

Abbreviated Unaudited Accounts
for the year ended 30 November 2009
for
ABOUT TRAINING LIMITED

TUESDAY



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31/08/2010

COMPANIES HOUSE

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ABOUT TRAINING LIMITED (REGISTERED NUMBER: 05819786)

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for the year ended 30 November 2009**

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ABOUT TRAINING LIMITED

Company Information
for the year ended 30 November 2009

DIRECTOR: D Sheppard

SECRETARY: D Sheppard

REGISTERED OFFICE: The Counting House
Celtic Gateway
Cardiff
CF11 0SN

REGISTERED NUMBER: 05819786

ACCOUNTANTS: KTS OWENS THOMAS LIMITED
Chartered Accountants and Business Advisers
The Counting House
Celtic Gateway
Cardiff
CF11 0SN

ABOUT TRAINING LIMITED (REGISTERED NUMBER: 05819786)**Abbreviated Balance Sheet
30 November 2009**

	Notes	2009 £	2008 £
FIXED ASSETS			
Tangible assets	2	2,018	1,637
CURRENT ASSETS			
Debtors		5,538	-
Cash at bank		28,274	4,402
		<u>33,812</u>	<u>4,402</u>
CREDITORS			
Amounts falling due within one year		(30,742)	(9,708)
NET CURRENT ASSETS/(LIABILITIES)		<u>3,070</u>	<u>(5,306)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		5,088	(3,669)
PROVISIONS FOR LIABILITIES		<u>(174)</u>	<u>-</u>
NET ASSETS/(LIABILITIES)		<u><u>4,914</u></u>	<u><u>(3,669)</u></u>
CAPITAL AND RESERVES			
Called up share capital	3	2	2
Profit and loss account		4,912	(3,671)
SHAREHOLDERS' FUNDS		<u><u>4,914</u></u>	<u><u>(3,669)</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 November 2009

The members have not required the company to obtain an audit of its financial statements for the year ended 30 November 2009 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The notes form part of these abbreviated accounts

ABOUT TRAINING LIMITED (REGISTERED NUMBER: 05819786)

Abbreviated Balance Sheet - continued
30 November 2009

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 27/08/2010 and were signed by



D Sheppard - Director

The notes form part of these abbreviated accounts

**Notes to the Abbreviated Accounts
for the year ended 30 November 2009**

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% per annum straight line

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the profit and loss account on a straight line basis over the period of the lease

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 December 2008	4,364
Additions	1,963
	<hr/>
At 30 November 2009	6,327
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DEPRECIATION	
At 1 December 2008	2,727
Charge for year	1,582
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At 30 November 2009	4,309
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NET BOOK VALUE	
At 30 November 2009	2,018
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At 30 November 2008	1,637
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ABOUT TRAINING LIMITED (REGISTERED NUMBER: 05819786)

**Notes to the Abbreviated Accounts - continued
for the year ended 30 November 2009**

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid.

Number	Class	Nominal value	2009 £	2008 £
2	Ordinary	1	<u>2</u>	<u>2</u>