accordance with Section 167 of the Companies Act 2006

TM01

Termination of appointment of director

IRIS Laserform

You can use the WebFiling service to file this form online.
Please go to www companieshouse gov uk

✓ **What this form is for**
You may use this form to terminate the appointment of a director (individual or corporate)

✗ **What this form is NOT for**
You cannot use this form to terminate the appointment of secretary To do this, please TM02 'Termination of appoin of secretary'

FRIDAY

A35LML00
A39 11/04/2014 #139
COMPANIES HOUSE

1 Company details

Company number	0 6 0 0 5 2 2 1
Company name in full	GYMOPHOBICS (COLCHESTER) LIMITED

→ **Filling in this form**
Please complete in typescript or in bold black capitals

All fields are mandatory unless specified or indicated by *

2 Director's current details on the Register

Please give us the current appointment details of this director held on the public Register

Date of birth* ❶	d 0 d 5 m 0 m 5 y 1 y 9 y 6 y 8
Title*	MRS
Full forename(s)	JOANNA IRENE MARIA
Surname/Corporate name	RIGBY

❶ **Date of birth**
Providing a date of birth will help us identify the correct person on the public record This is voluntary information and if completed it will be placed on the public record

3 Termination date ❷

Date of termination of appointment	d 0 d 2 m 0 m 4 y 2 y 0 y 1 y 4

❷ Only one director appointment can be terminated per form

4 Signature

I am signing this form on behalf of the company

Signature

Signature
X X

This form may be signed by
Director ❸, Secretary, Person authorised ❹, Liquidator, Administrator, Administrative receiver, Receiver, Receiver manager, Charity Commission receiver and manager, CIC manager, Judicial factor

❸ **Societas Europaea**
If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership

❹ **Person authorised**
Under either section 270 or 274 of the Companies Act 2006

TM01
Termination of appointment of director

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form The contact information you give will be visible to searchers of the public record

Contact name SL/2370-11

Company name Birketts LLP

Address 24-26 Museum Street

Post town Ipswich

County/Region Suffolk

Postcode I P 1 1 H Z

Country England

DX DX 3206 IPSWICH

Telephone 01473 232300

Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following:

[X] The company name and number match the information held on the public Register
[X] You have correctly entered the name of the director being terminated
[X] You have included the date of termination
[X] You have signed the form

Important information

Please note that all information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland:
The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland:
The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG
DX 481 N R Belfast 1

Further information

For further information, please see the guidance notes on the website at www companieshouse gov uk
or email enquiries@companieshouse gov uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk