

Company Number : 05902795

ABSOLUTE HEALTH LIMITED

ACCOUNTS

30TH SEPTEMBER 2008

TUESDAY



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ABSOLUTE HEALTH LIMITED

DIRECTORS' REPORT

The directors present their report and the accounts for the period from 1st October 2007 to 30th September 2008.

1. PRINCIPAL ACTIVITY

Clinic providing podiatry and chiropody services and products being the principal activity. The clinic also provides alternative therapy treatments and beauty care.

2. DIRECTORS AND INTERESTS IN SHARES

The directors at 30th September 2008, together with their interests, as defined by the Companies Act 1985, in shares of the company was as follows:

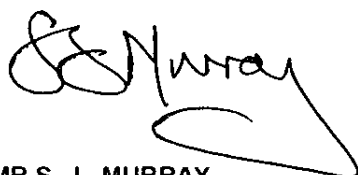
Ordinary £1 shares

2008

Mrs V.R. Murray	1
Mr S. J. Murray	1

This report has been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

By order of the Board



MR S. J. MURRAY
Company Secretary

6th February 2009

ABSOLUTE HEALTH LIMITED

PROFIT & LOSS ACCOUNT

for the period from 1st October 2007 to 30th September 2008

	Note	2008	2007
TURNOVER	1	78839	87146
Cost of Sales		(52974)	(55742)
GROSS PROFIT	£	<u>25865</u>	<u>31404</u>
Operating expenses		(10325)	(7993)
Administration expenses		(15823)	(19599)
PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION	2 £	<u>(283)</u>	<u>3812</u>
Sundry Income - Bank Interest		165	166
- HMRC - On-line Incentives		250	
Tax on profit on ordinary activities	3	0	(776)
PROFIT FOR THE FINANCIAL PERIOD	£	<u>132</u>	<u>3202</u>

ABSOLUTE HEALTH LIMITED

BALANCE SHEET

30th September 2008

	Note	2008	2007
CURRENT ASSETS	4		
Cash at bank and in hand		3154	4565
Debtors		783	
		<u>3937</u>	<u>4565</u>
CREDITORS	5		
Creditors due within one year		600	585
		<u></u>	<u></u>
NET CURRENT ASSETS	£	<u>3337</u>	<u>3980</u>
CAPITAL AND RESERVES	6		
Called up share capital		2	2
Profit and loss account		3335	3202
Corporation tax		0	776
		<u></u>	<u></u>
SHAREHOLDERS' FUNDS	£	<u>3337</u>	<u>3980</u>

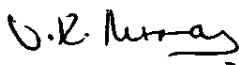
For the period from 1st October 2007 to 30th September 2008 the company was entitled to exemption from audit under Section 249A (1) of the Companies Act 1985 "The Act" and no notice has been deposited under Section 249B(2) of the Act.

The directors acknowledge their responsibility for:

- i) ensuring the company keeps proper accounting records which comply with Section 221 of the Act, and
- ii) preparing accounts which give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226 of the Act, and which otherwise comply with the requirements of the Act relating to accounts.

These financial statements are prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies and in accordance with the Financial Reporting Standard for Smaller Entities.

Approved by the board on 6th February 2009.



V.R. MURRAY - Director

ABSOLUTE HEALTH LIMITED

NOTES TO THE ACCOUNTS

for the period from 1st October 2007 to 30th September 2008

ACCOUNTING POLICIES

- 1** The accounts have been prepared under the historical cost convention, adopting the following principal accounting policies:

Turnover

Turnover represents the amounts, receivable during the period for services and goods supplied.

Deferred taxation

Provision is made for deferred taxation using the liability method (calculated at the rate at which it is estimated that tax will be payable) in respect of timing differences between profits as computed for tax purposes and profits as stated in the accounts to the extent that those differences will give rise to tax liabilities in the foreseeable future.

PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION

- 2** Profit on ordinary activities before taxation is stated after charging:

Directors emoluments	£	7900
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TAX ON PROFIT ON ORDINARY ACTIVITIES

- 3** Corporation tax liability arising on the result for the period

The company has no potential liability to deferred taxation.	£	NIL
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ABSOLUTE HEALTH LIMITED

NOTES TO THE ACCOUNTS

for the period from 1st October 2007 to 30th September 2008

CURRENT ASSETS

4	Debtors due against trading Prepayments	783
		£ <u>783</u>

CREDITORS

5	Creditors due Accruals	600
		£ <u>600</u>

SHARE CAPITAL

6	Authorised:-	
	Ordinary shares of £1 each	£ 1000
	Allotted and fully paid:	<u> </u>
	Ordinary shares of £1 each	2008
		£ 2