

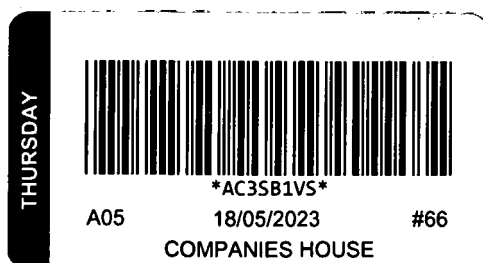
Registration number: 05834392

First Contact Clinical Community Interest Company

Annual Report and Unaudited Financial Statements

for the Year Ended 30 September 2022

Gillian Tyerman & Co
2/3 Robinson Terrace
Washington
Tyne & Wear
NE38 7BD



First Contact Clinical Community Interest Company

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First Contact Clinical Community Interest Company

Company Information

| | |
|--------------------------|--|
| Directors | Mrs Susan Gill Dr David Julien |
| Registered office | Tedco Business Works Henry Robson Way Station Road South Shields Tyne & Wear NE33 1RF |
| Accountants | Gillian Tyerman & Co 2/3 Robinson Terrace Washington Tyne & Wear NE38 7BD |

First Contact Clinical Community Interest Company

(Registration number: 05834392)
Balance Sheet as at 30 September 2022

| | Note | 2022 £ | 2021 £ |
|---|------|-----------|-----------|
| Fixed assets | | | |
| Tangible assets | 4 | 15,996 | 21,856 |
| Current assets | | | |
| Debtors | 5 | 137,740 | 100,984 |
| Cash at bank and in hand | | 385,467 | 306,118 |
| | | 523,207 | 407,102 |
| Creditors: Amounts falling due within one year | 6 | (250,307) | (194,297) |
| Net current assets | | 272,900 | 212,805 |
| Net assets | | 288,896 | 234,661 |
| Capital and reserves | | | |
| Called up share capital | 7 | 2 | 2 |
| Capital redemption reserve | | 1 | 1 |
| Retained earnings | | 288,893 | 234,658 |
| Shareholders' funds | | 288,896 | 234,661 |

For the financial year ending 30 September 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

These financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime and the option not to file the Profit and Loss Account has been taken.

Approved and authorised by the Board on 30 March 2023 and signed on its behalf by:



Mrs Susan Gill
Director

First Contact Clinical Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 30 September 2022

1 General information

The company is a private company limited by share capital, incorporated in England and Wales.

The address of its registered office is:

Tedco Business Works
Henry Robson Way
Station Road
South Shields
Tyne & Wear
NE33 1RF

These financial statements were authorised for issue by the Board on 30 March 2023.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

These financial statements have been prepared in accordance with Financial Reporting Standard 102 Section 1A smaller entities - 'The Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland' and the Companies Act 2006 (as applicable to companies subject to the small companies' regime).

Basis of preparation

These financial statements have been prepared using the historical cost convention except that as disclosed in the accounting policies certain items are shown at fair value.

Revenue recognition

Turnover comprises the fair value of the consideration received or receivable for the sale of goods and provision of services in the ordinary course of the company's activities. Turnover is shown net of sales/value added tax, returns, rebates and discounts.

The company recognises revenue when:

the amount of revenue can be reliably measured;

it is probable that future economic benefits will flow to the entity;

and specific criteria have been met for each of the company's activities.

Other grants

The company recognises revenue when the grant is received and specific criteria have been met for each of the company's activities. When the grant is received for specific expenditure, the grant is recognised as the expenditure is incurred.

Tax

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the company operates and generates taxable income.

First Contact Clinical Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 30 September 2022

Tangible assets

Tangible assets are stated in the statement of financial position at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation

Depreciation is charged so as to write off the cost of assets, other than land and properties under construction over their estimated useful lives, as follows:

| Asset class | Depreciation method and rate |
|--------------------|-------------------------------------|
| Office equipment | 33% straight line basis |

Trade debtors

Trade debtors are amounts due from customers for services performed in the ordinary course of business.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers.

Share capital

Ordinary shares are classified as equity. Equity instruments are measured at the fair value of the cash or other resources received or receivable, net of the direct costs of issuing the equity instruments. If payment is deferred and the time value of money is material, the initial measurement is on a present value basis.

Defined contribution pension obligation

A defined contribution plan is a pension plan under which fixed contributions are paid into a pension fund and the company has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised as employee benefit expense when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment

3 Staff numbers

The average number of persons employed by the company (including directors) during the year, was 66 (2021 - 52).

First Contact Clinical Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 30 September 2022

4 Tangible assets

| | Furniture, fittings and equipment £ | Total £ |
|--------------------------|--|------------|
| Cost or valuation | | |
| At 1 October 2021 | 96,082 | 96,082 |
| Additions | 9,416 | 9,416 |
| At 30 September 2022 | 105,498 | 105,498 |
| Depreciation | | |
| At 1 October 2021 | 74,226 | 74,226 |
| Charge for the year | 15,276 | 15,276 |
| At 30 September 2022 | 89,502 | 89,502 |
| Carrying amount | | |
| At 30 September 2022 | 15,996 | 15,996 |
| At 30 September 2021 | 21,856 | 21,856 |

5 Debtors

| | 2022 £ | 2021 £ |
|----------------|-----------|-----------|
| Current | | |
| Trade debtors | 133,133 | 98,074 |
| Prepayments | 4,607 | 2,910 |
| | 137,740 | 100,984 |

6 Creditors

Creditors: amounts falling due within one year

| | 2022 £ | 2021 £ |
|------------------------------|-----------|-----------|
| Due within one year | | |
| Trade creditors | 10,934 | 19,865 |
| Taxation and social security | 76,254 | 88,607 |
| Accruals and deferred income | 1,825 | 1,825 |
| Other creditors | 161,294 | 84,000 |
| | 250,307 | 194,297 |

First Contact Clinical Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 30 September 2022

7 Share capital

Allotted, called up and fully paid shares

| | 2022 | | 2021 | |
|----------------------------|-------------|----------|-------------|----------|
| | No. | £ | No. | £ |
| Ordinary shares of £1 each | <u>2</u> | <u>2</u> | <u>2</u> | <u>2</u> |

8 Related party transactions

First Contact Clinical Community Interest Company

Notes to the Unaudited Financial Statements for the Year Ended 30 September 2022

Directors' remuneration

The directors' remuneration for the year was as follows:

| | 2022 | 2021 |
|--|-----------------------|-----------------------|
| | £ | £ |
| Remuneration | 202,145 | 200,456 |
| Contributions paid to money purchase schemes | <u>2,642</u> | <u>2,630</u> |
| | <u><u>204,787</u></u> | <u><u>203,086</u></u> |

CIC 34**Community Interest Company Report**

For official use
(Please leave blank)

*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

First Contact Clinical Community Interest Company

Company Number

05834392

Year Ending

30th September 2022

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a fair and accurate description of how they have benefited the community, or section of the community, which the company is intended to serve.

Develop and deliver a range of training programmes that grow the knowledge, skills and confidence that enable positive behaviour change to improve the health and wellbeing of people from deprived areas and communities. The training is largely delivered to professionals and volunteers. The feedback shows that they rate their confidence as high following the training.

Deliver the following behaviour change (social prescribing) services (interventions):

- * social prescribing to people in the west and east end of Newcastle with long term illnesses.
- * social prescribing to people in South Tyneside, the funding allows us to embed within a range of pathways, partner organisations and to target a wide range of cohorts from the population.

- * social prescribing to people in North Tyneside via a community based team and as part of the 3 Primary Care Networks.

Our interventions enable people to self manage their health and care.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Stakeholders: commissioners, the people we work with, carers, the community and partners. We actively consult with the stakeholders of the services to improve our services. We have trained our staff in quality improvement to empower them to test and implement improvements from the front line. We conducted many short, specific surveys to further the support the improvement work. We solicit feedback from all users and commissioners of our training packages. We use focus groups with potential attendees to our courses in order to codesign the content to ensure it is fit for purpose. We have volunteers. We include users in the interviewing process and consulted with them on the attributes they wanted to see in a worker. We are exploring co-design and co-production as a tool to further improve our services

During this year we have focused on hidden carers. We consulted with both the carers and the professionals supporting them.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

Directors' remuneration is disclosed in the accounts. There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for directors' loss of office which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

(N.B. Please enclose a cheque for £15 payable to Companies House)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

Susan All.

Date

24/04/2023

Office held (tick as appropriate) ☒ Director ☐ Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

| | |
|------------------|------------------------|
| Business Works | |
| Henry Robson Way | |
| South Shields | |
| NE33 1RG | Telephone 0191 4329838 |
| DX Number | DX Exchange |

When you have completed and signed the form, please send it to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG