



Companies House
— for the record —

AR01 (ef)

Annual Return



Received for filing in Electronic Format on the: **20/02/2010**

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Company Name: **IN-HEALTH (CHIROPRACTIC) LTD**

Company Number: **06060931**

Date of this return: **22/01/2010**

SIC codes: **8514**

Company Type: **Private company limited by shares**

Situation of Registered Office: **IN-HEALTH FAMILY CHIROPRACTIC
6 COYCHURCH ROAD
PENCOED
BRIDGEND
CF35 5NG**

Single Alternative Inspection Location (SAIL)

The address for an alternative location to the company's registered office for the inspection of registers is:

**C/O IN-HEALTH FAMILY CHIROPRACTIC
6 COYCHURCH ROAD
PENCOED
BRIDGEND
MID GLAMORGAN
WALES
CF35 5NG**

There are no records kept at the above address

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **LYNDA**

Surname: **HARRIS**

Former names:

Service Address: **18 THE SPINNEY
BRACKLA
BRIDGEND
CF31 2JD**

Company Director *1*

Type: **Person**

Full forename(s): **STEPHEN JOHN**

Surname: **HARRIS**

Former names:

Service Address: **6 COYCHURCH ROAD
PENCOED
BRIDGEND
CF31 2JD**

Country/State Usually Resident: **WALES**

Date of Birth: **27/01/1976**

Nationality: **BRITISH**

Occupation: **CHIROPRACTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	500
		<i>Aggregate nominal value</i>	500
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	(A) VOTING RIGHTS (B) DIVIDEND PAID (D) OPTION		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	500
		<i>Total aggregate nominal value</i>	500

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 22/01/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

500 ORDINARY Shares held as at 22/01/2010

Name: **STEPHEN HARRIS**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.