

REGISTERED NUMBER: 06059683 (England and Wales)

Financial Statements

For The Period 22 January 2007 to 31 January 2008

for

ACTION FITNESS LTD

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24/10/2008

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ACTION FITNESS LTD

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For The Period 22 January 2007 to 31 January 2008

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ACTION FITNESS LTD

Company Information

For The Period 22 January 2007 to 31 January 2008

DIRECTOR: K Ankin

SECRETARY: Mrs D Ankin

REGISTERED OFFICE: Unit 40
Grainger Industrial Estate
Southend on Sea
Essex
SS2 5DD

REGISTERED NUMBER: 06059683 (England and Wales)

ACCOUNTANTS: Brian Nuttgens Accountants Ltd
Cobat House
1446 - 1448 London Road
Leigh On Sea
Essex
SS9 2UW

ACTION FITNESS LTD

Report of the Director
For The Period 22 January 2007 to 31 January 2008

The director presents his report with the financial statements of the company for the period 22 January 2007 to 31 January 2008

INCORPORATION

The company was incorporated on 22 January 2007

DIRECTOR

K Ankin was appointed as a director on 22 January 2007 and held office during the whole of the period from then to the date of this report

The director, being eligible, offers himself for election at the forthcoming first Annual General Meeting

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

ON BEHALF OF THE BOARD:

K Ankin - Director

Date

ACTION FITNESS LTD

Balance Sheet
31 January 2008

| | Notes | £ |
|--|-------|------------|
| CURRENT ASSETS | | |
| Cash in hand | | 100 |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>100</u> |
| CAPITAL AND RESERVES | | |
| Called up share capital | 2 | <u>100</u> |
| SHAREHOLDERS' FUNDS | | <u>100</u> |

The company is entitled to exemption from audit under Section 249AA(1) of the Companies Act 1985 for the period ended 31 January 2008

The members have not required the company to obtain an audit of its financial statements for the period ended 31 January 2008 in accordance with Section 249B(2) of the Companies Act 1985

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the company

These financial statements have been prepared in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007)

The financial statements were approved by the director on

23/1/08

and were signed by,



K Ankin - Director

Profit and Loss Account

For The Period 22 January 2007 to 31 January 2008

During the financial year the company has not traded and has received no income and incurred no expenditure. Consequently, the company has made neither a profit nor a loss

The notes form part of these financial statements

ACTION FITNESS LTD

Notes to the Financial Statements **For The Period 22 January 2007 to 31 January 2008**

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007)

The company was dormant throughout the period ended 31 January 2008

2 CALLED UP SHARE CAPITAL

| Authorised Number | Class | Nominal value | £ |
|----------------------|----------|------------------|-------|
| 1,000 | Ordinary | 1 | 1,000 |

| Allotted, issued and fully paid Number | Class | Nominal value. | £ |
|---|----------|-------------------|-----|
| 100 | Ordinary | 1 | 100 |

ACTION FITNESS LTD

Report of the Accountants to the Director of
ACTION FITNESS LTD

As described on the balance sheet you are responsible for the preparation of the financial statements for the period ended 31 January 2008 set out on pages three to four and you consider that the company is exempt from an audit.

In accordance with your instructions, we have compiled these unaudited financial statements in order to assist you to fulfil your statutory responsibilities, from the accounting records and information and explanations supplied to us

Brian Nuttgens Accountants Ltd
Cobat House
1446 - 1448 London Road
Leigh On Sea
Essex
SS9 2UW



Date

24/1/08