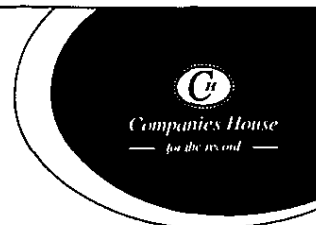


# TM01

## Termination of appointment of director



You can use the WebFiling service to file this form online.  
Please go to [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

☒ **What this form is for**  
You may use this form  
to terminate the appointment of a  
director (individual or corporate)

☐ **What this form is NOT for**  
You cannot use this form to  
terminate the appointment of a  
secretary. To do this, use form  
TM02 'Termination of  
appointment of secretary'

FRIDAY



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COMPANIES HOUSE

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### 1 Company details

Company number 06039056  
Company name in full A1 BACK CARE AND ERGONOMIC SOLUTIONS LIMITED

→ **Filing in this form**  
Please complete in typescript or in  
bold black capitals  
All fields are mandatory unless  
specified or indicated by \*

### 2 Director's current details on the Register

Please give us the current appointment details of this director held on the  
public Register

Date of birth\* ① d 1 d 9 m 0 m 2 y 1 y 9 y 5 y 4  
Title\* MRS  
Full forename(s) CAROL  
Surname/Corporate name SHARP

① **Date of birth**  
Providing a date of birth will help  
us identify the correct person on  
the public record. This is voluntary  
information and if completed it will  
be placed on the public record

### 3 Termination date②

Date of termination of appointment d 3 d 1 m 1 m 2 y 2 y 0 y 1 y 2

② Only one director appointment can  
be terminated per form

### 4 Signature

I am signing this form on behalf of the company

Signature

Signature  
X X

③ **Societas Europaea**  
If the form is being filed on behalf  
of a Societas Europaea (SE) please  
delete 'director' and insert details  
of which organ of the SE the person  
signing has membership

④ **Person authorised**  
Under either section 270 or 274 of  
the Companies Act 2006

This form may be signed by  
Director⑤, Secretary, Person authorised④, Liquidator, Administrator,  
Administrative receiver, Receiver, Receiver manager, Charity Commission receiver  
and manager, CIC manager, Judicial factor

# TM01

## Termination of appointment of director



### Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	STARR J WHITE
Company name	AI BACK OFF & BEGINNING SOLUTIONS LTD
Address	8 HILLSIDE WALK HERTS SG12 9JZ
Post town	
County/Region	
Postcode	SG12 9JZ
Country	UK
DX	DX 33050 CARDIFF
Telephone	01920 486724



### Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register
- ☐ You have correctly entered the name of the director being terminated
- ☐ You have included the date of termination
- ☐ You have signed the form



### Important information

Please note that all information on this form will appear on the public record



### Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

**For companies registered in England and Wales**  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland**  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**  
The Registrar of Companies, Companies House,  
Second Floor, The Linenhall, 32-38 Linenhall Street,  
Belfast, Northern Ireland, BT2 8BG  
DX 481 N R Belfast 1



### Further information

For further information, please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)