

Registration number: 06060931

In-Health (Chiropractic) Ltd

Unaudited Abbreviated Accounts
for the Year Ended 31 January 2016

HSJ Accountants Ltd
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In-Health (Chiropractic) Ltd
(Registration number: 06060931)
Abbreviated Balance Sheet at 31 January 2016

	Note	2016 £	2015 £
Fixed assets			
Tangible fixed assets	2	112,226	80,398
Current assets			
Debtors		987	902
Cash at bank and in hand		1,694	9,745
		2,681	10,647
Creditors: Amounts falling due within one year		(31,660)	(21,730)
Net current liabilities		(28,979)	(11,083)
Total assets less current liabilities		83,247	69,315
Creditors: Amounts falling due after more than one year		(14,624)	(19,600)
Net assets		68,623	49,715
Capital and reserves			
Called up share capital	4	100	100
Profit and loss account		68,523	49,615
Shareholders' funds		68,623	49,715

For the year ending 31 January 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the director on 25 August 2016



 Mr S Harris
 Director

The notes on pages 2 to 3 form an integral part of these financial statements.

In-Health (Chiropractic) Ltd

Notes to the Abbreviated Accounts for the Year Ended 31 January 2016

1 Accounting policies

Basis of preparation

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (Effective January 2015).

Turnover

Turnover represents the value of services provided under contracts to the extent that there is a right to consideration and is recorded at the value of the consideration due.

Where a contract has only been partially completed at the balance sheet date turnover represents the value of the service provided to date based on a proportion of the total expected consideration at completion. Where payments are received from customers in advance of services provided, the amounts are recorded as deferred income and included as part of creditors due within one year

Depreciation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Land and buildings	2% straight line
Plant and machinery	20% straight line
Fixtures, fittings and equipment	20% straight line

Hire purchase and leasing

Rentals payable under operating leases are charged in the profit and loss account on a straight line basis over the lease term.

In-Health (Chiropractic) Ltd

Notes to the Abbreviated Accounts for the Year Ended 31 January 2016

..... continued

2 Fixed assets

	Tangible assets £	Total £
Cost		
At 1 February 2015	94,470	94,470
Additions	34,308	34,308
Disposals	(1,500)	(1,500)
At 31 January 2016	<u>127,278</u>	<u>127,278</u>
Depreciation		
At 1 February 2015	14,072	14,072
Charge for the year	2,480	2,480
Eliminated on disposals	(1,500)	(1,500)
At 31 January 2016	<u>15,052</u>	<u>15,052</u>
Net book value		
At 31 January 2016	<u>112,226</u>	<u>112,226</u>
At 31 January 2015	<u>80,398</u>	<u>80,398</u>

3 Creditors

Creditors includes the following liabilities, on which security has been given by the company:

	2016 £	2015 £
Amounts falling due within one year	4,980	4,984
Amounts falling due after more than one year	14,624	19,600
Total secured creditors	<u>19,604</u>	<u>24,584</u>

4 Share capital

Allotted, called up and fully paid shares

	2016		2015	
	No.	£	No.	£
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>