

Registered Number 06066288

GOOD LIFE LEISURE LIMITED

Abbreviated Accounts

31 January 2016

Abbreviated Balance Sheet as at 31 January 2016

	<i>Notes</i>	<i>2016</i>	<i>2015</i>
		£	£
Fixed assets			
Intangible assets	2	15,000	15,000
Tangible assets	3	13,330	15,683
		<u>28,330</u>	<u>30,683</u>
Current assets			
Stocks		1,000	700
Debtors		-	333
Cash at bank and in hand		2,844	712
		<u>3,844</u>	<u>1,745</u>
Creditors: amounts falling due within one year		(24,765)	(20,138)
Net current assets (liabilities)		<u>(20,921)</u>	<u>(18,393)</u>
Total assets less current liabilities		<u>7,409</u>	<u>12,290</u>
Provisions for liabilities		(1,256)	-
Total net assets (liabilities)		<u>6,153</u>	<u>12,290</u>
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		6,053	12,190
Shareholders' funds		<u>6,153</u>	<u>12,290</u>

- For the year ending 31 January 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 26 October 2016

And signed on their behalf by:

DONNA KERR FOLEY, Director

Notes to the Abbreviated Accounts for the period ended 31 January 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Intangible fixed assets

	£
Cost	
At 1 February 2015	15,000
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2016	<u>15,000</u>
Amortisation	
At 1 February 2015	-
Charge for the year	-
On disposals	-
At 31 January 2016	<u>-</u>
Net book values	
At 31 January 2016	<u>15,000</u>
At 31 January 2015	<u>15,000</u>

3 Tangible fixed assets

	£
Cost	
At 1 February 2015	45,173
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2016	<u>45,173</u>
Depreciation	
At 1 February 2015	29,490
Charge for the year	2,353
On disposals	-
At 31 January 2016	<u>31,843</u>
Net book values	
At 31 January 2016	<u>13,330</u>

At 31 January 2015

15,683

4 Called Up Share Capital

Allotted, called up and fully paid:

	<i>2016</i>	<i>2015</i>
	<i>£</i>	<i>£</i>
100 Ordinary shares of £1 each	100	100

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