Abbreviated Accounts

30 June 2010

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Abbey Care Direct Limited Abbreviated Balance Sheet as at 30 June 2010

	Notes		2010 £		2009 £
Fixed assets			~		L
Tangible assets	2		578		723
Current assets					
Debtors		24,500		24,500	
Cash at bank and in hand		3,578		3,011	
	-	28,078		27,511	
Creditors, amounts falling du	ie				
within one year		(27,599)		(28,216)	
Net current assets/(liabilities) -		479		(705)
Net assets			1,057	-	18
Capital and reserves					
Called up share capital	3		150		150
Profit and loss account			907		(132)
Shareholders' funds		-	1,057	-	18

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006 and that members have not required the company to obtain an audit in accordance with section 476 of the Act

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime

Mrs M'Fobister

Director

Approved by the board on 16 November 2009

Abbey Care Direct Limited Notes to the Abbreviated Accounts for the year ended 30 June 2010

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives

Plant and machinery Motor vehicles 20% straight line 25% straight line

Stocks

Stock is valued at the lower of cost and net realisable value

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

Foreign currencies

Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction Monetary assets and liabilities denominated in foreign currencies are translated at the rate of exchange ruling at the balance sheet date. All differences are taken to the profit and loss account

Leasing and hire purchase commitments

Assets held under finance leases and hire purchase contracts, which are those where substantially all the risks and rewards of ownership of the asset have passed to the company, are capitalised in the balance sheet and depreciated over their useful lives. The corresponding lease or hire purchase obligation is treated in the balance sheet as a liability

The interest element of the rental obligations is charged to the profit and loss account over the period of the lease and represents a constant proportion of the balance of capital repayments outstanding

Rentals paid under operating leases are charged to income on a straight line basis over the lease term

Pensions

The company operates a defined contribution pension scheme. Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

Abbey Care Direct Limited Notes to the Abbreviated Accounts for the year ended 30 June 2010

2	Tangible fixed assets			£	
	Cost				
	At 1 July 2009			1,413	
	At 30 June 2010			1,413	
	Depreciation				
	At 1 July 2009			690	
	Charge for the year			145	
	At 30 June 2010			835	
	Net book value				
	At 30 June 2010			578	
	At 30 June 2009			723	
3	Share capital	2010 No	2009	2010	2009
	Allotted, called up and fully paid	140	No	£	£
	Ordinary shares of £1 each	150	150	150_	150