

Registered Number 05873391

ABSOLUTE WELLNESS CENTRE LIMITED

Abbreviated Accounts

31 July 2010

Balance Sheet as at 31 July 2010

	Notes	2010	2009
		£	£
Fixed assets			
Intangible	2	13,600	17,000
Tangible	3	<u>23,968</u>	<u>29,538</u>
Total fixed assets		37,568	46,538
Current assets			
Debtors		4,722	3,642
Cash at bank and in hand		2,092	407
Total current assets		<u>6,814</u>	<u>4,049</u>
Prepayments and accrued income (not expressed within current asset sub-total)		(9,108)	
Creditors: amounts falling due within one year			(10,433)
Net current assets		(2,294)	(6,384)
Total assets less current liabilities		<u>35,274</u>	<u>40,154</u>
Creditors: amounts falling due after one year		(60,392)	(28,268)
Total net Assets (liabilities)		(25,118)	11,886
Capital and reserves			
Called up share capital		10,000	10,000
Profit and loss account		<u>(35,118)</u>	<u>1,886</u>
Shareholders funds		<u>(25,118)</u>	<u>11,886</u>

- a. For the year ending 31 July 2010 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 26 April 2011

And signed on their behalf by:

Criss Partridge, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 July 2010

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Goodwill 20.00% 5 Years

2 Intangible fixed assets

Cost Or Valuation	£
At 31 July 2009	17,000
At 31 July 2010	<u>17,000</u>
Depreciation	
Charge for year	3,400
At 31 July 2010	<u>3,400</u>
Net Book Value	
At 31 July 2009	17,000
At 31 July 2010	<u>13,600</u>

3 Tangible fixed assets

Cost	£
At 31 July 2009	46,910
additions	8,210
disposals	
revaluations	
transfers	
At 31 July 2010	<u>55,120</u>
Depreciation	
At 31 July 2009	17,372
Charge for year	13,780
on disposals	
At 31 July 2010	<u>31,152</u>

Net Book Value	
At 31 July 2009	29,538
At 31 July 2010	<u>23,968</u>

4 Transactions with directors

The Company was under the control of Mr Criss Partridge and Heidi Anne Chandler throughout the period