



Companies House

AR01 (ef)

Annual Return



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Company Name: **GOOD SPA GUIDE LIMITED**

Company Number: **06111677**

Date of this return: **16/02/2015**

SIC codes: **90030**

Company Type: **Private company limited by shares**

Situation of Registered Office: **7 THE CLOSE
NORWICH
NORFOLK
NR1 4DJ**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **BRIAN**

Surname: **METLAND**

Former names:

Service Address recorded as Company's registered office

Company Director 1

Type: **Person**

Full forename(s): **DAPHNE ELIZABETH**

Surname: **METLAND**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **22/01/1954**

Nationality: **BRITISH**

Occupation: **EDITOR**

Statement of Capital (Share Capital)

Class of shares	A ORDINARY	<i>Number allotted</i>	500
		<i>Aggregate nominal value</i>	500
<i>Currency</i>	GBP	<i>Amount paid</i>	1
		<i>Amount unpaid</i>	0

Prescribed particulars

SHARES RANK IN ALL RESPECTS PARI PASSU SAVE AS HEREINAFTER PROVIDED FOR:- AS REGARDS VOTING RIGHTS EACH SHAREHOLDER, NOTWITHSTANDING THE CLASS OR CLASSES OF SHARE(S) HELD, SHALL BE ENTITLED TO RECEIVE NOTICE OF, AND ATTEND AND VOTE AT ANY GENERAL OR OTHER MEETING OF THE COMPANY OR WHENEVER A POLL IS DULY DEMANDED, AND THEREUPON, SHALL BE ENTITLED TO CAST ONE VOTE IN RESPECT OF EACH SHARE HELD. REGULATIONS 38 AND 54 OF TABLE A SHALL BE READ AND CONSTRUED ACCORDINGLY. ENTITLEMENT TO DIVIDENDS SUBJECT TO THE PROVISIONS OF THE ACT, THE DIRECTORS MAY DECLARE AN INTERIM DIVIDEND AND THE COMPANY MAY BY ORDINARY RESOLUTION, UPON THE RECOMMENDATION OF THE DIRECTORS, DECLARE A FINAL DIVIDEND BUT NO DIVIDEND SHALL EXCEED THE AMOUNT RECOMMENDED BY THE DIRECTORS. EVERY MEETING OF THE DIRECTORS, A COMMITTEE OF DIRECTORS OR GENERAL MEETING OF THE COMPANY AT WHICH A DIVIDEND IS DECLARED SHALL, BY BOARD OR ORDINARY RESOLUTION (AS APPROPRIATE), DIRECT THAT SUCH DIVIDEND BE PAID EITHER IN RESPECT OF ONE CLASS OF SHARES TO THE EXCLUSION OF THE OTHER CLASS, OR IN RESPECT OF BOTH CLASSES OF SHARES. WHERE A DIVIDEND IS DECLARED IN RESPECT OF BOTH CLASSES OF SHARES THE COMPANY MAY, BY ORDINARY RESOLUTION, DIFFERENTIATE BETWEEN THE CLASSES AS TO THE AMOUNT OR PERCENTAGE OF DIVIDEND PAYABLE, BUT IN DEFAULT THE SHARES IN EACH SUCH CLASS SHALL BE DEEMED TO RANK PARI PASSU IN ALL RESPECTS AS IF THEY CONSTITUTED ONE CLASS OF SHARE. REGULATIONS 102 AND 103 OF TABLE A SHALL NOT APPLY TO THE COMPANY. ON WINDING UP AND/OR REPAYMENT OF CAPITAL ON A WINDING UP OR OTHER REPAYMENT OF CAPITAL, THE ASSETS OF THE COMPANY AVAILABLE FOR DISTRIBUTION AMONGST THE MEMBERS SHALL BE APPLIED AS FOLLOWS:- FIRST IN PAYING TO THE HOLDERS OF THE A AND B SHARES, AS THOUGH ALL SHARES CONSTITUTED ONE CLASS, THE CAPITAL PAID UP ON SUCH SHARES; SECONDLY IN PAYING TO THE HOLDERS OF THE A AND B SHARES, AS APPROPRIATE, A SUM EQUAL TO ANY ARREARS OR DEFICIENCY OF THE DIVIDEND(S) DUE ON SUCH SHARES (WHETHER EARNED OR DECLARED OR NOT) CALCULATED DOWN TO THE DATE OF REPAYMENT OF CAPITAL. LASTLY IN DISTRIBUTING THE REMAINDER OF SUCH ASSETS (IF ANY) EQUALLY AMONG THE HOLDERS OF THE A AND B SHARES.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	500
		<i>Total aggregate nominal value</i>	500

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/02/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **500 A ORDINARY shares held as at the date of this return**
Name: **M & M MULTIMEDIA GROUP LIMITED**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.