

100004/30



Company Name  
**A & O TRADINGS LIMITED**

## 363s Annual Return



\*A5YZG3NI\*

A29 03/10/2008 290  
COMPANIES HOUSE

A27 19/09/2008 175  
COMPANIES HOUSE

\*AJ7M72ZU\*

A17 09/09/2008 247  
COMPANIES HOUSE

A45 30/08/2008 284  
COMPANIES HOUSE

Company Type **Private Company Limited by Shares**

> Please check the details printed in the  
> If any details are wrong, strike them th  
in the "Amended details" column  
> Please complete in **black** ink and use

Company Number  
**6240763**

Information extracted from  
Companies House records on  
**19th August 2008**

### Section 1: Company details

Ref 6240763/01/01

#### Current details

#### Amended details

> Registered Office  
Address  
*If any of the details are  
wrong, strike them through  
and fill in the correct details  
in the "Amended details"  
column*

**6 Highland Avenue  
Basildon Essex  
SS16 4DW**

Address

UK Postcode

> Register of Members  
*If any of the details are  
wrong, strike them through  
and fill in the correct details  
in the "Amended details"  
column*

**Address where the Register is held  
At Registered Office**

Address

**6 HIGHLAND AVENUE  
BASILDON ESSEX**

UK Postcode **SS16 4DW**

> Register of Debenture  
Holders  
*If any of the details are  
wrong, strike them through  
and fill in the correct details  
in the "Amended details"  
column*

**Not Applicable**

Address

UK Postcode

> Principal Business  
Activities  
*Please enter principal  
activity code(s) in "Amended  
details" column See notes  
for guidance for list of  
activity codes Please use  
the most appropriate code  
in the list, or write a short  
description of your  
company's activities*

*None held, please enter SIC  
code or description in the  
amended details column*

**SIC CODE Description**

**7499**

	Current details	Amended details
<b>&gt; Company Secretary</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column</i>    <i>Particulars of a new Company Secretary must be notified on form 288a</i>	<b>Name</b> <b>Ife ADINGUPU</b>  <b>Address</b> <b>14 Rokells</b> <b>Basildon</b> <b>Essex</b> <b>SS14 2BH</b>	<b>Name</b>  <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985 <b>Address</b> <u>6 HIGHLAND AVENUE</u> <u>BASILDON ESSEX</u>  UK Postcode <u>SS16 4DW</u> Date of change <u>  </u> / <u>  </u> / <u>  </u> Date Ife ADINGUPU ceased to be secretary (if applicable) <u>  </u> / <u>  </u> / <u>  </u>
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column</i>    <i>Particulars of a new Director must be notified on form 288a</i>	<b>Name</b> <b>Emma ADINGUPU</b>  <b>Address</b> <b>14</b> <b>Rokells</b> <b>Basildon</b> <b>Essex</b> <b>SS14 2BH</b>  <b>Date of birth</b> <b>28/03/1948</b>  <b>Nationality</b> <b>British</b>  <b>Occupation</b> <b>Biomedical Scientist</b>	<b>Name</b>  <input type="checkbox"/> Tick this box if this address is a service address for the beneficiary of a Confidentiality Order granted under section 723B of the Companies Act 1985 <b>Address</b> <u>6 HIGHLAND AVENUE</u> <u>BASILDON ESSEX</u>  UK Postcode <u>SS16 4DW</u> Date of birth <u>  </u> / <u>  </u> / <u>  </u> Nationality <u>                    </u> Occupation <u>                    </u> Date of change <u>  </u> / <u>  </u> / <u>  </u> Date Emma ADINGUPU ceased to be director (if applicable) <u>  </u> / <u>  </u> / <u>  </u>

**Section 3: Total Issued Share Capital****(B)**

- > Please enter the details of the company's total share capital in the space provided below

**Issued share capital details**

- > Please fill in the details of total share capital by class (eg ordinary, preference etc) that has been issued to the company's shareholders

Class of Share

Ordinary

Number of shares issued

100

Aggregate Nominal Value of issued shares

£1.00 per share.

Class of Share

Ordinary

Number of shares issued

100

Aggregate Nominal Value of issued shares

£1.00 per share

Class of Share

Ordinary

Number of shares issued

100

Aggregate Nominal Value of issued shares

£1.00 per share

Class of Share

Ordinary

Number of shares issued

100

Aggregate Nominal Value of issued shares

£1.00 per share

- > Please fill in the total number of issued shares and their total nominal value

Number of shares issued

100

Aggregate Nominal Value of issued shares

£1.00 per share = 100 pounds

- > Please send a full list of shareholders with this annual return. Use Sections 4A (and 4B if appropriate) to give the details. You must name all the shareholders.

MRS Emma ADINGUPE (100 shares)

## Section 4: Details of Current Shareholders

(A)

- > Please fill in the details of any persons or corporate bodies who are shareholders at the date of this return
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately
- > Please use Section 4B to give details of any persons or corporate bodies who have ceased to be shareholders since the last annual return or, in the case of a first return, since the incorporation of the company
- > Please copy this page if there is not enough space to enter all the company's current shareholders

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name <u>MRS Emma Adingayi</u> Address <u>6 HIGHLAND AVENUE</u> <u>BASILDON ESSEX</u> UK Postcode <u>SS16 42W</u>	<u>Ordinary</u> <u>100 shares</u>		
Name _____ Address _____ _____ _____ UK Postcode <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u>			
Name _____ Address _____ _____ _____ UK Postcode <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u>			
Name _____ Address _____ _____ _____ UK Postcode <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u> <u>  </u>			

**Section 4B: Details of Former Shareholders**

- > Please fill in details of any persons or corporate bodies who have ceased to be shareholders at the date of this return. Also, please give the dates that their shares were transferred
- > Please copy this page if there is not enough space to enter all the company's former shareholders

Former shareholders details	Class and number of shares or amount of stock transferred	Date of registration of transfer
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _	N/A	N/A
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _		

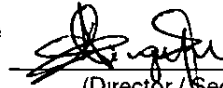
**363s Annual Return Declaration**

- > When you have checked all the sections of this form, please complete this page and sign the declaration below
- > If you want to change the made up date of this annual return, please complete 2 below

**1. Declaration**

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below) I enclose the filing fee of £30

Signature

  
 (Director / Secretary)

Date

27, 08, 2008

*This date must not be earlier than the return date at 2 below*

**What to do now**

*Complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below*

**2. Date of this return**

- ☐ This AR is made up to **9/5/2008** If you are making this return up to an earlier date, please give the date here

\_\_ / \_\_ / \_\_\_\_

*Note The form must be delivered to CH within 28 days of this date*

**3. Date of next return**

- ☐ If you wish to change your next return to a date earlier than **9th May 2009** please give the new date here

\_\_ / \_\_ / \_\_\_\_

**4. Where to send this form**

- ☐ Please return this form to

Registrar of Companies  
Companies House  
Crown Way  
Cardiff CF14 3UZ

OR

For members of the Hays Document  
Exchange service  
DX 33050 Cardiff

***Have you enclosed the filing fee with the company number written on the reverse of the cheque?***

**Contact Address**

You do not have to give any contact information below, but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

Contact Name

Telephone number inc code

\_\_\_\_\_

\_\_\_\_\_

Address

DX number if applicable

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

DX exchange

Postcode

\_\_\_\_\_