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COMPANIES FORM No. 123

Notice of increase in nominal capital

123

CHWP000

Please do not
write in
this margin

Pursuant to section 123 of the Companies Act 1985

*Please complete
legibly, preferably
in black type, or
bold block lettering*

To the Registrar of Companies
(Address overleaf)

For official use

Company number

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05711243

Name of company

* insert full name
of company

* INSHAPE COACHING SERVICES LIMITED

gives notice in accordance with section 123 of the above Act that by resolution of the company
dated 28 MAY 2008 the nominal capital of the company has been
increased by £ 10 beyond the registered capital of £ 1000

† the copy must be
printed or in some
other form approved
by the registrar


A copy of the resolution authorising the increase is attached †

The conditions (eg voting rights, dividend rights, winding-up rights etc) subject to which the new
shares have been or are to be issued are as follows

Please tick here if
continued overleaf

☐

‡ Insert
Director,
Secretary,
Administrator,
Administrative
Receiver or
Receiver
(Scotland) as
appropriate

X Signed 

Designation ‡

Date 8/6/08^X

Presenter's name address and
reference (if any)

For official Use (02/0
General Section

TUESDAY
WEL



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A35 24/06/2008 5

COMPANIES HOUSE

AUPSW0HY

A35 11/06/2008 174

COMPANIES HOUSE

Notes

The address for companies registered in England and Wales or Wales is -

The Registrar of Companies
Companies House
Crown Way
Cardiff
CF14 3UZ

DX 33050 Cardiff

or, for companies registered in Scotland -

The Registrar of Companies
Companies House
37 Castle Terrace
Edinburgh
EH1 2EB

DX 235 Edinburgh or LP - 4 Edinburgh 2