



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **A.L.F. OFFICE SOLUTIONS LTD**

*Company Number:* **06007592**

*Date of this return:* **23/11/2010**

*SIC codes:* **7210**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **C/O COLE MARIE  
PRIORY HOUSE, 45-51 HIGH STREET  
REIGATE  
SURREY  
RH2 9AE**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **GREGORY TRISTRAM**

*Surname:* **DOWNER**

*Former names:*

*Service Address:* **3 TUDOR CLOSE  
SANDY LANE SOUTH  
WALLINGTON  
SM6 9RG**

*Company Director*    ***1***

*Type:*                      **Person**

*Full forename(s):*        **ANDRE ERIC LA**

*Surname:*                **FRENAIS**

*Former names:*

*Service Address:*        **TOWER HOUSE  
OLD WATLING STREET FLAMSTEAD  
ST. ALBANS  
HERTFORDSHIRE  
UNITED KINGDOM  
AL3 8HL**

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **18/07/1964**

*Nationality:*    **BRITISH**

*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY # 1</b>	<i>Number allotted</i>	<b>100</b>
		<i>Aggregate nominal value</i>	<b>100</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>100</b>
		<i>Total aggregate nominal value</i>	<b>100</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 23/11/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for a private or non-traded public company are shown below*

*Shareholding 1* : 100 ORDINARY # 1 shares held as at 2010-11-23  
*Name:* ANDRE ERIC LA FRENAIS

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.