

COMPANY REGISTRATION NUMBER 05817827

**H & R HEALTHCARE LTD**  
**ABBREVIATED FINANCIAL STATEMENTS**  
**31 AUGUST 2009**



**H & R HEALTHCARE LTD**  
**ABBREVIATED ACCOUNTS**  
**YEAR ENDED 31 AUGUST 2009**

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**H & R HEALTHCARE LTD**  
**ABBREVIATED BALANCE SHEET**  
**31 AUGUST 2009**

	Note	2009	2008
		£	£
<b>FIXED ASSETS</b>	<b>2</b>		
Tangible assets		81,064	15,424
<b>CURRENT ASSETS</b>			
Stocks		258,720	119,452
Debtors		1,022,294	210,824
Cash at bank and in hand		6,877	43,851
		<u>1,287,891</u>	<u>374,127</u>
<b>CREDITORS: Amounts falling due within one year</b>		<u>823,618</u>	<u>214,127</u>
<b>NET CURRENT ASSETS</b>		<u>464,273</u>	<u>160,000</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>545,337</u>	<u>175,424</u>
<b>CREDITORS: Amounts falling due after more than one year</b>		<u>222,639</u>	<u>202,097</u>
		<u>322,698</u>	<u>(26,673)</u>
<b>CAPITAL AND RESERVES</b>			
Called-up equity share capital	<b>3</b>	10	10
Profit and loss account		322,688	(26,683)
<b>SHAREHOLDERS' FUNDS/(DEFICIT)</b>		<u>322,698</u>	<u>(26,673)</u>

The Balance sheet continues on the following page.  
The notes on pages 3 to 4 form part of these abbreviated accounts

# H & R HEALTHCARE LTD

## ABBREVIATED BALANCE SHEET *(continued)*

**31 AUGUST 2009**

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The directors are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act

The directors acknowledge their responsibilities for

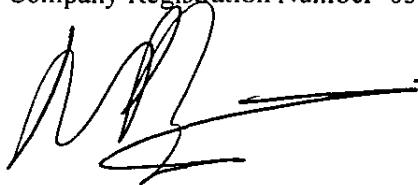
- (i) ensuring that the company keeps adequate accounting records which comply with section 386 of the Act, and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006

These abbreviated accounts were approved by the directors and authorised for issue on 26/02/2010, and are signed on their behalf by

MR M HOSKINS  
Director

Company Registration Number 05817827



The notes on pages 3 to 4 form part of these abbreviated accounts

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**H & R HEALTHCARE LTD**  
**NOTES TO THE ABBREVIATED ACCOUNTS**  
**YEAR ENDED 31 AUGUST 2009**

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**1. ACCOUNTING POLICIES**

**Basis of accounting**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

**Turnover**

The turnover shown in the profit and loss account represents amounts invoiced during the year, exclusive of Value Added Tax

**Fixed assets**

All fixed assets are initially recorded at cost

**Depreciation**

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows

Plant & Machinery	- 3 years straight line
Fixtures & Fittings	- 30% Straight line
Motor Vehicles	- 20% Straight Line
Equipment	- 20% Straight Line

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items

**Hire purchase agreements**

Assets held under hire purchase agreements are capitalised and disclosed under tangible fixed assets at their fair value. The capital element of the future payments is treated as a liability and the interest is charged to the profit and loss account on a straight line basis.

**Operating lease agreements**

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

**Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

# H & R HEALTHCARE LTD

## NOTES TO THE ABBREVIATED ACCOUNTS

YEAR ENDED 31 AUGUST 2009

### 2. FIXED ASSETS

	Tangible Assets £
<b>COST</b>	
At 1 September 2008	21,023
Additions	87,286
<b>At 31 August 2009</b>	<b><u>108,309</u></b>
<b>DEPRECIATION</b>	
At 1 September 2008	5,599
Charge for year	21,646
<b>At 31 August 2009</b>	<b><u>27,245</u></b>
<b>NET BOOK VALUE</b>	
<b>At 31 August 2009</b>	<b><u>81,064</u></b>
At 31 August 2008	<u>15,424</u>

### 3. SHARE CAPITAL

#### Authorised share capital:

	2009 £	2008 £
100,000 Ordinary shares of £1 each	<u>100,000</u>	<u>100,000</u>

#### Allotted, called up and fully paid:

	2009 No	£	2008 No	£
10 Ordinary shares of £1 each	<u>10</u>	<u>10</u>	<u>10</u>	<u>10</u>