



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **ABUNDANT LIFE LTD**

Company Number: **05783530**

Date of this return: **16/04/2013**

SIC codes: **86210**

Company Type: **Private company limited by shares**

Situation of Registered Office: **597 STRETFORD ROAD
OLD TRAFFORD
MANCHESTER
UNITED KINGDOM
M16 9BX**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR PHILIP**

Surname: **COWMAN**

Former names: **COWMAN**

Service Address: **597 STRETTFORD ROAD
OLD TRAFFORD
MANCHESTER
UNITED KINGDOM
M16 9BX**

Company Director 1

Type: **Person**
Full forename(s): **DR GAMAL GEORGE**

Surname: **GREISS**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **30/12/1955** Nationality: **BRITISH**
Occupation: **DOCTOR**

Company Director **2**

Type: **Person**

Full forename(s): **NEHAL SHAFIK**

Surname: **GREISS**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **ENGLAND**

Date of Birth: **21/03/1962**

Nationality: **BRITISH**

Occupation: **NONE**

Statement of Capital (Share Capital)

Class of shares	A ORDINARY GBP1 SHARES	<i>Number allotted</i>	60
		<i>Aggregate nominal value</i>	60
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THESE SHARES CONFER ON THE HOLDERS THE RIGHT TO VOTE UPON ANY RESOLUTION PROPOSED AT ANY GENERAL MEETING OF THE COMPANY.

Class of shares	B ORDINARY GBP1 SHARES	<i>Number allotted</i>	40
		<i>Aggregate nominal value</i>	40
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THESE SHARES DO NOT CONFER ON THE HOLDERS THE RIGHT TO VOTE UPON ANY RESOLUTION PROPOSED AT ANY GENERAL MEETING OF THE COMPANY.

Class of shares	C ORDINARY GBP1 SHARES	<i>Number allotted</i>	50
		<i>Aggregate nominal value</i>	50
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0

Prescribed particulars

THESE SHARES DO NOT CONFER ON THE HOLDERS THE RIGHT TO VOTE UPON ANY RESOLUTION PROPOSED AT ANY GENERAL MEETING OF THE COMPANY.

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	150
		<i>Total aggregate nominal value</i>	150

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 16/04/2013 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **60 A ORDINARY GBP1 SHARES shares held as at the date of this return**
Name: **GAMAL GEORGE GREISS**

Shareholding 2 : **40 B ORDINARY GBP1 SHARES shares held as at the date of this return**
Name: **NEHAL SHAFIK GREISS**

Shareholding 3 : **25 C ORDINARY GBP1 SHARES shares held as at the date of this return**
Name: **ROBERT JAMES GREISS**

Shareholding 4 : **25 C ORDINARY GBP1 SHARES shares held as at the date of this return**
Name: **RICHARD STEVEN GREISS**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.