



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **MUSCLESTARS4U LIMITED**

Company Number: **05877570**

Date of this return: **17/07/2010**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **69 GREAT HAMPTON STREET
BIRMINGHAM
WEST MIDLANDS
UNITED KINGDOM
B18 6EW**

Officers of the company

Company Secretary 1

Type: **Corporate**
Name: **GO AHEAD SERVICE LIMITED**

*Registered or
principal address:* **69 GREAT HAMPTON STREET
BIRMINGHAM
WEST MIDLANDS
UNITED KINGDOM
B18 6EW**

European Economic Area (EEA) Company

Register Location: **ENGLAND & WALES**
Registration Number: **05217519**

Company Director ***I***

Type: **Person**

Full forename(s): **FREDERIC**

Surname: **MAIER-BOZIC**

Former names:

Service Address: **BARER STR. 80
80799
MUENCHEN
GERMANY**

Country/State Usually Resident: **MUENCHEN, GERMANY**

Date of Birth: **16/03/1966**

Nationality: **AUSTRIAN**

Occupation: **DIRECTOR**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	100
		<i>Aggregate nominal value</i>	100.00
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1.00
		<i>Amount unpaid per share</i>	0

Prescribed particulars

SHARES RANK EQUALLY FOR VOTING PURPOSES. ON A SHOW OF HANDS EACH MEMBER SHALL HAVE ONE VOTE AND ON A POLL EACH MEMBER SHALL HAVE ONE VOTE PER SHARE HELD. THE VOTING RIGHTS ARE MORE PARTICULARLY DESCRIBED IN THE ARTICLES OF ASSOCIATION.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	100
		<i>Total aggregate nominal value</i>	100

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 17/07/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 100 ORDINARY shares held as at 2010-07-17
Name: FREDERIC MAIER-BOZIC

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.