

Charity Registration No. 1126692  
Company Registration No. 05716319 (England and Wales)

**THE INTERNATIONAL CENTRE FOR INTEGRATIVE  
EMOTIONAL THERAPY**

**(A COMPANY LIMITED BY GUARANTEE)**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 DECEMBER 2019**



**THE INTERNATIONAL CENTRE FOR INTEGRATIVE EMOTIONAL THERAPY  
(A COMPANY LIMITED BY GUARANTEE)**

**LEGAL AND ADMINISTRATIVE INFORMATION**

<b>Directors</b>	Miss T Slinn Fr L Fofler C McGuire
<b>Company registered number</b>	5716319
<b>Charity registered number</b>	1126692
<b>Rergistered office</b>	The International Centre For Integrative Emotional Therapy 12 Madeira Road Margate Kent CT9 2QQ
<b>Company secretary</b>	Mrs L Wells

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**THE INTERNATIONAL CENTRE FOR INTEGRATIVE EMOTIONAL THERAPY  
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**DIRECTORS' REPORT  
FOR THE YEAR ENDED 31 DECEMBER 2019**

The Directors present their annual report together with the financial statements of the company for the 1 January 2018 to 31 December 2018. The Directors confirm that the Annual Report and financial statements of the company comply with the current statutory requirements, the requirements of the company's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) as amended by Update Bulletin 1 (effective 1 January 2015).

Since the company qualifies as small under section 383, the strategic report required of medium and large companies under The Companies Act 2006 (Strategic Report and Director's Report) Regulations 2013 is not required.

**a. GOING CONCERN**

After making appropriate enquiries, the trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the Accounting Policies.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**a. CONSTITUTION**

The company is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association on 21 February 2006.

The company is constituted under a Memorandum of Association dated 21 February 2006 and is a registered charity number 1126692.

There have been no changes in the objectives since the last annual report.

**b. METHOD OF APPOINTMENT OR ELECTION OF DIRECTORS**

The management of the company is the responsibility of the Directors who are elected and co-opted under the terms of the Articles of Association.

This report was approved by the Trustees, on 2 June 2020 and signed on their behalf by:



Miss T Slinn

**THE INTERNATIONAL CENTRE FOR INTEGRATIVE EMOTIONAL THERAPY  
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**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT  
FOR THE YEAR ENDED 31 DECEMBER 2019**

	<b>Total</b>	<b>Total</b>
	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<b>Total income</b>	-	-
<b>Total expenditure</b>	-	-
<b>Net movement in funds</b>	-	-
<b>Reconciliation of funds</b>		
Total funds brought forward	<b>195</b>	<b>195</b>
<b>Total funds carried forward</b>	<b>195</b>	<b>195</b>

**THE INTERNATIONAL CENTRE FOR INTEGRATIVE EMOTIONAL THERAPY  
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**BALANCE SHEET**

**AS AT 31 DECEMBER 2019**

**Company registration number : 05716319**

	2019 £	2018 £
<b>Current assets</b>		
Other debtors	195	195
<b>Net assets</b>	195	195
<b>Capital funds</b>		
Unrestricted fund	195	195
	195	195

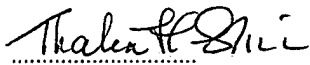
The company's financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

For the year ended 31 December 2019 the company was entitled to exemption from audit under section 480 of the Companies Act 2006.

Members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements were approved and authorised for issue by the Directors on 2 June 2020 and signed on their behalf, by:



Miss T Slinn

The notes on pages 4 to 5 form part of these financial statements.

# **THE INTERNATIONAL CENTRE FOR INTEGRATIVE EMOTIONAL THERAPY (A COMPANY LIMITED BY GUARANTEE)**

## **NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019**

### **1. Accounting policies**

#### **1.1 Basis of preparation of financial statements**

The International Centre for Integrative Emotional Therapy is a company limited by guarantee incorporated in England and Wales. The registered office is set out in the legal and administrative page.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and Charities Act 2011 amended for Bulletin 1.

The International Centre For Integrative Emotional Therapy meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### **1.2 Company status**

The company is a company limited by guarantee. The members of the company are the Directors named on page . In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

#### **1.3 Income**

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the company is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the Trust that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the company has been notified of the executor's intention to make a distribution. Where legacies have been notified to the company, or the company is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

#### **1.4 Debtors**

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **1.5 Fund accounting**

General funds are unrestricted funds which are available for use at the discretion of the Directors in furtherance of the general objectives of the company and which have not been designated for other purposes.

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**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**2. Trustees**

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

**3. Employees**

There were no employees during this or the previous year.

**4. Share capital**

The company is limited by guarantee and accordingly has no share capital. The liability guaranteed by each member is £1. At 30 September 2019 there were 3 members (2018: 3).