



*Companies House*  
— for the record —

**363a<sub>(ef)</sub>**

**Annual Return**



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*Received for filing in Electronic Format on the:* **16/04/2008**

*Company Name:* **LONDON & REGIONAL (HEALTH CLUBS NO.4) LIMITED**

*Company Number:* **05768129**

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### *Company Details*

*Period Ending:* **04/04/2008**

*Company Type:* **PRIVATE COMPANY LIMITED BY SHARES**

*Principal Business Activities:*

*SIC codes:*

**7487**

*Registered Office  
Address:*

*Register of  
Members Address:*

*Register of Debenture  
Holders Address:*

**QUADRANT HOUSE,  
FLOOR 6 17 THOMAS  
MORE STREET  
THOMAS MORE SQUARE  
LONDON  
E1W 1YW**

## *Details of Officers of the Company*

*Company Secretary 1:*

*Name:* **MR RICHARD NIGEL LUCK**

*Address:* **4 HERSCHEL GRANGE  
WARFIELD  
BRACKNELL  
BERKSHIRE  
RG42 6AT**

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*Director 1 :*

*Name:* **MR CHRISTOPHER KING**

*Address:* **53 KINGS ROAD  
RICHMOND  
SURREY  
TW10 6EG**

*Date of Birth:*

**09/07/1966**

*Nationality:*

**BRITISH**

*Occupation:*

**COMPANY DIRECTOR**

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*Director 2 :*

*Name:* **MR RICHARD NIGEL LUCK**

*Address:* **4 HERSCHEL GRANGE  
WARFIELD  
BRACKNELL  
BERKSHIRE  
RG42 6AT**

*Date of Birth:*

**25/09/1960**

*Nationality:*

**BRITISH**

*Occupation:*

**COMPANY DIRECTOR**

## Share Capital

### Issued Share Capital Details:

<i>Class of Share</i>	<i>Number of Shares issued</i>	<i>Aggregate Nominal value of issued Shares</i>
<b>ORDINARY</b>	<b>2</b>	<b>GBP2.00</b>
<i>TOTALS</i>		
	<b>2</b>	<b>GBP2.00</b>

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### Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 04/04/2008 or that had ceased to be shareholders since the made up date of the previous Annual Return

#### Shareholding 1:

**2 ORDINARY Shares held as at 04/04/2008**

*Name:* **NEXT GENERATION CLUBS LIMITED**  
*Address:* **MOSQUITO WAY HATFIELD BUSINESS PARK**  
**HATFIELD**  
**HERTFORDSHIRE**  
**AL10 9AX**

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### Authorisation

*Authoriser Designation:* **director**

*Date Authorised:* **14/04/2008**

*Authenticated:* **Yes (E/W)**