

REGISTERED NUMBER 05735988 (England and Wales)

Abbreviated Accounts
for the Year Ended 31 March 2013
for
Academy of Personal Training Ltd



Academy of Personal Training Ltd

**Company Information
for the Year Ended 31 March 2013**

DIRECTOR: A West

SECRETARY: E M West

REGISTERED OFFICE: Chancery House
30 St Johns Road
Woking
Surrey
GU21 7SA

BUSINESS ADDRESS: 50 Fordwells Drive
The Warren
Bracknell
Berkshire
RG12 9YL

REGISTERED NUMBER 05735988 (England and Wales)

ACCOUNTANTS: Barnbrook Sinclair
Chartered Accountants
Chancery House
30 St Johns Road
Woking
Surrey
GU21 7SA

Abbreviated Balance Sheet
31 March 2013

	Notes	31/3/13 £	31/3/12 £
FIXED ASSETS			
Tangible assets	2	1,146	994
CURRENT ASSETS			
Debtors		90	-
Cash at bank		28	131
		<u>118</u>	<u>131</u>
CREDITORS			
Amounts falling due within one year		(1,088)	(1,563)
NET CURRENT LIABILITIES		<u>(970)</u>	<u>(1,432)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>176</u>	<u>(438)</u>
CAPITAL AND RESERVES			
Called up share capital	3	100	100
Profit and loss account		76	(538)
SHAREHOLDERS' FUNDS		<u>176</u>	<u>(438)</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2013

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2013 in accordance with Section 476 of the Companies Act 2006

The director acknowledges his responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the director on 30 November 2013 and were signed by


A West - Director

Academy of Personal Training Ltd

Notes to the Abbreviated Accounts for the Year Ended 31 March 2013

1 ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Turnover

Turnover represents net invoiced sales of goods, excluding value added tax

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Computer equipment - 25% on reducing balance

2 TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 April 2012	2,800
Additions	535
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At 31 March 2013	3,335
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DEPRECIATION	
At 1 April 2012	1,806
Charge for year	383
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At 31 March 2013	2,189
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NET BOOK VALUE	
At 31 March 2013	1,146
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At 31 March 2012	994
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3 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid

Number	Class	Nominal value	31/3/13 £	31/3/12 £
100	Ordinary	£1	100	100
			<hr/>	<hr/>