	Registered number: 05860966		
ABLECARE (HELST	ON) LIMITED		

UNAUDITED

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 NOVEMBER 2012

ABLECARE (HELSTON) LIMITED REGISTERED NUMBER: 05860966

ABBREVIATED BALANCE SHEET AS AT 30 NOVEMBER 2012

	•		2012	_	2011
	Note	£	£	£	£
FIXED ASSETS					
Tangible assets	2		35,254		45,987
CURRENT ASSETS					
Debtors	3	72,954		70,000	
Cash at bank and in hand		16,405		726	
		89,359		70,726	
CREDITORS: amounts falling due within one year	.	(36,831)		(23,692)	
NET CURRENT ASSETS			52,528		47,034
TOTAL ASSETS LESS CURRENT LIABILIT	TE\$		87,782		93,021
PROVISIONS FOR LIABILITIES					
Deferred tax			(5,752)		(2,485)
NET ASSETS			82,030	:	90,536
CAPITAL AND RESERVES					
Called up share capital	4		100		100
Profit and loss account			81,930		90,436
SHAREHOLDERS' FUNDS			82,030		90,536

The directors consider that the company is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ("the Act") and members have not required the company to obtain an audit for the year in question in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and for preparing financial statements which give a true and fair view of the state of affairs of the company as at 30 November 2012 and of its loss for the year in accordance with the requirements of sections 394 and 395 of the Act and which otherwise comply with the requirements of the Companies Act 20 relating to financial statements, so far as applicable to the company.

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ABLECARE (HELSTON) LIMITED

ABBREVIATED BALANCE SHEET (continued) AS AT 30 NOVEMBER 2012

The abbreviated accounts, which have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, were approved and authorised for issue by the board and were signed on its behalf on 26 July 2013.

Mr D McInulty

Director

The notes on pages 3 to 4 form part of these financial statements.

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ABLEÇARE (HELŞTON) LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2012

1. ACCOUNTING POLICIES

1.1 BASIS OF PREPARATION OF FINANCIAL STATEMENTS

The full financial statements, from which these abbreviated accounts have been extracted, have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

1.2 TURNOVER

Turnover comprises revenue recognised by the company in respect of goods and services supplied during the year, exclusive of Value Added Tax and trade discounts.

1.3 TANGIBLE FIXED ASSETS AND DEPRECIATION

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

L/Term Leasehold Property - 10% reducing balance
Plant & machinery - 25% reducing balance
Fixtures & fittings - 25% reducing balance
Office equipment - 33% straight line

2. TANGIBLE FIXED ASSETS

£

COST

At 1 December 2011 and 30 November 2012

85,647

DEPRECIATION

At 1 December 2011 39,660

Charge for the year	10,733
At 30 November 2012	50,393
NET BOOK VALUE	
At 30 November 2012	<u>35,254</u>
At 30 November 2011	45,987

3. DEBTORS

Other debtors relate to money owed by a partnership that the directors/Shareholders are also partners.

ABLECARE (HELSTON) LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 NOVEMBER 2012

4. SHARE CAPITAL

	2012 £	2011 £
ALLOTTED, CALLED UP AND FULLY PAID		
100 Ordinary shares of £1 each	100	100

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