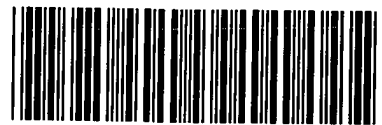


Abbreviated Accounts
for the Year Ended 31 March 2014
for
Academy of Personal Training Ltd

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COMPANIES HOUSE

Academy of Personal Training Ltd

**Company Information
for the Year Ended 31 March 2014**

DIRECTOR: A West

SECRETARY: E M West

REGISTERED OFFICE: Chancery House
30 St Johns Road
Woking
Surrey
GU21 7SA

REGISTERED NUMBER: 05735988 (England and Wales)

ACCOUNTANTS: Barnbrook Sinclair
Chartered Accountants
Chancery House
30 St Johns Road
Woking
Surrey
GU21 7SA

Abbreviated Balance Sheet
31 March 2014

	Notes	31/3/14 £	31/3/13 £
FIXED ASSETS			
Tangible assets	2	-	1,146
CURRENT ASSETS			
Debtors		-	90
Cash at bank		-	28
		-	118
CREDITORS			
Amounts falling due within one year		(1,813)	(1,088)
NET CURRENT LIABILITIES		(1,813)	(970)
TOTAL ASSETS LESS CURRENT LIABILITIES		(1,813)	176
CAPITAL AND RESERVES			
Called up share capital	3	100	100
Profit and loss account		(1,913)	76
SHAREHOLDERS' FUNDS		(1,813)	176

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2014.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2014 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 9 July 2014 and were signed by:


A West - Director

Academy of Personal Training Ltd

Notes to the Abbreviated Accounts for the Year Ended 31 March 2014

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover

Turnover represents net invoiced sales of services, excluding value added tax.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 25% on reducing balance

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2013	3,335
Disposals	(3,335)
	<hr/>
At 31 March 2014	-
	<hr/>
DEPRECIATION	
At 1 April 2013	2,189
Eliminated on disposal	(2,189)
	<hr/>
At 31 March 2014	-
	<hr/>
NET BOOK VALUE	
At 31 March 2014	-
	<hr/>
At 31 March 2013	1,146
	<hr/>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31/3/14 £	31/3/13 £
100	Ordinary	£1	100	100
			<hr/>	<hr/>