# Registered Number 06144314

# THE OXFORD MINDFULNESS FOUNDATION

## **Abbreviated Accounts**

31 March 2015

# Abbreviated Balance Sheet as at 31 March 2015

	Notes	2015	2014
		£	£
Fixed assets			
Intangible assets		-	-
Tangible assets		-	-
Investments		-	-
Current assets			
Stocks		-	-
Debtors		128,777	46,762
Investments		191,558	188,865
Cash at bank and in hand		335,275	284,350
		655,610	519,977
Creditors: amounts falling due within one year	1	(365,732)	(199,903)
Net current assets (liabilities)		289,878	320,074
Total assets less current liabilities		289,878	320,074
Creditors: amounts falling due after more than one year		0	0
Provisions for liabilities		0	0
Accruals and deferred income		0	0
Total net assets (liabilities)		289,878	320,074
Reserves			
Revaluation reserve		0	0
Other reserves		0	0
Income and expenditure account		289,878	320,074
Members' funds		289,878	320,074

- For the year ending 31 March 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 16 July 2015

And signed on their behalf by:

Dr Philip Wilkinson, Director

#### Notes to the Abbreviated Accounts for the period ended 31 March 2015

### 1 Accounting Policies

### Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

#### **Turnover policy**

Income comprises investment income, fees from teaching and training, and donations. Investment income and fees from teaching and training are accounted for when receivable. Donations and grants are only included in the accounts when the charity has unconditional entitlement to them. in the accounts when the charity has unconditional entitlement to them.

### Tangible assets depreciation policy

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, as follows:

Computers and Office Equipment 25% Straight Line

#### Other accounting policies

**Taxation** 

The charity is a chariatable institution with exemption from UK taxation under Chapter 3 of Part 11 of the CorporationTaxes Act 2010.

Resources Expended

All expenditure is accounted for on an accruals basis. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. Costs of generating funds comprises the costs associated with attracting voluntary income. Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity. Central overhead costs are apportioned on the basis of estimated staff time attributed to each activity.

**Fund Accounting** 

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subject to restrictions on their expenditure imposed by the donor or grantor.

### 2 Company limited by guarantee

Company is limited by guarantee and consequently does not have share capital.

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