



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **A1 BACK CARE AND ERGONOMIC SOLUTIONS LIMITED**

Company Number: **06039046**

Date of this return: **02/01/2011**

SIC codes: **8512**

Company Type: **Private company limited by shares**

Situation of Registered Office: **8 HILLSIDE
WARE
HERTFORDSHIRE
SG12 9JZ**

Officers of the company

Company Secretary 1

Type: **Person**

Full forename(s): **CAROL**

Surname: **SHARP**

Former names:

Service Address: **WANTZ END
TIPPS CROSS LANE HOOK END
BRENTWOOD
ESSEX
CM15 0HR**

Company Director ***I***

Type: **Person**

Full forename(s): **CAROL**

Surname: **SHARP**

Former names:

Service Address: **WANTZ END
TIPPS CROSS LANE HOOK END
BRENTWOOD
ESSEX
CM15 0HR**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **19/02/1954** *Nationality:* **BRITISH**

Occupation: **BACK CARE CONSULTANT**

Company Director 2

Type: **Person**

Full forename(s): **SHARON**

Surname: **WHYTE**

Former names:

Service Address: **8 HILLSIDE
WARE
HERTFORDSHIRE
SG12 9JZ**

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **28/07/1964** *Nationality:* **BRITISH**

Occupation: **BUSINESS MANAGER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>			
VOTING RIGHTS			

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 02/01/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : **2 ORDINARY shares held as at 2011-01-02**

Name: **CAROL SHARP**

Name: **SHARON WHYTE**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.