

Co. No
REGISTERED COMPANY NUMBER: 06181997 (England and Wales)
REGISTERED CHARITY NUMBER: 1125500

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE
YEAR ENDED 31 MARCH 2015
FOR
BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

LDP Luckmans
Victoria House
44-45 Queens Road
Coventry
West Midlands
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BRUNSWICK HEALTHY LIVING CENTRE LIMITED

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for the year ended 31 March 2015

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BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

The Trustees who are also the Directors of the Charity for the purposes of the Companies Act 2006, present their report with the financial statements of the Charity for the year ended 31 March 2015. The Trustees have adopted the provisions of the Statement of REcommended Practice (SORP) "Accounting and Reporting by Charities" issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
06181997 (England and Wales)

Registered Charity number
1125500

Registered office
98-100 Shrubland Street
Leamington Spa
Warwickshire
CV31 3BD

Trustees

J P Lyons

Retired Local Gov
Officer

R J Smith

Manager - resigned 21.7.14

A Wilkinson

Retired

Mrs Z Parkin

Senior Case Worker

Miss K E Naimo

Project Manager

J T Barrott

Project Manager - resigned 12.12.14

Mrs P M Haynes

Retired Business - appointed 21.7.14

Person (Elected
Chair)

Company Secretary

J P Lyons

Independent examiner

LDP Luckmans
Victoria House
44-45 Queens Road
Coventry
West Midlands
CV1 3EH

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document -Memorandum and Articles of Association. The Company was incorporated on 23rd March 2007 as a Company Limited by Guarantee. The objectives within the Memorandum and Articles of Association were amended by special resolution at the Annual General Meeting on 30th June 2008 following consultation with the Charity Commission.

Charitable status was secured on 13th August 2008.

Recruitment and appointment of new trustees

Potential new Trustees are given a Trustee handbook of responsibilities and are then taken through a recruitment process. This includes an informal interview and attending two meetings before they make a commitment.

One new Trustee has been appointed this year. Recruitment is an ongoing process.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

STRUCTURE, GOVERNANCE AND MANAGEMENT

Induction and training of new trustees

A Trustees Handbook has been produced which includes information about the history, organisation and management of the Charity, and the roles and responsibilities of trustees. Trustee away days are held to develop the roles of trustees, and the Charity's business plan. The Charity's training policy encourages trustees to seek external training - in particular, to access the valuable programme of training which has been developed by the DSC and NCVO.

Organisational structure

There is a clear line of management between all levels of the organisation. The Strategic Director, who oversees the organisation on a day to day basis and is responsible for implementation of the policy and decisions of the Board, reports to and is managed by the Chair of the Board. The Strategic Director also provides a report to the Board as a whole, at their regular board meetings.

The Directors and Trustees are elected in accordance with the governing document. They have met bi-monthly this year. No policy or major financial decisions can be taken without the approval of a majority of the directors/trustees being present and quorate.

The staffing structure has been reviewed during the year to meet business growth. Two new posts have been created. Firstly, the PA/Centre Administrator who supports the Strategic Director and now who is responsible for assisting on operational matters of the Centre. Secondly, with the expansion of the Employment Club Programme, an Employment Club Programme Assistant has been employed.

Board of Directors

Strategic Director

PA/Centre Administrator

Finance Officer

Volunteer Coordinator

Responsible for Volunteer Team Recruitment and Support
Volunteers

Receptionist

Responsible for Volunteers

Coffee Shop Manager

Coffee Shop Relief Assistant

Responsible for Volunteers

Projects Assistants

Responsible for Volunteers
Work Experience Placements

Caretaking Team Leader

Assistant Caretaker/Steward

Brunswick Employment Club Advisors

Employment Club Programme Assistant

Responsible for Volunteers

Key Partners

Brunswick Healthy Living Centre Ltd has had two key partners this year:

- a) Warwickshire Primary Care Trust
- b) Warwick District Council

The partners provide core funding and partnership working through service delivery at the Centre.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The Trustees actively review the major risks which the Charity faces on a regular basis. The Trustees have also examined other operational and business risks faced by the Charity and have established systems to mitigate the significant risks. Risk management is an ongoing process.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the Charity and its principal activities as stated in the Memorandum and Articles of Association are as follows:

The promotion for the public benefit of urban or rural regeneration in areas of social and economic deprivation and in particular in Leamington Old Town area of Warwickshire (within the municipal district of Warwick) by all or any of the following means:

A. The relief of poverty;

B. The advancement of education, training and retraining, particularly among unemployed people, and providing unemployed people with work experience;

C. The provision of financial assistance, technical assistance, or business advice or consultancy in order to provide training and employment opportunities for unemployed people in cases of financial or other charitable need through help:

- (i) In setting up their own business; or
- (ii) To existing businesses;

D. The maintenance, improvement or provision of public amenities;

E. The provision of recreational facilities for the public at large or those who by reason of their youth, age, infirmity or disablement, poverty or social or economic circumstances have need of such facilities;

F. The provision of public health facilities and childcare, in particular by the establishment and operation of a healthy living centre in the area;

G. Such other means as may from time to time be determined subject to the prior written consent of the Charity Commissioners of England and Wales.'

The Aims and Objectives as with many charities are very broad. The way the Objectives are met and delivered are through the following identified priority needs and by following the Organisation's vision and core values stated:

Vision

A healthy community fulfilling it's potential.

Tag Line

Being Here for Local Communities

Priority needs/objectives of BHLC & Network

- Physical activity/physical health
- Healthy eating
- Mental wellbeing
- Economic health
- Supporting independent living
- Access to accurate and up to date information regarding health and its related issues for the general public

Core Values

- Non-judgemental
- Inclusive/welcoming/open & transparent
- Creating a safe environment
- To be empowering to individuals
- Removing barriers and improving access
- Value and respect individuals

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

OBJECTIVES AND ACTIVITIES

Objectives and aims

Organisational Branding

As part of the Strategic Plan a review of the Organisation's name and branding was undertaken with the support of Matt Western. With the growth of the Organisation and the outreach delivery that now takes place, there was a need to separate the Building/Centre from the organisational name of "Brunswick Healthy Living Centre".

In brief, after intensive community research and internal consideration it was clear that the full name was unhelpful, as new people accessing the Centre viewed it as a clinic rather than a community hub, because of the name. Current users describe it much more of a Hub of community activity and services.

Consequently a decision was made to rename the Building/Centre as "Brunswick Hub" and the Organisation would now be known as "BHLC." Moving forward the organisation will only use "BHLC" in the public domain. To support this, a review of the branding and marketing materials is underway.

NB the legal entity remains "Brunswick Healthy Living Centre".

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

OBJECTIVES AND ACTIVITIES

Significant activities

Public Benefit

Brunswick Healthy Living Centre (BHLC) is a multi-service centre which Brunswick Healthy Living Centre Limited manages and coordinates. The Primary Care Trust resides in a third of the building. While they manage their own services the Centre staff team do have an overall coordinating role to play. Through partnership working the Centre acts as a holistic centre, offering services to the community addressing health and wellbeing issues.

BHLC is committed to identifying areas of need and developing services to address these needs. Partnership development and collaborative working is fundamental to the way BHLC works within the community and aims to develop future services and activities.

How our activities deliver public benefit

In shaping our objectives for the year and planning our activities the Trustees have considered the Charity Commission's guidance on public benefit.

Main activities and clients served are described below.

The main activities include: physical activity; mental wellbeing; healthy eating; general wellbeing; economic health; supporting independent living and access to accurate and up to date, information regarding health and its related issues for the general public. These are delivered through the following mechanisms:

The Community Café

The Community Café is open to all the community and offers an 8:45am-4.00pm service. This year has seen an increasing use of this facility by people generally and by people with physical and mental health difficulties. The footfall figure of people using the Community Café is 8,246 visits. In order to remain an accessible and unobtrusive service the Community Café is only able to count footfall figures and not undertake more detailed monitoring. It is considered to be a welcoming and safe environment for all members of the community and something of which the BHLC is very proud.

The Service provides an affordable healthy menu with all home cooked items. In addition, the Café provides a local community meeting venue for socialising and informal gatherings. With the cut in funding for services generally, organisations are increasingly using the Café to meet their clients and to help meet their financial restraints. While this has a benefit for local organisations, this could be considered a drain on BHLC services, as room hire is equally affected ie room hire has decreased.

Physical Activities for the community

Programmes of affordable and diverse physical activities have been offered to the community. These have included: dance for all ages, Yoga, Pilates, and Tai Chi. Attendances has been regular, indicating that people want to be physically active if the activity is appropriate and at an affordable cost to sustain. On average 10 different activities have been offered on a weekly basis.

Room Hire

BHLC provides affordable room hire to a variety of community and commercial groups throughout the week: from physical activities, business meetings and private functions. Room hire rates are kept to a minimum for community use. A higher rate for statutory users and commercial users is charged. Through the Community Café, BHLC is able to offer healthy eating at an affordable cost and offer a full catering service to our Centre users. It is important to note this is an important income generation activity for the Company, however the buffet service has been adversely affected by decreasing budgets of local organisations.

Community Computer Facilities-digital Inclusion

This year has seen further development of services to meet the change in government policy and increasing requirement for people to have digital access. The Centre has had a major grant which funded a total refurbishment to the IT Suite and Internet Cafe machines, during February 2015. The number of computers has increased from 11 to 15 in the IT suite. The total number of computers now available for community use is 33. This makes us one of the best equipped community facilities, in Warwick District.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

OBJECTIVES AND ACTIVITIES

Significant activities

Clients have access to the Employment Clubs, UK Online, Adult and Community Learning Courses, plus volunteer led sessions and opportunities to use computers independently. A wide range of client needs is met.

Volunteer Programme

The Volunteer Programme remains an essential component of the Centre. This year the 80 Volunteers have offered their time and they have been supported by Staff Members. Recruitment has been through word of mouth and following visits to the Centre. Volunteers have an essential role in the smooth running of the Centre and it is safe to say that it simply could not run without their considerable contribution. BHLC believes that volunteers should be valued and supported, as well as being provided with the opportunity to learn new skills and gain valuable experience for their personal development. Through its tried and tested supported Volunteer programme, BHLC offers much more than a placement for volunteers. The additional support offered, ensures that people with additional support needs such as those people suffering from mental health issues, can have a valuable and effective volunteering experience within the Organisation.

Furthermore several volunteers have moved on to other training opportunities or found employment.

Allotment & gardening

Physical activity can take many forms and BHLC is committed to finding ways to get people active and increase the amount of activity and participation. The gardening projects are ideal ways of increasing activity. They are managed through volunteers and led by experienced gardeners.

BHLC has managed two allotments at Dobson's Lane in Whitnash this year. After a review however, this project activity ceased at the end of the growing season. The numbers of clients using the service had been very low and the staff time, high. A decision was taken not to continue with this Activity.

Weight management programme

Assisting in the reduction of obesity and promotion of healthy lifestyles is a key priority for BHLC as an organisation. The Weight Management Programme, run by volunteers, was launched in October 2010 to tackle these issues locally.

During the year, two schemes have been offered - one within the BHLC and one as a new outreach in the Packmore's Centre.

Employment Clubs

This year has seen the launch of BHLC's third Employment Club, which has run in Warwick at The GAP community centre, since June 2014. This builds on the well established clubs that run at Brunswick Hub and Lillington.

The current funding for these Clubs finished in March 2015, however sustainability was achieved by securing the Warwick District SLA which will run from 2015-2018. As part of the application process a whole review was undertaken and now BHLC has streamlined the projects into an Employment Club Programme.

Work Experience and College Trainees

The Work Experience Programme has gone from strength to strength and has been included in the SLA mentioned above, from March 2015. Three Job Centre Plus approved placements continue to be offered. (See below for outcomes and performance).

The Gold Programme - NEW

Funded by WDC Economic Dept. it was a Pilot to meet a growing need for group work around employability for those who were furthest away from work. Two programmes of 6 weeks were held at Brunswick Hub. A dedicated programme toolkit was developed for future use.

Over the two programmes 12 people attended. The outcomes have been very positive. 2 clients have secured work and 1 undertook work experience, while 2 more became volunteers for BHLC. Personal change and development was very visibly seen.

The Pilot has been fully evaluated and a third programme is already envisaged to be funded, to be delivered in September 2015.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

OBJECTIVES AND ACTIVITIES

Significant activities

Breathing Space Project - NEW

This weekly drop-in money advice service was developed in partnership with Warwick CAB, Orbit Housing, Bromford Housing, Waterloo Housing, Midland Heart and the Warwick District Council Housing Dept.

The sessions are run every Wednesday at the Hub with a trained advisor from one of the partner organisations. BHLC facilitates and hosts the sessions.

Bounce Back Support Group (Breast Cancer Support Group)

This important Support Group continues to thrive. BHLC continues to support and promote the Group. It has its base at the Centre but takes the Group into various community settings throughout the year. Given the success of this approach it is envisaged further self-help groups will be developed in the future.

Partners worked with during the year

Rosa
Safeline
HealthWatch Warwickshire
Stroke Association Support group
Guideposts Carers Service
ReThink Mental Illness
Remploy
WCAVA
Safer Neighbourhoods Partnership Team
WCC Priority Families
WDC Community Partnership Team
And many more....

Summary of approach

BHLC is a one-stop shop for health services, advice and information. Health and wellbeing is the Charity's priority and the reason it exists. Improving access for all members of the community is its remit, which in turn is believed to help address health inequalities and improve health for its community it serves.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Monitoring and evaluation is taken very seriously by BHLC. A bespoke Evaluation, Monitoring and Assessment system has been developed and utilised to ensure robust reporting to funders and to provide managerial intelligence for service review and delivery. It was incepted in 2012, so year on year, analysis is now possible.

BHLC has continued to grow and meet local community needs. New programmes have been developed in response of these needs. Numbers attending services and activities, again have continued to increase.

The number of clients registered for services 2014-2015 was **2,024** people.

The total number of times clients attended funded services was **16,190** times.

80 volunteers were supported and offered between **8,320 -16,000** hours. (Based on 2-4 hours a week as an average).

The demographics of our clients show that BHLC serves all three disadvantaged wards with Brunswick Ward being the highest percentage, as one would expect.

Public services are now, in the main, accessed online. BHLC has **746** residents registering for computer and Internet access this year. These residents do not have access at home. This national policy change affects all age ranges shown by our demographics. This has become a critical need for the local community.

The community need for computer and Internet access has led to further investment in IT facilities. The IT suite and Internet Café machines have been fully refurbished. Economic health is clearly affected by the ability to access benefits, jobs etc on line. BHLC continues to invest development time and resources, to meet this new and growing community need.

In relation to economic health, this year **280** clients have registered for the Employment Clubs. These clients have visited **2,388** times and have been offered services 50 weeks of the year. This year, **99** clients have secured work. This equates to a **35%** success rate. Compared to Government Work Programmes this is significantly higher.

Quotations taken from the Annual Client Customer Satisfaction Survey also indicates how much the BHLC services are valued. Clients were specifically asked "How would you describe this community service?"

- o "A Jewel in Leamington's Crown! Excellent coffee shop. A really warm welcome with lots of activities and access to a lot of help and information."
- o A place where people can come and feel safe and secure."
- o A very professional and actively helpful service that makes you feel part of the local community."
- o Brilliant, everything you need under one roof!"

The Services Satisfaction score is rated 1 -7, 7 being the highest. The average scores across the board range from **6.3** to **6.7**. Client satisfaction is extremely high. The services are well utilised and highly valued. The client sample size was **313** clients during one week in March 2015.

Furthermore, there have been a range of physical activities have been offered. **489** clients have accessed these activities.

18 people have had work experience placements with **5** of these securing work during the supported placement and a further **10** choosing to remain as volunteers once the placement has ended.

BHLC also is a registered Safe Place with the Warwickshire County Council. Good mental health and feeling of well-being is fundamental in BHLC approach. Anecdotal evidence tells us that clients feel safe, feel valued and are not judged. They are enabled to be who they need and want to be and are able to access services that they need. The social value of BHLC is considered high.

Working in partnership to ensure local needs are met, remains a key activity. The Strategic Director sits on the South Leamington Community Forum planning group and the Forum itself meets at the Centre during the year. Other partnerships include: Mental Health Task & Finish group (facilitated by WCAVA); membership of SWVF and HIWEB (WDC/Public Health). Close working with Chris White MP, resulted in BHLC playing a lead part in the annual Jobs Fair in Leamington Town Hall.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Other strong partnerships are held with: Remploy; JCP; Guideposts; Rethink Mental Illness; Bromford Housing through The HUB; Warwickshire Healthwatch; WCAVA; WDC Community Partnership team. This is not an exhaustive list but more an indication of the level involvement and commitment to partnership working to ensure BHLC serves its local community to the best of its ability at all times.

Funding

Future funding with the changing economic environment continues to be a challenge. Business planning and review is ongoing to ensure sustainability of the Organisation. A new revised Strategic Plan 2013-2018 has been developed and is being followed. Diversification of funding will be a significant activity.

BHLC Ltd has continued its drive to renew and strengthen partnerships in the local area. Through the work of the Board and the Strategic Director, BHLC's reputation is well known and continues to be looked upon as delivering good practice in the sector.

2014-2015 is currently Year Three of a SLA for delivering services to the Brunswick Ward. This is via Warwick District Council and which runs from 2012-2015. BHLC also delivers the Employment Club via the Crown Consortium in Lillington.

During the Summer months, BHLC tendered for the new contracts with Warwick District Council. This brought with it an opportunity to apply for funding through Orbit Housing. The successful outcome is that BHLC now holds two joint SLA's with a value of £122,000 per annum, from April 2015-March 2018. This makes BHLC far more sustainable and creates a great platform for new opportunities.

PCT Estates, however, still contribute to running costs via a service charge of approx. £31,000 per year, which meets their incurred costs.

BHLC has acted responsibly and looked at ways to reduce costs and to enhance efficiency and improve sustainability. Business improvement has been a focus all year. Constant review has been a priority. A strong emphasis for the Organisation is to ensure monitoring and evaluating takes place, whilst continuing to develop its EMA (Evaluation, Monitoring and Analysis) systems. This is providing real evidence of the impact that the services are making. BHLC invested in a bespoke system which can be developed as appropriate, to ensure all services are captured and recorded.

With the new SLA contract in place for the next year, BHLC continues to work in partnership with NSFWD in further developing EMA. A decision was taken to enhance the current system so that other partners could use the product if they wished. The new system is called Community Counts and at the date of writing this Report, 2 further community hubs intend to use the System.

BHLC continues to have increased demands upon its resources, due to the increased strains and issues from which the community is suffering. While there will be a limit to what BHLC can give, to date it remains a responsive Organisation which is meeting local need.

FINANCIAL REVIEW

Reserves policy

Reserves are needed to bridge the gap between the spending and receiving of resources and to cover unplanned emergency repairs and other expenditure. Due to the uncertainty of future funding and the ability of such funding to meet inflation the Trustees consider that the level of free reserves (that is the unrestricted funds not committed or invested in tangible fixed assets) at 31 March 2015 should be £125,000

The present level of free reserves available to the charity amounts to £93,847 which is slightly lower than currently estimated needs.

Principal funding sources

Our principal funding sources are Warwick District Council and the Warwickshire Primary Care Trust.

Investment policy

Any surplus funds are placed on short term deposit.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

REPORT OF THE TRUSTEES for the year ended 31 March 2015

FINANCIAL REVIEW

Financial review

Due to known withdrawal of core funding to short term service level agreements BHLC decided to budget for a deficit whilst new sources of income could be obtained. The deficit for the year was in line with budget.

The total incoming resources amounted to £233,794 (2014 - £212,882) of which £62,858 (2014 - £35,000) was for restricted purposes. Donations increased by £28,529. Charitable income decreased by £10,372 from £111,070 to £100,698: mainly due to a reduction of income from service level agreements of £4,799 and a decline of income from the community cafe of £3,397.

The resources expended totalled £278,967 (2014 - £263,084) including £83,553 (2014 - £21,089) spent out of the restricted funds. £162,201 of this expenditure related to staff costs involved in support services to the charitable activities. The unrestricted expenditure exceeded the unrestricted income by £24,478 (2014 - £64,133).

The total amount of unrestricted funds at the year end amounted to £100,555 of which £6,708 relates to fixed assets (which is treated as a designated fund) leaving free reserves of £93,847 which was in line with expectations.

FUTURE DEVELOPMENTS

The work undertaken in the last year has without question, placed the Charity in a much better position than 12 months ago. However, there is no doubt, development for the Charity will be affected by the continued economic climate of the sector's funding cuts and the continued Welfare benefit changes that impacts on their clients.

This is a time of uncertainty and there is a need for the Charity to continue to be proactive and flexible to ensure that it provides a quality service. With constant evaluation of its services it will maximize the impact when using the reduced available income.

There are two main Strategic Priorities

- i) To maximise income and ensure sustainability and efficiency of the organisation.
- ii) To meet local need and serve the Community effectively.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the Board of Trustees on 27 July 2015 and signed on its behalf by:



Mrs P M Haynes Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
BRUNSWICK HEALTHY LIVING CENTRE LIMITED**

I report on the accounts for the year ended 31 March 2015 set out on pages thirteen to twenty one.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



M D Spafford
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27 July 2015

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
COMPANY NUMBER: 06181997
STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the year ended 31 March 2015

	Notes	Unrestricted funds £	Restricted funds £	2015 Total funds £	2014 Total funds £
INCOMING RESOURCES					
Incoming resources from generated funds					
Voluntary income	2	33,433	62,858	96,291	68,510
Activities for generating funds	3	36,530	-	36,530	33,014
Investment income	4	275	-	275	288
Incoming resources from charitable activities					
Healthy living	5	100,698	-	100,698	111,070
Total incoming resources		170,936	62,858	233,794	212,882
RESOURCES EXPENDED					
Charitable activities					
Healthy living	6	191,368	83,553	274,921	258,519
Governance costs	7	4,046	-	4,046	4,565
Total resources expended		195,414	83,553	278,967	263,084
NET INCOMING/(OUTGOING) RESOURCES					
		(24,478)	(20,695)	(45,173)	(50,202)
RECONCILIATION OF FUNDS					
Total funds brought forward		125,033	448,126	573,159	623,361
TOTAL FUNDS CARRIED FORWARD		100,555	427,431	527,986	573,159

The notes form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

BALANCE SHEET
At 31 March 2015

	Notes	Unrestricted funds £	Restricted funds £	2015 Total funds £	2014 Total funds £
FIXED ASSETS					
Tangible assets	11	6,708	413,948	420,656	431,319
CURRENT ASSETS					
Stocks		1,227	-	1,227	695
Debtors	12	7,961	-	7,961	11,754
Cash at bank		148,654	13,483	162,137	166,060
		<u>157,842</u>	<u>13,483</u>	<u>171,325</u>	<u>178,509</u>
CREDITORS					
Amounts falling due within one year	13	(63,995)	-	(63,995)	(36,669)
NET CURRENT ASSETS		<u>93,847</u>	<u>13,483</u>	<u>107,330</u>	<u>141,840</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>100,555</u>	<u>427,431</u>	<u>527,986</u>	<u>573,159</u>
NET ASSETS		<u>100,555</u>	<u>427,431</u>	<u>527,986</u>	<u>573,159</u>
FUNDS	14				
Unrestricted funds				100,555	125,033
Restricted funds				427,431	448,126
TOTAL FUNDS				<u>527,986</u>	<u>573,159</u>

The notes form part of these financial statements

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

BALANCE SHEET - CONTINUED
At 31 March 2015

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2015.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2015 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 27 July 2015 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'P M Haynes', written in a cursive style.

Mrs P M Haynes -Trustee

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

**notes to the financial statements
for the year ended 31 March 2015**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc	- 3 to 10 years straight line
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Expenditure of less than £500 is treated as revenue expenditure. Tangible assets costing more than £500 are capitalised and included at cost.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2015

2. VOLUNTARY INCOME

	2015 £	2014 £
Donations	62,039	33,510
Grants	34,252	35,000
	<u>96,291</u>	<u>68,510</u>

Grants received, included in the above, are as follows:

	2015 £	2014 £
Other grants	<u>34,252</u>	<u>35,000</u>

3. ACTIVITIES FOR GENERATING FUNDS

	2015 £	2014 £
Room hire	32,388	31,828
Other income	4,142	1,186
	<u>36,530</u>	<u>33,014</u>

4. INVESTMENT INCOME

	2015 £	2014 £
Deposit account interest	<u>275</u>	<u>288</u>

5. INCOMING RESOURCES FROM CHARITABLE ACTIVITIES

	2015 £	2014 £
Community Cafe income	22,169	25,566
Activities	2,740	4,916
Service Level Agreements	75,789	80,588
	<u>100,698</u>	<u>111,070</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct costs	Totals
	£	£
Healthy living	<u>274,921</u>	<u>274,921</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2015

7. GOVERNANCE COSTS

	2015	2014
	£	£
Trustees' expenses	188	465
Legal fees	750	988
Annual General Meeting costs	-	60
Independent Examiner's fees	2,460	2,220
Independent Examiner's fees for other services	648	832
	<u>4,046</u>	<u>4,565</u>

8. NET INCOMING/(OUTGOING) RESOURCES

Net resources are stated after charging/(crediting):

	2015	2014
	£	£
Depreciation - owned assets	<u>10,663</u>	<u>12,668</u>

The charity paid £Nil for Directors' and officers' indemnity insurance. Last year £Nil.

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2015 nor for the year ended 31 March 2014.

Trustees' expenses

	2015	2014
	£	£
Trustees' expenses	<u>188</u>	<u>465</u>

Trustee expenses were paid to one trustee.

10. STAFF COSTS

The average number of employees during the year was 10 (2014 - 11) with all employee time involved in support services to charitable activities.

No employee received emoluments of more than £60,000.

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2015

11. TANGIBLE FIXED ASSETS

	Land and buildings £	Plant and machinery etc £	Totals £
COST			
At 1 April 2014	450,671	52,807	503,478
Disposals	-	(6,013)	(6,013)
At 31 March 2015	<u>450,671</u>	<u>46,794</u>	<u>497,465</u>
DEPRECIATION			
At 1 April 2014	27,710	44,449	72,159
Charge for year	9,013	1,650	10,663
Eliminated on disposal	-	(6,013)	(6,013)
At 31 March 2015	<u>36,723</u>	<u>40,086</u>	<u>76,809</u>
NET BOOK VALUE			
At 31 March 2015	<u>413,948</u>	<u>6,708</u>	<u>420,656</u>
At 31 March 2014	<u>422,961</u>	<u>8,358</u>	<u>431,319</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2015 £	2014 £
Trade debtors	3,463	4,864
Prepayments	4,498	6,890
	<u>7,961</u>	<u>11,754</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2015 £	2014 £
Trade creditors	3,682	16,913
Social security and other taxes	3,040	-
Deferred income	52,499	16,000
Accrued expenses	4,774	3,756
	<u>63,995</u>	<u>36,669</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2015

14. MOVEMENT IN FUNDS

	At 1.4.14 £	Net movement in funds £	At 31.3.15 £
Unrestricted funds			
General fund	116,675	(22,828)	93,847
Designated Fund - Fixed assets	8,358	(1,650)	6,708
	<u>125,033</u>	<u>(24,478)</u>	<u>100,555</u>
Restricted funds			
Regenesi 2 Assets	422,961	(9,013)	413,948
Archiving	677	(529)	148
Community Cafe	20,000	(15,583)	4,417
CWA	4,488	(4,488)	-
Breathing Space	-	1,210	1,210
Gold Programme	-	844	844
Volunteers	-	3,600	3,600
Warwick Employment Club	-	3,264	3,264
	<u>448,126</u>	<u>(20,695)</u>	<u>427,431</u>
TOTAL FUNDS	<u>573,159</u>	<u>(45,173)</u>	<u>527,986</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	170,936	(193,764)	(22,828)
Designated Fund - Fixed assets	-	(1,650)	(1,650)
	<u>170,936</u>	<u>(195,414)</u>	<u>(24,478)</u>
Restricted funds			
Gardening project	250	(250)	-
Community Cafe	5,500	(21,083)	(15,583)
CWA	-	(4,488)	(4,488)
IT Suite	28,600	(28,600)	-
Breathing Space	2,800	(1,590)	1,210
Gold Programme	6,500	(5,656)	844
Volunteers	3,600	-	3,600
Warwick Employment Club	15,608	(12,344)	3,264
Regenesi 2 Assets	-	(9,013)	(9,013)
Archiving	-	(529)	(529)
	<u>62,858</u>	<u>(83,553)</u>	<u>(20,695)</u>
TOTAL FUNDS	<u>233,794</u>	<u>(278,967)</u>	<u>(45,173)</u>

BRUNSWICK HEALTHY LIVING CENTRE LIMITED
NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
for the year ended 31 March 2015

14. MOVEMENT IN FUNDS - continued

Purposes of Designated Funds

Fixed Assets: The fixed assets fund is the value of unrestricted funds represented by the tangible fixed assets owned by the charitable company.

Purposes of Restricted Funds

Regenesis 2 Assets: This was the value of assets granted to the charity. The balance is reducing as the assets depreciate. Until 18 August 2023 no disposition of the registered estate known as 98-100 Shrubland Street, Leamington Spa, CV31 3BD is to be registered without written permission of the Big Lottery Fund. There is a potential clawback of any grants received towards this property.

Archiving Fund: This was given to fund the archiving of information.

Community Cafe Fund: These represent funds to help run the Brunswick Community Cafe.

CWA Fund: This was given to support the Community Web Access Project and enable the purchase of laptops and related items.

IT Suite Fund: This was given to enable a total refurbishment to the IT Suite and Internet Cafe machines.

Breathing Space Fund: This was to offer a weekly drop in money advice service.

Gold Programme Fund: This was given to fund a programme to meet a growing need for group work around employability for those who were furthest away from work.

Volunteers Fund: This was given to support the Volunteer Programme.

Warwick Employment Club Fund: This was given to fund an employment club.