

Registration number 06060931

In-Health (Chiropractic) Limited
Abbreviated financial statements
for the year ended 31 January 2011



In-Health (Chiropractic) Limited

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In-Health (Chiropractic) Limited

**Abbreviated balance sheet
as at 31 January 2011**

	Notes	2011		2010	
		£	£	£	£
Fixed assets					
Tangible assets			3,674		6,073
Current assets					
Debtors		7,298		1,800	
Cash at bank and in hand		15,248		15,607	
		<u>22,546</u>		<u>17,407</u>	
Creditors: amounts falling due within one year		<u>(11,803)</u>		<u>(11,426)</u>	
Net current assets			<u>10,743</u>		<u>5,981</u>
Total assets less current liabilities			14,417		12,054
Net assets			<u>14,417</u>		<u>12,054</u>
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			14,317		11,954
Shareholders' funds			<u>14,417</u>		<u>12,054</u>

The director's statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet

The notes on pages 3 to 5 form an integral part of these financial statements.

In-Health (Chiropractic) Limited

Abbreviated balance sheet (continued)

**Director's statements required by Sections 475(2) and (3)
for the year ended 31 January 2011**

In approving these abbreviated financial statements as director of the company I hereby confirm.

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ,
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the year ended 31 January 2011 , and
- (c) that I acknowledge my responsibilities for
 - (1) ensuring that the company keeps accounting records which comply with Section 386 , and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 393 and which otherwise comply with the provisions of the Companies Act 2006 relating to financial statements, so far as applicable to the company

These abbreviated financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The abbreviated financial statements were approved by the Board on 19 October 2011 and signed on its behalf by



S J Harris
Director

Registration number 06060931

The notes on pages 3 to 5 form an integral part of these financial statements.

In-Health (Chiropractic) Limited

Notes to the abbreviated financial statements for the year ended 31 January 2011

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2. Turnover

Turnover represents the value of services provided under contracts to the extent that there is a right to consideration and is recorded at the value of the consideration due

Where a contract has only been partially completed at the balance sheet date turnover represents the value of the service provided to date based on a proportion of the total expected consideration at completion, Where payments are received from customers in advance of services provided, the amounts are recorded as deferred income and included as part of creditors due within one year

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Plant and machinery	-	20% straight line
Fixtures, fittings and equipment	-	20% straight line

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Notes to the abbreviated financial statements for the year ended 31 January 2011

continued

1.4. Deferred taxation

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date where transactions or events have occurred at that date that will result in an obligation to pay more, or a right to pay less or to receive more, tax, with the following exceptions

Provision is made for tax on gains arising from the revaluation (and similar fair value adjustments) of fixed assets, and gains on disposal of fixed assets that have been rolled over into replacement assets, only to the extent that, at the balance sheet date, there is a binding agreement to dispose of the assets concerned. However, no provision is made where, on the basis of all available evidence at the balance sheet date, it is more likely than not that the taxable gain will be rolled over into replacement assets and charged to tax only where the replacement assets are sold,

Provision is made for deferred tax that would arise on remittance of the retained earnings of overseas subsidiaries, associates and joint ventures only to the extent that, at the balance sheet date, dividends have been accrued as receivable,

Deferred tax assets are recognised only to the extent that the directors consider that it is more likely than not that there will be suitable taxable profits from which the future reversal of the underlying timing differences can be deducted

Deferred tax is measured on an undiscounted basis at the tax rates that are expected to apply in the periods in which timing differences reverse, based on tax rates and laws enacted or substantively enacted at the balance sheet date

2. Fixed assets	Tangible fixed assets £
Cost	
At 1 February 2010	12,274
Additions	70
At 31 January 2011	<u>12,344</u>
Depreciation	
At 1 February 2010	6,201
Charge for year	2,469
At 31 January 2011	<u>8,670</u>
Net book values	
At 31 January 2011	<u>3,674</u>
At 31 January 2010	<u>6,073</u>

In-Health (Chiropractic) Limited

Notes to the abbreviated financial statements for the year ended 31 January 2011

continued

3. Share capital	2011	2010
	£	£
Authorised		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
Allotted, called up and fully paid		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
Equity Shares		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
4. Transactions with director		
The company granted interest free, repayable on demand loans to a director during the year As part of this the company provided a facility to a director which was drawn against as follows		
	2011	2010
	£	£
S J Harris	<u>16,693</u>	<u>8,690</u>
The movements on the director's loan account and amounts owed at the balance sheet date were		
	2011	2010
S J Harris	£	£
Director's account at 1 February 2010	(188)	(3,235)
Monies drawn	16,693	8,690
Credits received	<u>(10,548)</u>	<u>(5,643)</u>
Director's account at 31 January 2011	<u>5,957</u>	<u>(188)</u>

These transactions have been aggregated by kind. The director considers that this treatment does not impair a true and fair view of the financial statements