265354**

**BALANCE SHEET**  
**AS AT 30 SEPTEMBER 2011**

	Note	£	2011 £
<b>FIXED ASSETS</b>			
Tangible assets	8		82,236
<b>CURRENT ASSETS</b>			
Debtors	9	23,630	
Cash at bank and in hand		215,143	
		<u>238,773</u>	
<b>CREDITORS: Amounts falling due within one year</b>	10	44,384	
<b>NET CURRENT ASSETS</b>			<u>194,389</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			<u>276,625</u>
<b>CREDITORS: Amounts falling due after more than one year</b>	12		504
<b>NET ASSETS</b>			<u>276,121</u>
<b>FUNDS</b>			
Unrestricted funds	15		179,981
Restricted funds	15		96,140
<b>TOTAL FUNDS</b>			<u>276,121</u>

The directors/trustees are satisfied that the charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2011

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 September 2011 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (i) ensuring that the charitable company keeps accounting records which comply with Section 386 and 387 of the Companies Act 2006, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as are applicable to the charitable company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

These financial statements were approved by the directors/trustees on 17/4/12 and signed on their behalf by

  
**S. Cornwell**  
**Director/Trustee**

  
**R. White**  
**Director/Trustee**

**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2011**

**1 BASIS OF PREPARATION OF THE FINANCIAL STATEMENTS**

**Convention and Legislation**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective April 2008), the Companies Act 2006, the Statement of Recommended Practice "Accounting & Reporting by Charities" (SORP) issued in March 2005, and the Charities Act 1993

**2 ACCOUNTING POLICIES**

**Incoming Resources**

**(a) Grants and donations**

Income from grants and donations, including capital grants, is included in incoming resources when receivable, except as follows

- Where donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods
- Where donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met

When donors specify that grants and donations, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable

**(b) Investment income**

Investment income is included when receivable by the charity

**(c) Fees and similar income**

Fees receivable and charges for services provided are accounted for in the period in which the service is provided

**Resources Expended**

Resources expended are accounted for on an accruals basis, inclusive of attributable VAT which cannot be recovered

Certain expenditure is directly attributable to specific activities and has been apportioned to the costs of those activities on a basis consistent with the use of resources

**Tangible Fixed Assets**

Fixed assets are included at cost less depreciation unless details of cost were not available. Where details of cost were not available, fixed assets are included at an estimated value. Where neither details of cost nor estimated values have been available, fixed assets have not been shown in the financial statements

**Depreciation**

Tangible fixed assets are depreciated over their estimated useful lives as follows

- |                                  |  |
|----------------------------------|--|
| Leasehold property               | - straight line over the primary term of the lease (3 years) |
| Fixtures, fittings and equipment | - 33 33% per annum straight line                             |

**Pension Costs**

Contributions payable to a group personal pension and individual personal pension schemes are charged to the Statement of Financial Activities in the period to which they relate



**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2011**

**2 ACCOUNTING POLICIES (Continued)**

**Fund Accounting**

Funds held by the charity are either

- *unrestricted funds* - these are funds which can be used in accordance with the objects of the charity at the discretion of the trustees. They may include designated funds which have been set aside by the trustees for particular purposes
- *restricted funds* - these are funds which can only be used for particular restricted purposes within the objects of the charity, whether it be for the purchase or construction of a fixed asset or in respect of a specific project. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Once the restrictions imposed by the provider of the grant/the donor have been observed, the fund is then transferred to unrestricted funds but designated where relating to a specific ongoing purpose

**Operating Leases**

Rentals applicable to operating leases, where substantially all of the benefits and risks of ownership remain with the lessor, are charged against revenue on a straight line basis over the period of the lease

**Hire Purchase and Finance Lease Commitments**

Assets obtained under hire purchase contracts or on finance lease are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is the shorter

**3 INCOMING RESOURCES FROM CHARITABLE ACTIVITIES**

	Unrestricted £	Restricted £	Total 2011 £
<b>(a) Grant Income</b>			
Big Lottery Fund	-	58,430	58,430
Comic Relief	26,780	35,571	62,351
The Goshen Trust	-	32,000	32,000
Northern Rock Foundation	-	47,917	47,917
Seedbed	-	11,750	11,750
Vardy	-	15,000	15,000
Tudor Trust	-	30,000	30,000
Sponsored salaries	-	12,695	12,695
Stockton Borough Council - others	-	18,463	18,463
New Building	-	20,000	20,000
Barbour Trust	-	500	500
	<u>26,780</u>	<u>282,326</u>	<u>309,106</u>
<b>(b) Other Income</b>			
Stockton Borough Council - education services			10,965
Stockton Borough Council - apprentices			10,955
Employment Pathway Project			2,749
			<u>24,669</u>

**4 RESOURCES EXPENDED - CHARITABLE ACTIVITIES BY PROJECT**

	Total Costs £
Youth and Community Outreach	41,472
Crisis Centre and Service	60,228
Women's Safety & Justice Project	63,268
Women's Substance Misuse	75,282
Education & Preventions	83,268
Early Interventions	68,030
	<u>391,548</u>

**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 SEPTEMBER 2011**  
**NOTE 5 - ALLOCATION OF RESOURCES EXPENDED**

	Fundraising Costs of Grants and Donations		Charitable Activities (see also note 4)		Governance Costs		Total £	2011 Total £
	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Unrestricted £		
Direct project costs	-	-	-	-	-	-	-	23,814
Fundraising expenses	1,500	300	1,800	1,573	22,241	23,814	-	7,365
Business development	-	-	-	1,903	3,662	5,565	-	3,303
Salaries and national insurance	-	-	-	2,807	496	3,303	-	247,498
Pension contributions	-	-	-	9,591	235,945	245,536	1,962	1,827
Staff recruitment	-	-	-	-	1,827	1,827	-	2,034
Training	-	-	-	-	2,034	2,034	-	2,593
Office rent and service charges	-	-	-	396	2,197	2,593	-	14,980
Cleaning and waste disposal	-	-	-	-	14,980	14,980	-	3,133
Insurance	-	-	-	-	3,133	3,133	-	2,036
Rates and water	-	-	-	-	2,036	2,036	-	2,011
Heat and light	-	-	-	-	2,011	2,011	-	7,715
Telephone and internet charges	-	-	-	-	7,715	7,715	-	3,115
Printing, postage and stationery	-	-	-	-	3,115	3,115	-	2,372
Repairs and maintenance	-	-	-	-	2,372	2,372	-	6,428
Project resources	-	-	-	-	6,428	6,428	-	2,042
Marketing and publicity	-	-	-	233	1,809	2,042	-	5,514
Independent Examiner's fees	-	-	-	166	5,348	5,514	-	4,200
Legal and other professional fees	-	-	-	-	-	-	4,000	1,794
Bank charges	-	-	-	-	1,794	1,794	-	-
Finance lease charges	-	-	-	-	-	-	-	231
Staff expenses	-	-	-	1,789	3,387	5,176	-	5,176
Cave expenses	-	-	-	1,144	80	1,224	-	1,224
Depreciation	-	-	-	49,105	-	49,105	-	49,105
Annual General Meeting	-	-	-	-	-	-	287	287
<b>Total Resources Expended</b>	<b>1,500</b>	<b>300</b>	<b>1,800</b>	<b>68,707</b>	<b>322,841</b>	<b>391,548</b>	<b>6,449</b>	<b>399,797</b>

**A WAY OUT**  
**(A Company Limited by Guarantee)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

**6 STAFF COSTS AND TRUSTEES' REMUNERATION**

	2011 £
Salaries and wages	231,925
Social security costs	15,573
	<u>247,498</u>
Pension costs (note 21)	1,827
	<u>249,325</u>

No employees earned £60,000 per annum or more

No remuneration was paid to trustees in the year No expenses were reimbursed to trustees in the year

The average monthly number of staff employed by the charity during the year was as follows

	2011 No.
Direct charitable work	16
Administrative	3
	<u>19</u>

**7 NET OUTGOING RESOURCES FOR THE YEAR**

This is stated after charging

		2011 £
Depreciation of tangible fixed assets		49,105
Independent Examiner's fees	Accountancy services	2,000
	Independent examination	1,000
	Under provision re former unincorporated charity	1,200
		<u>4,200</u>

**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2011**

**8 TANGIBLE FIXED ASSETS**

	Leasehold Property £	Fixtures, Fittings and Equipment £	Total £
<b>Cost/Valuation</b>			
Assets transferred from former unincorporated charity	106,405	31,299	137,704
Additions at cost	5,148	4,125	9,273
	<u>111,553</u>	<u>35,424</u>	<u>146,977</u>
At 30 September 2011			
<b>Depreciation</b>			
On assets transferred from former unincorporated charity	-	15,636	15,636
Charge for the year	37,184	11,921	49,105
	<u>37,184</u>	<u>27,557</u>	<u>64,741</u>
At 30 September 2011			
<b>Net Book Value</b>			
At 30 September 2011	<u>74,369</u>	<u>7,867</u>	<u>82,236</u>

Included above are the following amounts in respect of fixed assets held under finance lease contracts

	Fixtures, Fittings and Equipment £
<b>Cost/Valuation</b>	
Assets transferred from former unincorporated charity	2,014
	<u>2,014</u>
At 30 September 2011	
<b>Depreciation</b>	
On assets transferred from former unincorporated charity	671
Charge for the year	665
	<u>1,336</u>
At 30 September 2011	
<b>Net Book Value</b>	
At 30 September 2011	<u>678</u>

**9 DEBTORS**

	2011 £
<b>Due within one year:</b>	
Grants receivable	17,965
Prepayments and accrued income	5,665
	<u>23,630</u>

**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2011**

**10 CREDITORS: Amounts falling due within one year**

	2011
	£
Obligations under finance lease contracts	671
Accruals and deferred income	3,450
Grants received in advance (see note 11)	40,263
	<u>44,384</u>

**11 DEFERRED INCOME**

Grants received in advance relate to monies received during the year which are specified to be spent in a future period as follows

	Balance Received in advance as at 1.10.10 (on incorporation) £	Received in Year £	Balance Received in Advance as at 30.9.11 £	Per SOFA £
Big Lottery	9,415	58,551	9,536	58,430
Northern Rock Foundation	41,667	25,000	18,750	47,917
Comic Relief	11,833	35,715	11,977	35,571
	<u>62,915</u>	<u>119,266</u>	<u>40,263</u>	<u>141,918</u>

**12 CREDITORS: Amounts falling due after more than one year**

	2011
	£
Obligations under finance lease contracts - payable within 2 to 5 years	<u>504</u>

**13 SECURED DEBTS**

The following secured debts are included within creditors

	2011
	£
Obligations under finance lease contracts	<u>1,175</u>

Obligations under finance lease contracts are secured on the fixed assets to which they relate

**14 OPERATING LEASE COMMITMENTS**

The following operating lease payments are committed to be paid within one year

	Land and Buildings 2011 £
On leases expiring Within 2 to 5 years	<u>14,400</u>

**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

15 **MOVEMENT IN FUNDS**

	Transferred from former Unincorporated Charity £	Incoming Resources £	Outgoing Resources £	Transfers Between Funds £	Balance as at 30 9 11 £
<b>Restricted Funds</b>					
Big Lottery Fund	644	58,430	60,380	-	(1,306)
Comic Relief	2,090	35,571	37,468	-	193
Seedbed	2,553	11,750	4,855	-	9,448
Anonymous grant towards building costs	640	20,000	20,640	-	-
Vardy Foundation	6,998	15,000	13,753	-	8,245
Redcar and Cleveland VCS Grant	7,014	-	7,014	-	-
Northern Rock Foundation	2,840	47,917	49,231	-	1,526
Sherburn House	3,593	-	3,593	-	-
The Goshen Trust	20,000	32,000	23,905	-	28,095
TFM Radio Cash for Kids	1,638	-	1,638	-	-
Stockton Borough Council - apprentices	(1,026)	10,954	9,928	-	-
Stockton Borough Council - education provision	17,714	10,965	19,355	-	9,324
Stockton Borough Council - other	1,972	18,463	4,726	(4,125)	11,584
Bank of Scotland	48,571	-	48,571	-	-
Connexions	152	-	152	-	-
Barbour Trust	-	500	500	-	-
Employment Pathway Project	-	2,749	2,749	-	-
Tudor Trust	-	30,000	4,645	-	25,355
Direct Donations	-	3,181	2,428	-	753
Sponsored Salaries	-	12,695	9,772	-	2,923
	<u>115,393</u>	<u>310,175</u>	<u>325,303</u>	<u>(4,125)</u>	<u>96,140</u>
<b>Unrestricted Funds</b>	<u>190,954</u>	<u>59,396</u>	<u>74,494</u>	<u>4,125</u>	<u>179,981</u>
<b>Total Funds</b>	<u>306,347</u>	<u>369,571</u>	<u>399,797</u>	<u>-</u>	<u>276,121</u>

**Restricted Funds:**

**Big Lottery** - a community based healthy lifestyles project for women and young people that has a particular focus on substance misuse and emotional and mental wellbeing

**Comic Relief** - to fund a sexual exploitation project providing a service to young women under 21 who are at risk from being exploited or who are being exploited through prostitution

**Seedbed** - funding for the delivery of youth and community events in areas of deprivation within the Stockton area

**Anonymous grant towards building costs** - funding towards costs of A WAY OUT's centre 'The Gate' - an education, outreach and crisis centre

**Vardy Foundation** - a grant to fund the running costs of A WAY OUT's centre 'The Gate' and to provide a crisis service to deal with women and young people's immediate and presenting problems such as homelessness, abuse, prostitution and addiction

**Redcar and Cleveland VCS Grant** - funding to run youth and community development activities within Grangetown

**A WAY OUT**  
(A Company Limited by Guarantee)

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 30 SEPTEMBER 2011**

**15 MOVEMENT IN FUNDS (Continued)**

**Northern Rock Foundation** - to fund a health and wellbeing prevention programme that was delivered through schools, community facilities and from A WAY OUT's centre to 'at risk' young people covering project co-ordinator and staffing costs

**Sherburn House** - to match funding from the Vardy Foundation towards the running costs of A WAY OUT's centre 'The Gate' and to provide a crisis service to deal with women and young people's immediate and presenting problems such as homelessness, abuse, prostitution and addiction

**The Goshen Trust** - funding towards volunteer development and 'The Cave' cafe, a community enterprise cafe and a safe community 'drop-in' space

**TFM Radio Cash for Kids** - funding for recreational activities for 'at risk' and vulnerable children and young people

**Stockton Borough Council** - delivery of a variety of recreational, educational and sporting programmes to vulnerable women and young people

**Bank of Scotland** - grant towards the charity's development costs and to fund the development, running and start up costs of a young people's community cafe, 'The Cave'

**Connexions (YCAP)** - provision of youth outreach activities to young people at times when they might be vulnerable such as weekends

**Education Provision - Stockton Borough Council (SBC)** - payments for the delivery of alternative education provision to vulnerable young people

**Barbour Trust, Direct Donations and Sponsored Salaries** - these are all funds which relate to income generated from the public towards specific project costs

**Employment Pathway Project** - working with young people to train them and give them opportunities to work within the youth work sector

**Tudor Trust** - contribution towards organisational core costs

**16 ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	Tangible Fixed Assets £	Net Current Assets £	Long-Term Liabilities £	Total £
Restricted funds	-	96,140	-	96,140
Unrestricted funds	82,236	98,249	(504)	179,981
	<u>82,236</u>	<u>194,389</u>	<u>(504)</u>	<u>276,121</u>

**17 FUNDS OF THE CHARITY**

Unrestricted funds comprise those funds which the trustees are free to use in accordance with the charitable objects, although the trustees may decide to designate part of these funds for specific purposes

Restricted funds are funds which have been given for particular purposes and projects

**A WAY OUT**  
**(A Company Limited by Guarantee)**

**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2011**

---

**18 TAXATION**

H M Revenue & Customs have approved the charitable status of A WAY OUT and its income is therefore exempt from tax under Sections 505 and 506 of The Taxes Act 1988, provided that such income is applied for charitable purposes

**19 CONTROLLING PARTY**

Throughout the year, the charity was under the control of the Board of Trustees

**20 RELATED PARTY TRANSACTIONS**

During the year £270 83 was paid to J R Communications, a business owned by Mr J Robinson The transaction was on normal commercial terms

**21 PENSION SCHEME**

The charity operates a group personal pension scheme The assets of the scheme are held separately from those of the charity being invested by the insurance company The pension costs charged in the financial statements represent contributions payable by the charity in the year and amounted to £1,827

**22 TRANSFER OF NET ASSETS FROM FORMER UNINCORPORATED CHARITY**

All of the assets and liabilities of the former unincorporated charity were transferred to the limited company at midnight on 30 September 2010 From that date, the company took over responsibility for delivery of the charity's ongoing objectives and services