# Registered Number 06144314

### THE OXFORD MINDFULNESS CENTRE

**Abbreviated Accounts** 

31 March 2011

### THE OXFORD MINDFULNESS CENTRE

## Registered Number 06144314

### Balance Sheet as at 31 March 2011

	Notes	2011		2010	
		£	£	£	£
Fixed assets					
Tangible	2		484		883
Total fixed assets			484		883
Current assets					
Debtors		20,589		33,675	
Cash at bank and in hand		102,929		66,286	
Total current assets		123,518		99,961	
		(00.044)		(04.000)	
Creditors: amounts falling due within one year		(69,814)		(61,929)	
Net current assets			53,704		38,032
Total assets less current liabilities			54,188		38,915
Total net Assets (liabilities)			54,188		38,915
Total net Abbeto (nabilities)			54, 100		50,510
Capital and reserves					
Profit and loss account			54,188		38,915
Shareholders funds			54,188		38,915

- a. For the year ending 31 March 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
  - i. ensuring the company keeps accounting records which comply with Section 386; and
  - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 17 August 2011

And signed on their behalf by:

Dr. J. Peacock, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

#### Notes to the abbreviated accounts

For the year ending 31 March 2011

# 1 Accounting policies

The Financial Statements have been prepared under the historical cost convention, in compliance with all relevant statements of standard accounting practice, and the Charities Statement of Recommended Practice (Revised SoRP 2005).

#### Turnover

Income comprises investment income and donations from societies and individuals. Income is recognised on a receivable basis. All income is included gross in the Statement of Financial Activities. Grants and donations are only included in the accounts when the charity has unconditional entitlement or the resources. Investment income is included in the accounts when receivable. Incoming resources from tax reclaims are included in the accounts at the same time as the gift to which they relate. The monetary value will be measured with sufficient reliability.

## Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 25.00% Straight Line

### 2 Tangible fixed assets

Cost	£
At 31 March 2010	1,595
additions	
disposals	
revaluations	
transfers	
At 31 March 2011	1,595
Depreciation	
At 31 March 2010	712
Charge for year	399
on disposals	
At 31 March 2011	1,111
Net Book Value	
At 31 March 2010	883
At 31 March 2011	484