

Registration number 06060931

# In-Health (Chiropractic) Ltd

Unaudited Abbreviated Accounts  
for the Year Ended 31 January 2013

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THURSDAY



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**In-Health (Chiropractic) Ltd**  
**(Registration number: 06060931)**  
**Abbreviated Balance Sheet at 31 January 2013**

	Note	2013 £	2012 £
<b>Fixed assets</b>			
Tangible fixed assets	2	<u>317</u>	<u>1,205</u>
<b>Current assets</b>			
Debtors		2,458	1,234
Cash at bank and in hand		<u>41,698</u>	<u>34,004</u>
		44,156	35,238
Creditors Amounts falling due within one year		<u>(24,195)</u>	<u>(17,812)</u>
Net current assets		<u>19,961</u>	<u>17,426</u>
Net assets		<u>20,278</u>	<u>18,631</u>
<b>Capital and reserves</b>			
Called up share capital	3	100	100
Profit and loss account		<u>20,178</u>	<u>18,531</u>
Shareholders' funds		<u>20,278</u>	<u>18,631</u>

For the year ending 31 January 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The director acknowledges his responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime

Approved by the director on 21 August 2013

  
Mr S J Harris  
Director

The notes on pages 2 to 3 form an integral part of these financial statements

## **In-Health (Chiropractic) Ltd**

### **Notes to the Abbreviated Accounts for the Year Ended 31 January 2013**

#### **1 Accounting policies**

##### **Basis of preparation**

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

##### **Turnover**

Turnover represents the value of services provided under contracts to the extent that there is a right to consideration and is recorded at the value of the consideration due

Where a contract has only been partially completed at the balance sheet date turnover represents the value of the service provided to date based on a proportion of the total expected consideration at completion. Where payments are received from customers in advance of services provided, the amounts are recorded as deferred income and included as part of creditors due within one year

##### **Depreciation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows

##### **Asset class**

Plant and machinery

Fixtures, fittings and equipment

##### **Depreciation method and rate**

20% straight line

20% straight line

#### **2 Fixed assets**

	<b>Tangible assets £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 February 2012	12,344	12,344
At 31 January 2013	12,344	12,344
<b>Depreciation</b>		
At 1 February 2012	11,139	11,139
Charge for the year	888	888
At 31 January 2013	12,027	12,027
<b>Net book value</b>		
At 31 January 2013	317	317
At 31 January 2012	1,205	1,205

**In-Health (Chiropractic) Ltd**

**Notes to the Abbreviated Accounts for the Year Ended 31 January 2013**

**..... continued**

**3 Share capital**

**Allotted, called up and fully paid shares**

	<b>2013</b>		<b>2012</b>	
	<b>No.</b>	<b>£</b>	<b>No.</b>	<b>£</b>
Ordinary shares of £1 each	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>

**4 Related party transactions**

**Director's advances and credits**

	<b>2013 Advance/ Credit £</b>	<b>2013 Repaid £</b>	<b>2012 Advance/ Credit £</b>	<b>2012 Repaid £</b>
<b>Mr S J Harris</b>				
Amounts advanced and repaid	<u>-</u>	<u>-</u>	<u>12,686</u>	<u>18,643</u>

These amounts have been aggregated by kind. The director considers that this treatment does not impair a true and fair view of the financial statements