

**Registered Number 06144314**

**THE OXFORD MINDFULNESS FOUNDATION**

**Abbreviated Accounts**

**31 March 2013**

## Abbreviated Balance Sheet as at 31 March 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		£	£
<b>Fixed assets</b>			
Intangible assets		-	-
Tangible assets	3	-	85
Investments		-	-
		<u>-</u>	<u>85</u>
<b>Current assets</b>			
Stocks		-	-
Debtors		15,004	34,494
Investments		-	-
Cash at bank and in hand		303,368	157,974
		<u>318,372</u>	<u>192,468</u>
<b>Creditors: amounts falling due within one year</b>		<u>(81,670)</u>	<u>(63,077)</u>
<b>Net current assets (liabilities)</b>		<u>236,702</u>	<u>129,391</u>
<b>Total assets less current liabilities</b>		<u>236,702</u>	<u>129,476</u>
<b>Creditors: amounts falling due after more than one year</b>		0	0
<b>Provisions for liabilities</b>		0	0
<b>Accruals and deferred income</b>		0	0
<b>Total net assets (liabilities)</b>		<u>236,702</u>	<u>129,476</u>
<b>Reserves</b>			
Revaluation reserve		0	0
Other reserves		0	0
Income and expenditure account		236,702	129,476
<b>Members' funds</b>		<u>236,702</u>	<u>129,476</u>

- For the year ending 31 March 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 4 July 2013

And signed on their behalf by:

**Dr John Peacock, Director**

**Notes to the Abbreviated Accounts for the period ended 31 March 2013****1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Income comprises investment income, fees from teaching and training and donations. Investment income and fees from teaching and training are accounted for when receivable. Donations and grants are only included in the accounts when the charity has unconditional entitlement to them.

**Tangible assets depreciation policy**

Fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, as follows:

Computers and Office Equipment 25% Straight Line

**Other accounting policies****Resources Expended**

All expenditure is accounted for on an accruals basis. Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. Costs of generating funds comprises the costs associated with attracting voluntary income. Governance costs includes those costs associated with meeting the constitutional and statutory requirements of the charity.

**Fund Accounting**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or grantor.

**2 Company limited by guarantee**

Company is limited by guarantee and consequently does not have share capital.

**3 Tangible fixed assets**

	£
<b>Cost</b>	
At 1 April 2012	1,595
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2013	<u>1,595</u>
<b>Depreciation</b>	
At 1 April 2012	1,510

Charge for the year	85
On disposals	-
At 31 March 2013	<u>1,595</u>
<b>Net book values</b>	
At 31 March 2013	<u>0</u>
At 31 March 2012	<u>85</u>

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