

**REGISTERED NUMBER: 06220301 (England and Wales)**

**ABSOLUTE FITNESS (UK) LIMITED**  
**ABBREVIATED UNAUDITED ACCOUNTS**  
**FOR THE YEAR ENDED 30TH APRIL 2015**

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FOR THE YEAR ENDED 30TH APRIL 2015**

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**ABSOLUTE FITNESS (UK) LIMITED**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30TH APRIL 2015**

**DIRECTOR:**

Mr C W Fletcher

**SECRETARY:**

Oakley Secretarial Services Limited

**REGISTERED OFFICE:**

12 Bye Street  
Ledbury  
Herefordshire  
HR8 2AA

**REGISTERED NUMBER:**

06220301 (England and Wales)

**ACCOUNTANTS:**

Ormerod Rutter Limited  
Chartered Accountants  
The Oakley  
Kidderminster Road  
Droitwich  
Worcestershire  
WR9 9AY

**BANKERS:**

HSBC Bank plc  
4 High Street  
Ledbury  
Herefordshire  
HR8 1DS

**ABBREVIATED BALANCE SHEET  
30TH APRIL 2015**

	Notes	2015 £	2014 £
<b>FIXED ASSETS</b>			
Tangible assets	2	109,037	111,788
<b>CURRENT ASSETS</b>			
Stocks		298	309
Debtors		3,313	3,313
Cash at bank		2,064	406
		<u>5,675</u>	<u>4,028</u>
<b>CREDITORS</b>			
Amounts falling due within one year	3	<u>51,583</u>	<u>50,290</u>
<b>NET CURRENT LIABILITIES</b>		<u>(45,908)</u>	<u>(46,262)</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		63,129	65,526
<b>CREDITORS</b>			
Amounts falling due after more than one year	3	<u>56,955</u>	<u>61,847</u>
<b>NET ASSETS</b>		<u>6,174</u>	<u>3,679</u>
<b>CAPITAL AND RESERVES</b>			
Called up share capital	4	10	10
Profit and loss account		<u>6,164</u>	<u>3,669</u>
<b>SHAREHOLDERS' FUNDS</b>		<u>6,174</u>	<u>3,679</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th April 2015.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th April 2015 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

**ABBREVIATED BALANCE SHEET - continued**  
**30TH APRIL 2015**

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 29th June 2015 and were signed by:

A handwritten signature in black ink, appearing to be 'C W Fletcher', with a stylized flourish at the end.

Mr C W Fletcher - Director

**NOTES TO THE ABBREVIATED ACCOUNTS  
FOR THE YEAR ENDED 30TH APRIL 2015**

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

**Turnover**

Turnover represents net invoiced sales of goods and services.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Short leasehold	- Nil
Improvements to property	- Nil
Equipment	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 33% on cost

No depreciation is provided on leasehold property and improvements thereon. This treatment may be a departure from the requirements of the Companies Act 2006 concerning depreciation of fixed assets, however, the company follows a program of regular refurbishment and maintenance of its properties which includes the reinstatement of the fabric of the buildings where necessary in order to maintain them to a high standard. Accordingly in the opinion of the director any element of depreciation would be immaterial and no provision has been made, as the residual value would be in excess of cost.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

**2. TANGIBLE FIXED ASSETS**

	Total £
<b>COST</b>	
At 1st May 2014	
and 30th April 2015	134,134
<b>DEPRECIATION</b>	
At 1st May 2014	22,346
Charge for year	2,751
	<hr/>
At 30th April 2015	25,097
	<hr/>
<b>NET BOOK VALUE</b>	
At 30th April 2015	109,037
	<hr/>
At 30th April 2014	111,788
	<hr/>

**3. CREDITORS**

Creditors include an amount of £62,279 (2014 - £66,886) for which security has been given.

NOTES TO THE ABBREVIATED ACCOUNTS - continued  
FOR THE YEAR ENDED 30TH APRIL 2015

3. CREDITORS - continued

They also include the following debts falling due in more than five years:

	2015	2014
	£	£
Repayable by instalments	38,932	38,384

4. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	2015	2014
			£	£
10	Ordinary A	£1	10	10

**CHARTERED ACCOUNTANTS' REPORT TO THE DIRECTOR  
ON THE UNAUDITED FINANCIAL STATEMENTS OF  
ABSOLUTE FITNESS (UK) LIMITED**

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to five) have been prepared.

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the financial statements of Absolute Fitness (UK) Limited for the year ended 30th April 2015 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements which are detailed at [icaew.com/membershandbook](http://icaew.com/membershandbook).

This report is made solely to the director of Absolute Fitness (UK) Limited in accordance with our terms of engagement. Our work has been undertaken solely to prepare for your approval the financial statements of Absolute Fitness (UK) Limited and state those matters that we have agreed to state to the director of Absolute Fitness (UK) Limited in this report in accordance with AAF 2/10 as detailed at [icaew.com/compilation](http://icaew.com/compilation). To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and its director for our work or for this report.

It is your duty to ensure that Absolute Fitness (UK) Limited has kept adequate accounting records and to prepare statutory financial statements that give a true and fair view of the assets, liabilities, financial position and profit of Absolute Fitness (UK) Limited. You consider that Absolute Fitness (UK) Limited is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the financial statements of Absolute Fitness (UK) Limited. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory financial statements.

*Ormerod Rutter Ltd*

Ormerod Rutter Limited  
Chartered Accountants  
The Oakley  
Kidderminster Road  
Droitwich  
Worcestershire  
WR9 9AY

29th June 2015