

NM01

Notice of change of name by resolution



Companies House

A fee is payable with this form  
Please see 'How to pay' on the last page

☒ What this form is for

You may use this form to give notice  
of an unconditional change of name  
by the company members

☒ What this form is NOT for

You cannot use this form to give  
notice of a conditional change  
name

FRIDAY



A10 19/09/2014 #314  
COMPANIES HOUSE

A18 29/08/2014 #13  
COMPANIES HOUSE

1 Company details

Company number 0 5 7 1 1 2 4 3

Existing company name in full Inshape Coaching Services Limited

→ Filling in this form  
Please complete in typescript or in  
bold black capitals.

All fields are mandatory unless  
specified or indicated by \*

2 Proposed name

To check if a company name is available use our WebCheck service and select  
the 'Company Name Availability Search' option

[www.companieshouse.gov.uk/info](http://www.companieshouse.gov.uk/info)

The above company resolved to change the company name to

Proposed name ① Inshape Stroud Limited

Please note that the Registrar cannot change the company name until a copy of  
the resolution has been received

① Sensitive words and  
duplicate names

If the proposed name contains  
sensitive or restricted words or  
expressions you must provide form  
NM06 'Request to seek comments  
of government department or other  
specified body on change of name'  
and the appropriate supporting  
information before the name can be  
changed

Duplicate names are not permitted  
A list of registered names can  
be found on our website There  
are various rules that may affect  
your choice of name More  
information on this is available in  
our guidance booklet GP1 at  
[www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)

3 Signature

I am signing this form on behalf of the company

Signature

Signature

X

X

This form may be signed by  
Director ②, Secretary, Person authorised ③, Liquidator, Administrator,  
Administrative receiver, Receiver, Receiver manager, Charity commission receiver  
and manager, CIC manager

② Societas Europaea

If the form is being filed on behalf  
of a Societas Europaea (SE) please  
delete 'director' and insert details  
of which organ of the SE the person  
signing has membership

③ Person authorised

Under either section 270 or 274 of  
the Companies Act 2006

NM01

# Notice of change of name by resolution



## Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

Company name

Address

Post town

County/Region

Postcode

Country

DX

Telephone



## Checklist

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☐ The company name and number match the information held on the public Register
- ☐ You have given the proposed name in section 2
- ☐ You have checked that the proposed company name is available as well as the various rules that may affect your choice of name. More information can be found in guidance on our website
- ☐ You have attached a copy of the resolution unless previously filed
- ☐ You have signed the form
- ☐ You have enclosed the correct fee



## Important information

Please note that all information on this form will appear on the public record



## How to pay

A fee of £10 is payable to Companies House in respect of a notice of change of name by resolution

Make cheques or postal orders payable to 'Companies House'



## Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

**For companies registered in England and Wales**  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland**  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**  
The Registrar of Companies, Companies House,  
Second Floor, The Linenhall, 32-38 Linenhall Street,  
Belfast, Northern Ireland, BT2 8BG  
DX 481 N R Belfast 1



## Further information

For further information, please see the guidance notes on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.companieshouse.gov.uk](http://www.companieshouse.gov.uk)



**FILE COPY**

**CERTIFICATE OF INCORPORATION  
ON CHANGE OF NAME**

Company Number 5711243

The Registrar of Companies for England and Wales hereby certifies that  
under the Companies Act 2006:

**INSHAPE COACHING SERVICES LIMITED**

a company incorporated as private limited by shares; having its registered  
office situated in England and Wales; has changed its name to:

**INSHAPE STROUD LIMITED**

Given at Companies House on **24th September 2014**



Companies House



THE OFFICIAL SEAL OF THE  
REGISTRAR OF COMPANIES