



**Companies House**  
— for the record —

**AR01** (ef)

**Annual Return**



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**X16Q6EXF**

*Company Name:* **Academy of Personal Training Ltd**

*Company Number:* **05735988**

*Date of this return:* **09/03/2012**

*SIC codes:* **82990**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **1 HIGH STREET  
KNAPHILL  
WOKING  
SURREY  
UNITED KINGDOM  
GU21 2PG**

**Officers of the company**

## *Company Secretary 1*

*Type:* **Person**  
*Full forename(s):* **MRS EILEEN MARY**

*Surname:* **WEST**

*Former names:*

*Service Address:* **WEST ACRE HURST LANE  
EGHAM  
SURREY  
ENGLAND  
TW20 8QJ**

*Company Director*    **1**

*Type:*                                **Person**

*Full forename(s):*                **MR ALAN**

*Surname:*                           **WEST**

*Former names:*

*Service Address:*                **50 FORDWELLS DRIVE  
THE WARREN  
BRACKNELL  
BERKSHIRE  
UNITED KINGDOM  
RG12 9YL**

*Country/State Usually Resident:*   **UNITED KINGDOM**

*Date of Birth:*   **30/12/1970**

*Nationality:*   **BRITISH**

*Occupation:*    **DIRECTOR**

## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>2</b>
		<i>Aggregate nominal value</i>	<b>2</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

**FULL RIGHTS WITH REGARDS TO VOTING,PARTICIPATION AND DIVIDENDS**

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>2</b>
		<i>Total aggregate nominal value</i>	<b>2</b>

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 09/03/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **2 ORDINARY shares held as at the date of this return**  
*Name:* **ALAN WEST**

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### *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.