

ABBREVIATED UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 30TH SEPTEMBER 2009  
FOR  
ABSOLUTE HEALTH LIMITED

**J.G.C. ABBOTT**  
Chartered Accountant



**ABSOLUTE HEALTH LIMITED**

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**FOR THE YEAR ENDED 30TH SEPTEMBER 2009**

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**ABSOLUTE HEALTH LIMITED**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30TH SEPTEMBER 2009**

**DIRECTORS**

S J MURRAY  
MRS V R MURRAY

**SECRETARY:**

S J MURRAY

**REGISTERED OFFICE:**

108 EDWARD AVENUE  
NARBOROUGH ROAD SOUTH  
LEICESTER  
LEICESTERSHIRE  
LE3 2PD

**REGISTERED NUMBER:**

05902795 (England and Wales)

**ACCOUNTANT:**

J G C ABBOTT  
CHARTERED ACCOUNTANT  
6 STONEY FIELD,  
HIGHNAM,  
GLOUCESTER  
GLOUCESTERSHIRE  
GL2 8LY

**ABSOLUTE HEALTH LIMITED**  
**ABBREVIATED BALANCE SHEET**  
**30TH SEPTEMBER 2009**

	2009 £	2008 £
<b>CURRENT ASSETS</b>		
Debtors	-	783
Cash at bank	4,675	3,154
	<u>4,675</u>	<u>3,937</u>
<b>CREDITORS</b>		
Amounts falling due within one year	4,810	600
	<u>4,810</u>	<u>600</u>
<b>NET CURRENT (LIABILITIES)/ASSETS</b>	<u>(135)</u>	<u>3,337</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>	<u>(135)</u>	<u>3,337</u>
<b>CAPITAL AND RESERVES</b>		
Called up share capital	2	2
Profit and loss account	(137)	3,335
	<u>(135)</u>	<u>3,337</u>
<b>SHAREHOLDERS' FUNDS</b>	<u>(135)</u>	<u>3,337</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th September 2009

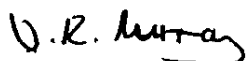
The members have not required the company to obtain an audit of its financial statements for the year ended 30th September 2009 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 25th May 2010 and were signed on its behalf by

  
MRS V R MURRAY - Director

The notes form part of these abbreviated accounts

**ABSOLUTE HEALTH LIMITED**

**NOTES TO THE ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 30TH SEPTEMBER 2009**

**1 ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**Turnover**

Turnover represents net invoiced sales of goods, excluding value added tax

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease

**2 CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid

Number	Class	Nominal value £1	2009 £ <u>2</u>	2008 £ <u>2</u>
2	Ordinary			

**CHARTERED ACCOUNTANT'S REPORT TO THE BOARD OF DIRECTORS**  
**ON THE UNAUDITED FINANCIAL STATEMENTS OF**  
**ABSOLUTE HEALTH LIMITED**

The following reproduces the text of the report prepared for the directors in respect of the company's annual unaudited financial statements, from which the unaudited abbreviated accounts (set out on pages two to three) have been prepared.

In accordance with my terms of engagement and in order to assist you to fulfil your duties under the Companies Act 2006, I have compiled the financial statements of the company for the year ended 30th September 2009 which comprise the Profit and Loss Account, the Balance Sheet and the related notes from the accounting records and information and explanations you have given to me

This report is made to the company's Board of Directors, as a body, in accordance with the terms of my engagement. My work has been undertaken so that I might compile the financial statements that I have been engaged to compile, report to the company's Board of Directors that I have done so, and state those matters that I have agreed to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's Board of Directors, as a body, for my work or for this report.

I have carried out this engagement in accordance with technical guidance issued by the Institute of Chartered Accountants in England & Wales and have complied with the ethical guidance laid down by the Institute relating to members undertaking the compilation of financial statements.

You have acknowledged on the Balance Sheet as at 30th September 2009 your duty to ensure that the company has kept proper accounting records and to prepare financial statements that give a true and fair view under the Companies Act 2006. You consider that the company is exempt from the statutory requirement for an audit for the year.

I have not been instructed to carry out an audit of the financial statements. For this reason, I have not verified the accuracy or completeness of the accounting records or information and explanations you have given to me and I do not, therefore, express any opinion on the financial statements.



J G C ABBOTT  
CHARTERED ACCOUNTANT  
6 STONEY FIELD,  
HIGHNAM,  
GLOUCESTER  
GLOUCESTERSHIRE  
GL2 8LY

Date 25th May 2010