

Company Registration No. 05711243 (England and Wales)

INSHAPE STROUD LIMITED
UNAUDITED ABBREVIATED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 APRIL 2016

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INSHAPE STROUD LIMITED

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INSHAPE STROUD LIMITED

ABBREVIATED BALANCE SHEET

AS AT 30 APRIL 2016

	Notes	2016 £	£	2015 £	£
Fixed assets					
Tangible assets	2		6,198		4,365
Current assets					
Debtors		9,588		3,819	
Cash at bank and in hand		54,010		37,276	
		<u>63,598</u>		<u>41,095</u>	
Creditors: amounts falling due within one year		<u>(67,495)</u>		<u>(43,317)</u>	
Net current liabilities			(3,897)		(2,222)
Total assets less current liabilities			2,301		2,143
Provisions for liabilities			(600)		(873)
			<u>1,701</u>		<u>1,270</u>
Capital and reserves					
Called up share capital	3		112		111
Profit and loss account			1,589		1,159
Shareholders' funds			<u>1,701</u>		<u>1,270</u>

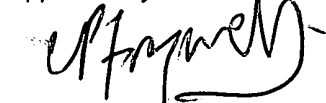
For the financial year ended 30 April 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These abbreviated financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the Board for issue on 8 August 2016



Mr C Frapwell
Director

Company Registration No. 05711243

INSHAPE STROUD LIMITED

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 30 APRIL 2016

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Fixtures, fittings & equipment	25% Reducing Balance
Motor vehicles	25% Reducing Balance

1.5 Deferred taxation

Deferred taxation is provided in full in respect of taxation deferred by timing differences between the treatment of certain items for taxation and accounting purposes. The deferred tax balance has not been discounted.

2 Fixed assets

	Tangible assets £
Cost	
At 1 May 2015	11,541
Additions	3,900
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At 30 April 2016	15,441
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Depreciation	
At 1 May 2015	7,176
Charge for the year	2,067
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At 30 April 2016	9,243
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Net book value	
At 30 April 2016	6,198
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At 30 April 2015	4,365
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NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 30 APRIL 2016

3	Share capital	2016 £	2015 £
	Allotted, called up and fully paid		
	100 Ordinary A shares of £1 each	100	100
	10 Ordinary B shares of £1 each	10	10
	1 Ordinary C shares of £1 each	1	1
	1 Ordinary D shares of £1 each	1	-
		<hr/>	<hr/>
		112	111
		<hr/>	<hr/>

During the year 1 ordinary 'D' share of £1 was allotted and fully paid at par for cash consideration.