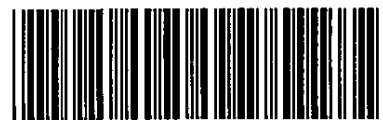


REGISTERED NUMBER: 06220301 (England and Wales)

**ABBREVIATED UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 30TH APRIL 2010
FOR
ABSOLUTE FITNESS (UK) LIMITED**

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FOR THE YEAR ENDED 30TH APRIL 2010**

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ABSOLUTE FITNESS (UK) LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 30TH APRIL 2010

DIRECTOR.	Mr C W Fletcher
SECRETARY:	Oakley Secretarial Services Limited
REGISTERED OFFICE:	12 Bye Street Ledbury Herefordshire HR8 2AA
REGISTERED NUMBER:	06220301 (England and Wales)
ACCOUNTANTS:	Ormerod Rutter Limited Chartered Accountants The Oakley Kidderminster Road Droitwich Worcestershire WR9 9AY
BANKERS:	HSBC Bank plc 4 High Street Ledbury Herefordshire HR8 1DS

**ABBREVIATED BALANCE SHEET
30TH APRIL 2010**

	Notes	2010 £	2009 £
FIXED ASSETS			
Tangible assets	2	113,211	108,558
CURRENT ASSETS			
Debtors		7,016	10,565
Cash at bank and in hand		19	5,338
		<u>7,035</u>	<u>15,903</u>
CREDITORS			
Amounts falling due within one year	3	<u>39,098</u>	<u>43,465</u>
NET CURRENT LIABILITIES		<u>(32,063)</u>	<u>(27,562)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		81,148	80,996
CREDITORS			
Amounts falling due after more than one year	3	<u>80,149</u>	<u>82,133</u>
NET ASSETS/(LIABILITIES)		<u><u>999</u></u>	<u><u>(1,137)</u></u>
CAPITAL AND RESERVES			
Called up share capital	4	10	10
Profit and loss account		<u>989</u>	<u>(1,147)</u>
SHAREHOLDERS' FUNDS		<u><u>999</u></u>	<u><u>(1,137)</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th April 2010

The members have not required the company to obtain an audit of its financial statements for the year ended 30th April 2010 in accordance with Section 476 of the Companies Act 2006.

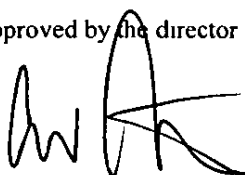
The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 28th September 2010 and were signed by

Mr C W Fletcher - Director



The notes form part of these abbreviated accounts

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 30TH APRIL 2010**

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of services, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Short leasehold	- Nil
Improvements to property	- Nil
Equipment	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Computer equipment	- 33% on cost

No depreciation is provided on leasehold properties. The company follows a program of regular refurbishment and maintenance of the property it leases which includes the reinstatement of the fabric of the buildings where necessary in order to maintain them to a high standard. Accordingly in the opinion of the director any element of depreciation would be immaterial and no provision has been made, as the residual value would be in excess of cost.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease.

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1st May 2009	112,992
Additions	11,500
Disposals	(2,826)
	<hr/>
At 30th April 2010	121,666
	<hr/>
DEPRECIATION	
At 1st May 2009	4,434
Charge for year	4,728
Eliminated on disposal	(707)
	<hr/>
At 30th April 2010	8,455
	<hr/>
NET BOOK VALUE	
At 30th April 2010	113,211
	<hr/>
At 30th April 2009	108,558
	<hr/>

3 CREDITORS

Creditors include an amount of £84,264 (2009 - £88,000) for which security has been given.

**NOTES TO THE ABBREVIATED ACCOUNTS - continued
FOR THE YEAR ENDED 30TH APRIL 2010**

4 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid		Nominal value	2010 £	2009 £
Number	Class			
10	Ordinary A	£1	<u>10</u>	<u>10</u>

5 RELATED PARTY DISCLOSURES

During the year, the director and shareholder, Mr C W Fletcher also had an interest in Absolute Build and Development Limited, a company registered in England and Wales. Amounts owed at the year end to this company amounted to £nil (2009 - £2,079)

In addition, Mr C W Fletcher also had an interest in Venture Tax Services Limited, a company registered in England and Wales. Amounts owed at the year end from this company amounted to £nil (2009 - £3,466)

All transactions were under normal commercial trading terms

**CHARTERED ACCOUNTANTS' REPORT TO THE DIRECTOR
ON THE UNAUDITED FINANCIAL STATEMENTS OF
ABSOLUTE FITNESS (UK) LIMITED**

The following reproduces the text of the report prepared for the director in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to four) have been prepared.

In accordance with our terms of engagement and in order to assist you to fulfil your duties under the Companies Act 2006, we have compiled the financial statements of the company for the year ended 30th April 2010 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the accounting records and information and explanations you have given to us

This report is made to the company's director, in accordance with the terms of our engagement. Our work has been undertaken so that we might compile the financial statements that we have been engaged to compile, report to the company's director that we have done so, and state those matters that we have agreed to state to him in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's director, for our work or for this report.

We have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England & Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the Balance Sheet as at 30th April 2010 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

We have not been instructed to carry out an audit of the financial statements. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the financial statements.



Ormerod Rutter Limited
Chartered Accountants
The Oakley
Kidderminster Road
Droitwich
Worcestershire
WR9 9AY

28th September 2010