



Please complete in typescript,
or in bold black capitals

CHFP025

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

06070007

Company Name in full

Patisserie Holdings Limited

Date of
appointment

Day Month Year
29 03 2007

† Date of
Birth

Day Month Year
19 06 1959

Appointment form Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment
is as a director and secretary mark both boxes.

Notes on completion
appear on reverse

NAME *Style / Title

Mr

*Honours etc

Forename(s)

Paul Edward

Surname

May

Previous
Forename(s)

Previous
Surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

Usual residential
address ††

The Old Rectory, Braden



Post town

Towcester

Postcode

NN12 8ED

County / Region

Northamptonshire

Country

United Kingdom

† Nationality

British

† Business occupation

Director

† Other directorships
(additional space overleaf)

Fitness & Leisure Group (Holdings) Ltd

I consent to act as ** director / ~~secretary~~ of the above named company

Consent signature

Date

29/3/07

* Voluntary details

† Directors only

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

Date

30.03 07

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record.

Pinsent Masons

CityPoint, One Ropemaker Street, London, EC2Y 9AH

Tel 020 7418 7000

DX number 119516

DX exchange Finsbury Square

When you have completed and signed the form please send it to the
Registrar of Companies at

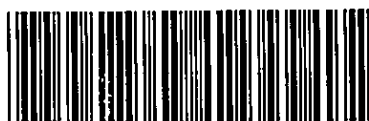
Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

SATURDAY



A05

AGCZQOBQ

31/03/2007

201

COMPANIES HOUSE

Company Number 06070007,

† Directors only

† Other directorships

Reflex Holdings (UK) Limited

Fitness & Leisure Group (Southern) Limited

Fitness & Leisure Group Limited

Bowden Investment Properties (UK) Limited

Fitness and Leisure Group Limited

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

- for a married woman, the name by which she was known before marriage need not be given
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

Other directorships

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company

CONTINUATION SHEET – OTHER DIRECTORSHIPS

COMPANY NUMBER 06070007

FITNESS & LEISURE GROUP (HOLDINGS) LTD

MOTORKINETICS LIMITED

HEALTHY LIVING CENTRES LIMITED

MOTORCISE LIMITED

MOTORCISE (TAMWORTH) LIMITED

VENEX (SALES) LIMITED

VENEX DEVELOPMENTS LIMITED

VENEX HOLDINGS LIMITED

PATIENCEFORM LIMITED

POSTGRANGE LIMITED

BULLSEYE CORPORATE FINANCE LIMITED

HIGHFIELD ESTATE AGENTS LIMITED

BRADDEN PROPERTIES LIMITED

BRIDGE HIGHFIELD ESTATES LIMITED

PATISSERIE VALERIE HOLDINGS LIMITED

MYA COSMETIC SURGERY LIMITED