

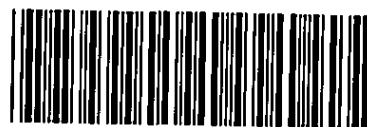
COMPANY NO: 05768129

London & Regional (Health Clubs No.4) Limited

**ANNUAL REPORT AND FINANCIAL
STATEMENTS**

Period ended 01 January 2009

TUESDAY



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14/07/2009

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COMPANIES HOUSE

Company Information

Directors	S Lloyd P Guyer N Backhouse I Harris
Secretary	I Harris
Registered office	Quadrant House, Floor 6 17 Thomas More Street Thomas More Square London E1W 1YW
Registered number	05768129
Bankers	Bank of Scotland plc London Chief Office PO Box 54873, London SW1Y 5WX

Report of the Directors

The directors present their report and the unaudited financial statements for the period ended 1 January 2009.

Principal activity

The company is dormant and has not traded during the period or subsequent to the period end.

Directors

The directors, who served throughout the period, except as noted, were as follows:

I Harris	(appointed 6/11/08)
S Lloyd	(appointed 6/11/08)
P Guyer	(appointed 29/4/09)
N Backhouse	(appointed 29/4/09)
C King	(resigned 6/11/08)
R Luck	(resigned 6/11/08)

None of the directors serving at the period end had interests in the share capital of the company.

Secretaries

I Harris	(appointed 6/11/08)
R Luck	(resigned 6/11/08)

Change of name

On 29 April 2009, the company changed its name from London & Regional (Health Clubs No 4) Limited to David Lloyd Leisure Nominee No 4 Limited.

Statement of directors' responsibilities for the Annual Report

The directors are responsible for preparing the financial statements in accordance with applicable law and regulations.

Company law requires the directors to prepare financial statements for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). The financial statements are required by law to give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these financial statements, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

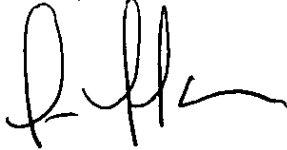
The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Company and enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Report of the Directors (continued)

Approval

The report of the directors has been prepared in accordance with the special provisions of Part VII of the Companies Act relating to small companies.

The report of the directors was approved by the Board on 29 May 2009 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'I Harris', written over a horizontal line.

I Harris
Director

Profit And Loss Account

for the period ended 1 January 2009

During the financial period and the preceding period, the company did not trade and received no income and incurred no expenditure. Consequently during those years the company made neither a profit nor a loss and had no recognised gains or losses.

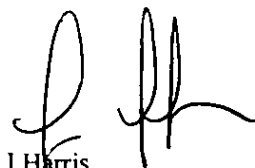
Balance Sheet

as at 1 January 2009

	Note	1 January 2009 £	3 January 2008 £
Debtors	2	2	2
Net current assets		<u>2</u>	<u>2</u>
Net assets		<u>2</u>	<u>2</u>
Capital and reserves			
Called up share capital	3	2	2
Shareholders' funds		<u>2</u>	<u>2</u>

- (1) The directors acknowledge their responsibilities for ensuring the company keeps accounting records that comply with S221 of the Companies Act 1985 and preparing financial statements that give a true and fair view of the state of affairs of the company as at the end of its financial year, and of its profit and loss for the financial year in accordance with S226 and otherwise comply with the requirements of the Companies Act 1985 applicable to small companies.
- (2) The directors confirm the company was entitled to exemption from an audit under subsection (1) of S249A of that Act and that members have not required the company to obtain an audit of its financial statements in accordance with section 249 B(2).
- (3) The accounts are prepared in accordance with the special provisions of part VII of the Companies Act 1985 relating to small companies.

The financial statements were approved by the Board on 29 May 2009 and signed on its behalf by:



I Harris
Director

Notes To The Financial Statements (continued) at 1 January 2009

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements are prepared in accordance with the Financial Reporting Standard for Smaller Entities under the historical cost convention and on the basis of continuing support from the ultimate parent undertaking.

Related party transactions

The company has relied on the exemptions under Financial Reporting Standard 8 from disclosing transactions with other group companies on the basis that the company is a fully owned subsidiary.

Cash flow statement

The company has taken advantage of the exemption under Financial Reporting Standard 1 not to prepare a cash flow statement as it is a wholly owned subsidiary, and the parent company prepares a consolidated cash flow statement, whose accounts are publicly available.

2. DEBTORS

	1 January 2009 £	3 January 2008 £
Other debtors	2	2

3. SHARE CAPITAL

	1 January 2009 £	3 January 2008 £
Authorised		
100 ordinary shares of £1 each	100	100
Allotted, called up and fully paid		
2 ordinary share of £1 each	2	2

4. ULTIMATE PARENT UNDERTAKING AND CONTROLLING PARTY

The company's immediate parent undertaking is Next Generation Clubs Limited, a company incorporated in England and Wales. The ultimate parent undertaking and controlling party at period end is David Lloyd Leisure Operations Holdings Limited, a company incorporated in England and Wales.

David Lloyd Leisure Operations Holdings Limited is the smallest and largest group undertaking for which group financial statements are prepared and of which the company is a member. The financial statements of David Lloyd Leisure Operations Holdings Limited and Next Generation Clubs Limited can be obtained from the Registrar of Companies, Companies House, Crown Way, Cardiff CF14 3UZ.

5. SUBSEQUENT EVENTS

During October 2008, the group has been restructured. In this process the ultimate parent undertaking has changed several times. Following this restructuring, the ultimate parent undertaking is David Lloyd Leisure Operations Holdings Limited, a company incorporated in England and Wales.

On 29 April 2009, the company changed its name from London & Regional (Health Clubs No 4) Limited to David Lloyd Leisure Nominee No 4 Limited.