

Registration number 05912288 (England and Wales)

Absolute Training Limited

Abbreviated accounts

for the year ended 31 August 2010



Absolute Training Limited

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Absolute Training Limited

**Accountants' report on the unaudited financial statements to the directors of
Absolute Training Limited**

As described on the balance sheet you are responsible for the preparation of the financial statements for the year ended 31 August 2010 set out on pages 2 to 5 and you consider that the company is exempt from an audit. In accordance with your instructions we have compiled these unaudited financial statements, in order to assist you to fulfil your statutory responsibilities, from the accounting records and information supplied to us.

**C.R.Ashford FCCA
Chartered Certified Accountant
Date: 25 February 2011**

Absolute Training Limited

**Abbreviated balance sheet
as at 31 August 2010**

		2010		2009	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	2		690		738
Current assets					
Debtors		2,092		1,741	
Cash at bank and in hand		4,628		1,025	
		<u>6,720</u>		<u>2,766</u>	
Creditors: amounts falling due within one year		<u>(7,222)</u>		<u>(3,337)</u>	
Net current liabilities			<u>(502)</u>		<u>(571)</u>
Total assets less current liabilities			<u>188</u>		<u>167</u>
Net assets			<u>188</u>		<u>167</u>
Capital and reserves					
Called up share capital	3		100		100
Profit and loss account			88		67
Shareholders' funds			<u>188</u>		<u>167</u>

The directors' statements required by Sections 475(2) and (3) are shown on the following page which forms part of this Balance Sheet

The notes on pages 4 to 5 form an integral part of these financial statements.

Absolute Training Limited

Abbreviated balance sheet (continued)

**Directors' statements required by Sections 475(2) and (3)
for the year ended 31 August 2010**

In approving these abbreviated accounts as directors of the company we hereby confirm

- (a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ,
- (b) that no notice has been deposited at the registered office of the company pursuant to Section 476 requesting that an audit be conducted for the year ended 31 August 2010 , and
- (c) that we acknowledge our responsibilities for
 - (1) ensuring that the company keeps accounting records which comply with Section 386 , and
 - (2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 393 and which otherwise comply with the provisions of the Companies Act 2006 relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The abbreviated accounts were approved by the Board on 25 February 2011 and signed on its behalf by

Miss C Valvona
Director



Registration number 05912288 (England and Wales)

The notes on pages 4 to 5 form an integral part of these financial statements.

Absolute Training Limited

Notes to the abbreviated financial statements for the year ended 31 August 2010

1. Accounting policies

1.1. Accounting convention

The accounts are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities

1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows

Plant and machinery - Write of over three years

1.4. Pensions

The pension costs charged in the financial statements represent the contribution payable by the company during the year

The regular cost of providing retirement pensions and related benefits is charged to the profit and loss account over the employees' service lives on the basis of a constant percentage of earnings

2. Fixed assets

	Tangible fixed assets £
Cost	
At 1 September 2009	1,194
Additions	525
At 31 August 2010	<u>1,719</u>
Depreciation	
At 1 September 2009	456
Charge for year	573
At 31 August 2010	<u>1,029</u>
Net book values	
At 31 August 2010	<u>690</u>
At 31 August 2009	<u>738</u>

Absolute Training Limited

**Notes to the abbreviated financial statements
for the year ended 31 August 2010**

continued

3. Share capital	2010	2009
	£	£
Allotted, called up and fully paid		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
Equity Shares		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
4. Transactions with directors		
Miss C Valvona	948	820
K J Tucker	<u>1,138</u>	<u>921</u>
		<u>-</u>