



Companies House
— for the record —

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Annual Return



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Company Name: **ACTION FITNESS LIMITED**

Company Number: **06059683**

Company Details

Period Ending: **22/01/2008**

Company Type: **PRIVATE COMPANY LIMITED BY SHARES**

Principal Business Activities:

SIC codes:

7487

*Registered Office
Address:*

**UNIT 11 GRAINGER
ROAD INDUSTRIAL
ESTATE
SOUTHEND ON SEA
ESSEX
SS2 5DD**

*Register of
Members Address:*

*Register of Debenture
Holders Address:*

Details of Officers of the Company

Company Secretary 1:

Name: **DEBBORAH ANKIN**

Address: **96 SHOEBURY ROAD
SOUTHEND ON SEA
ESSEX
SS1 3RS**

Director 1 :

Name: **KEVIN ANKIN**

Address: **96 SHOEBURY ROAD
THORPE BAY
ESSEX
SS1 3RS**

Date of Birth:

22/09/1962

Nationality:

British

Occupation:

DIRECTOR

Share Capital

Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
ORDINARY	100	GBP100

TOTALS

100

GBP100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 22/01/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

Shareholding 1:

50 ORDINARY Shares held as at 22/01/2008

Name:

KEVIN ANKIN

Address:

**96 SHOEBURY ROAD
THORPE BAY
ESSEX
ENGLAND
SS1 3RS**

Shareholding 2:

50 ORDINARY Shares held as at 22/01/2008

Name:

DEBBORAH ANKIN

Address:

**96 SHOEBURY ROAD
THORPE BAY
ESSEX
ENGLAND
SS1 3RS**

Authorisation

Authoriser Designation: **director**

Date Authorised: **29/07/2008**

Authenticated: **Yes (E/W)**