

Registered Number 06038324

ALL-FREE NATURAL FOODS LIMITED

Abbreviated Accounts

31 December 2013

Abbreviated Balance Sheet as at 31 December 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		£	£
Fixed assets			
Intangible assets		-	-
Tangible assets		-	-
Investments		-	-
		<u>-</u>	<u>-</u>
Current assets			
Stocks		-	-
Debtors		-	-
Investments		-	-
Cash at bank and in hand		-	-
		<u>-</u>	<u>-</u>
Creditors: amounts falling due within one year		<u>(3,247)</u>	<u>(3,016)</u>
Net current assets (liabilities)		<u>(3,247)</u>	<u>(3,016)</u>
Total assets less current liabilities		<u>(3,247)</u>	<u>(3,016)</u>
Creditors: amounts falling due after more than one year		(58,694)	(56,244)
Total net assets (liabilities)		<u>(61,941)</u>	<u>(59,260)</u>
Capital and reserves			
Called up share capital		100	100
Profit and loss account		(62,041)	(59,360)
Shareholders' funds		<u>(61,941)</u>	<u>(59,260)</u>

- For the year ending 31 December 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 31 July 2014

And signed on their behalf by:

Alfred Ogunsanya (Mr), Director

Majekodunmi (Mr), Director

Notes to the Abbreviated Accounts for the period ended 31 December 2013**1 Accounting Policies****Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

2 Transactions with directors

Name of director receiving advance or credit:	Alfred Ogunsanya
Description of the transaction:	Loan to company
Balance at 1 January 2013:	£ 56,244
Advances or credits made:	£ 2,450
Advances or credits repaid:	£ 0
Balance at 31 December 2013:	<u>£ 58,694</u>

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