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Company Registration No. 05998994 (England and Wales)

FOAMS 4 SPORTS LIMITED
ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2009

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FOAMS 4 SPORTS LIMITED

CONTENTS

	Page
Abbreviated balance sheet	1
Notes to the abbreviated accounts	2 - 3

FOAMS 4 SPORTS LIMITED

ABBREVIATED BALANCE SHEET

AS AT 31 DECEMBER 2009

	Notes	2009 £	£	2008 £	£
Fixed assets					
Tangible assets	2		64,481		47,761
Current assets					
Stocks		60,390		35,418	
Debtors		209,531		123,221	
Cash at bank and in hand		114,012		111,052	
		383,933		269,691	
Creditors amounts falling due within one year		(312,268)		(268,778)	
Net current assets			71,665		913
Total assets less current liabilities			136,146		48,674
Provisions for liabilities			(11,378)		(7,566)
			124,768		41,108
Capital and reserves					
Called up share capital	3		1,000		1,000
Profit and loss account			123,768		40,108
Shareholders' funds			124,768		41,108

For the financial year ended 31 December 2009 the company was entitled to exemption from audit under section 477 Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to accounts, so far as applicable to the company.

These abbreviated accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

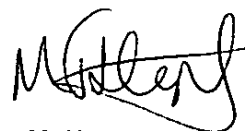
Approved by the Board for issue on 2 June 2010



D Burrows
Director



A Horrocks
Director



M Hart
Director

Company Registration No 05998994

FOAMS 4 SPORTS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 DECEMBER 2009

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated)

1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows

Leasehold improvements	2 years straight line
Plant and machinery	15% straight line
Fixtures, fittings & equipment	15% straight line
Motor vehicles	25% straight line

1.5 Leasing

Rentals payable under operating leases are charged against income on a straight line basis over the lease term

1.6 Stock and work in progress

Stock and work in progress are valued at the lower of cost and net realisable value

1.7 Pensions

The company operates a defined contribution scheme for the benefit of its employees. Contributions payable are charged to the profit and loss account in the year they are payable

1.8 Deferred taxation

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted

FOAMS 4 SPORTS LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2009

2 Fixed assets

	Tangible assets £
Cost	
At 1 January 2009	58,338
Additions	31,724
At 31 December 2009	90,062
Depreciation	
At 1 January 2009	10,577
Charge for the year	15,004
At 31 December 2009	25,581
Net book value	
At 31 December 2009	64,481
At 31 December 2008	47,761

3 Share capital

	2009 £	2008 £
Allotted, called up and fully paid		
100 Ordinary 'A' shares of £1 each	100	100
300 Ordinary 'B' shares of £1 each	300	300
300 Ordinary 'C' shares of £1 each	300	300
300 Ordinary 'D' shares of £1 each	300	300
	1,000	1,000