



Companies House
— for the record —

AR01 (ef)

Annual Return



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Company Name: **ACADEMY OF PERSONAL TRAINING LTD**

Company Number: **05735988**

Date of this return: **09/03/2010**

SIC codes: **7487**

Company Type: **Private company limited by shares**

Situation of Registered Office: **1 HIGH STREET
KNAPHILL
WOKING
SURREY
UNITED KINGDOM
GU21 2PG**

Officers of the company

Company Secretary **1**

Type: **Person**

Full forename(s): **EILEEN MARY**

Surname: **WEST**

Former names:

Service Address: WEST ACRE HURST LANE
EGHAM
SURREY
UNITED KINGDOM
TW20 8QJ

Company Director 1

Type: Person

Full forename(s): MR ALAN

Surname: WEST

Former names:

Service Address: 50 FORDWELLS DRIVE
THE WARREN
BRACKNELL
BERKSHIRE
UNITED KINGDOM
RG12 9YL

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: 30/12/1970

Nationality: BRITISH

Occupation: DIRECTOR

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	2
		<i>Aggregate nominal value</i>	2
<i>Currency</i>	GBP	<i>Amount paid per share</i>	1
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	FULL RIGHTS WITH REGARDS TO VOTING,PARTICIPATION AND DIVIDENDS		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	2
		<i>Total aggregate nominal value</i>	2

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 09/03/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

2 ORDINARY Shares held as at 09/03/2010

Name: **ALAN WEST**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.