



Companies House

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **27/08/2015**

**X4ENA8HC**

*Company Name:* **APNEE SEHAT COMMUNITY INTEREST COMPANY**

*Company Number:* **05860129**

*Date of this return:* **28/06/2015**

*SIC codes:* **86900**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **23 ARLEY ROAD  
SOLIHULL  
WEST MIDLANDS  
B91 1NJ**

**Officers of the company**

## *Company Secretary 1*

Type: **Person**  
Full forename(s): **MR PETER ROBIN**

Surname: **CUNLIFFE**

Former names:

Service Address: **23 ARLEY ROAD  
SOLIHULL  
WEST MIDLANDS  
B91 1NJ**

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## *Company Director 1*

Type: **Person**  
Full forename(s): **DR SANJIV**

Surname: **AGARWAL**

Former names:

*Service Address recorded as Company's registered office*

Country/State Usually Resident: **ENGLAND**

Date of Birth: **13/02/1968** Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

*Company Director*    **2**

*Type:*                                **Person**  
*Full forename(s):*                **DOCTOR RUMEENA**

*Surname:*                         **GUJRAL**

*Former names:*                 **RUMEENA GUJRAL BHALLA**

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*    **UNITED KINGDOM**

*Date of Birth:*    **27/08/1977**                                *Nationality:*    **BRITISH**

*Occupation:*    **NONE**

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*Company Director*    **3**

*Type:*                      **Person**

*Full forename(s):*        **WASIM**

*Surname:*                **HANIF**

*Former names:*

*Service Address:*        **43 ANSTRUTHER ROAD  
EDGBASTON  
BIRMINGHAM  
B15 3NW**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **05/10/1964**                      *Nationality:*    **BRITISH**

*Occupation:*    **CONSULTANT PHYSICIAN**

*Company Director* 4

*Type:* **Person**  
*Full forename(s):* **PROFESSOR ELIZABETH ANN**

*Surname:* **HUGHES**

*Former names:*

*Service Address:* **VALESWOOD  
61 SALISBURY ROAD, MOSELEY  
BIRMINGHAM  
WEST MIDLANDS  
B13 8LB**

*Country/State Usually Resident:* **ENGLAND**

*Date of Birth:* **11/01/1957** *Nationality:* **BRITISH**  
*Occupation:* **DOCTOR**

*Company Director*    **5**

*Type:*                      **Person**

*Full forename(s):*        **DR VINOD**

*Surname:*                **PATEL**

*Former names:*

*Service Address:*        **FIELD VIEW CONGERSTONE LANE  
CARLTON  
LEICESTSHIRE  
CV13 0AU**

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **09/01/1960**

*Nationality:*    **BRITISH**

*Occupation:*    **MEDICAL DR**

*Company Director*    **6**

*Type:*                            **Person**  
*Full forename(s):*            **MR QUENTIN MARK**

*Surname:*                      **COMPTON-BISHOP**

*Former names:*

*Service Address:*            **UNIVERSITY HOUSE KIRBY CORNER ROAD  
COVENTRY  
ENGLAND  
CV4 8UW**

*Country/State Usually Resident:*    **GREAT BRITAIN**

*Date of Birth:*    **08/07/1958**                      *Nationality:*    **BRITISH**  
*Occupation:*    **BUSINESS MANAGER**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>379</b>
		<i>Aggregate nominal value</i>	<b>379</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>67.8153</b>
		<i>Amount unpaid per share</i>	<b>0</b>

### *Prescribed particulars*

**EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES**

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>379</b>
		<i>Total aggregate nominal value</i>	<b>379</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 28/06/2015 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **60 ORDINARY shares held as at the date of this return**  
*Name:* **SUDHESH KUMAR**

*Shareholding 2* : **10 ORDINARY shares held as at the date of this return**  
*Name:* **KUMLISH KUNTI**

*Shareholding 3* : **20 ORDINARY shares held as at the date of this return**  
*Name:* **SHIRINE BOARDMAN**

*Shareholding 4* : **32 ORDINARY shares held as at the date of this return**  
*Name:* **WASIM HANIF**

*Shareholding 5* : **32 ORDINARY shares held as at the date of this return**  
*Name:* **ELIZABETH HUGHES**

*Shareholding 6* : **10 ORDINARY shares held as at the date of this return**  
*Name:* **APNEE SEHAT WARWICKSHIRE**

*Shareholding 7* : **78 ORDINARY shares held as at the date of this return**



*Name:* UNIVERSITY OF WARWICK

*Shareholding 8* : 1 ORDINARY shares held as at the date of this return

*Name:* GARY BOARDMAN

*Shareholding 9* : 32 ORDINARY shares held as at the date of this return

*Name:* VINOD PATEL

*Shareholding 10* : 12 ORDINARY shares held as at the date of this return

*Name:* PETER CUNLIFFE

*Shareholding 11* : 12 ORDINARY shares held as at the date of this return

*Name:* MANINDER MANGAT

*Shareholding 12* : 20 ORDINARY shares held as at the date of this return

*Name:* SATYAN RAJBHANDARI

*Shareholding 13* : 60 ORDINARY shares held as at the date of this return

*Name:* HEALTHCARE MEDICAL CONSULTANTS LIMITED

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.