Registered Number 06217136

A & K SUSTAIN LIMITED

Abbreviated Accounts

30 April 2009

A & K SUSTAIN LIMITED **Registered Number 06217136**

Balance Sheet as at 30 April 2009

	Notes	2009 £	£	2008 £	£
Fixed assets					
Tangible	2		3,894		525
Total fixed assets			3,894		525
Current assets					
Cash at bank and in hand		280		5,592	
Total current assets		280		5,592	
Creditors: amounts falling due within one year		(3,551)		(4,897)	
Net current assets			(3,271)		695
Total assets less current liabilities			623		1,220
Total net Assets (liabilities)			623		1,220
Capital and reserves					
Called up share capital			100		100
Profit and loss account			523		1,120
Shareholders funds			623		1,220

a. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
b. The directors acknowledge their responsibility for:
    i. ensuring the company keeps accounting records which comply with Section 386; and
    ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
c. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 07 December 2009

And signed on their behalf by:
Kirsty Kerr , Director

This document was delivered using electronic communications and authenticated in accordance with section 707B(2) of the Companies Act 1985.

Notes to the abbreviated accounts

For the year ending 30 April 2009

1 **Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery	25.00% Reducing Balance

2 **Tangible fixed assets**

Cost	£
At 30 April 2008	700
additions	4,667
disposals	
revaluations	
transfers	
At 30 April 2009	5,367
Depreciation	
At 30 April 2008	175
Charge for year	1,298
on disposals	
At 30 April 2009	1,473
Net Book Value	
At 30 April 2008	525
At 30 April 2009	3,894