

Company Registration No 05709859 (England and Wales)

TARPORLEY HEALTH FOODS LTD

ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2008

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TARPORLEY HEALTH FOODS LTD

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TARPORLEY HEALTH FOODS LTD

ABBREVIATED BALANCE SHEET

AS AT 31 MARCH 2008

	Notes	2008 £	£	2007 £	£
Fixed assets					
Tangible assets	2		12,098		15,339
Current assets					
Stocks		36,338		24,570	
Debtors	3	2,746		3,018	
Cash at bank and in hand		6,457		7,569	
		45,541		35,157	
Creditors, amounts falling due within one year		(66,847)		(59,969)	
Net current liabilities			(21,306)		(24,812)
Total assets less current liabilities			(9,208)		(9,473)
Capital and reserves					
Called up share capital	4		2		2
Profit and loss account			(9,210)		(9,475)
Shareholders' funds			(9,208)		(9,473)

In preparing these abbreviated accounts

- The directors are of the opinion that the company is entitled to the exemption from audit conferred by Section 249A(1) of the Companies Act 1985,
- No notice has been deposited under Section 249B(2) of the Companies Act 1985, and
- The directors acknowledge their responsibilities for
 - ensuring that the company keeps accounting records which comply with Section 221 of the Companies Act 1985, and
 - preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 226, and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company

These abbreviated accounts have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies

Approved by the Board for issue on 18/01/08

Richard Thomas

R Thomas
Director

TARPORLEY HEALTH FOODS LTD

NOTES TO THE ABBREVIATED ACCOUNTS

FOR THE YEAR ENDED 31 MARCH 2008

1 Accounting policies

1.1 Accounting convention

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2007)

The company meets its day to day working capital requirements through a loan from Mr R Thomas, a director of the company. The loan is repayable on demand. Mr Thomas has confirmed his support for at least the next twelve months. On this basis, the directors consider it appropriate to prepare the financial statements on the going concern basis. The financial statements do not include any adjustments that would result from a withdrawal of loan by the director.

1.2 Compliance with accounting standards

The financial statements are prepared in accordance with applicable United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), which have been applied consistently (except as otherwise stated).

1.3 Turnover

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Tenants improvements	10% per annum straight line basis
Computer equipment	33.3% per annum straight line basis
Fixtures, fittings & equipment	15% per annum reducing balance basis

TARPORLEY HEALTH FOODS LTD

NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2008

2 Fixed assets

	Tangible assets £
Cost	
At 1 April 2007	17,418
Additions	128
Disposals	(1,563)
At 31 March 2008	15,983
Depreciation	
At 1 April 2007	2,079
On disposals	(234)
Charge for the year	2,040
At 31 March 2008	3,885
Net book value	
At 31 March 2008	12,098
At 31 March 2007	15,339

3 Debtors

Debtors include an amount of £2,026 (2007 - £2,139) which is due after more than one year

4 Share capital

	2008 £	2007 £
Authorised		
100,000 Ordinary shares of £1 each	100,000	100,000
Allotted, called up and fully paid		
2 Ordinary shares of £1 each	2	2

5 Transactions with directors

As at 31 March 2008, the company owed Mr R Thomas and Mr N Coe (directors of the company) a total of £48,376 (2007 - £45,593) in respect of an interest free loan