

A fee is payable with this form
Please see 'How to pay' on the
last page

You can use the WebFiling service to file this form online Please go to www companieshouse gov uk

What this form is for

You may use this form to confirm that the company information is correct as at the date of this return You must file an Annual Return at

What this form is NOT for You cannot use this form to gi notice of changes to the comp officers, registered office addre company type or information

	least	once	eve	ry yea	r	relating to the company record	31 13/03/2010 375 COMPANIES HOUSE
Part 1	Company details						
	The	e seci	tion	must	be completed	by all companies	Filling in this form Please complete in typescript or in bold black capitals. All fields are mandatory unless
۸1	Con	nn 20		letai			specified or indicated by *
A1	0	5	7				O Company name change
Company number	-	1	1.	0	1 1 1	6	If your company has recently
Company name in full	A &	CI	nteri	or Co	ontracts Limite	ed	changed its name, please provide the company name as at the date of this return
A2	Ret	urn	dat	e		:	
Date of this return 9						e up date The return date must not be a future divered within 28 days of the date given below by the body by the b	◆ Date of this return Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not
							be a later date
A3	Prir	ncipa	al b	usin	ess activity		
	Please show the trade classification code number(s) for the principal activity or activities •				O Principal business activity You must provide a trade classification code (SIC code) or a		
Classification code 1	4	5	3	4			description of your company's main
Classification code 2							business in this section A full list of the trade classification
Classification code 3			Ť	<u> </u>			codes are available on our website
Classification code 4	<u> </u>			- 			www companieshouse gov uk
	If you cannot determine a code, please give a brief description of your business activity below					ease give a brief description of your	
Principal activity description							

AR01 Annual Return A4 Company type • O Company type Please confirm your company type by ticking the appropriate box below (only If you are unsure of your company one box must be ticked) type, please check your latest Public limited company certificate of incorporation or our Private company limited by shares website www.companieshouse.gov.uk Private company limited by guarantee Private company limited by shares exempt under section 60 Private company limited by guarantee exempt under section 60 Private unlimited company with share capital Private unlimited company without share capital Registered office address 9 **A5** O Change of registered office Building name/number 43B This must agree with the address Street that is held on the Companies House Plains Road record at the date of this return If the registered office address has changed, you should complete form Post town Mapperley AD01 and submit it together with this annual return County/Region Nottingham G 3 Postcode 5 Single alternative inspection location (SAIL) of the A6 company records (if applicable) • Building name/number **⊙** SAIL address This must agree with the address Street that is held on the Companies House record at the date of this return If the address has changed, you should complete form AD02 and Post town submit it together with this annual County/Region Postcode Α7 Location of company records @ O Location of company records Please tick the appropriate box to indicate which records are kept at the SAIL If the company records are held at address in Section A6 the registered office address, do not Register of members tick any of the boxes in this section Register of directors Certain records must be kept by Directors' service contracts every company while other records are only kept by certain company Directors' indemnities types where appropriate Register of secretaries Records of resolutions etc If the records are not kept at the SAIL address, they must be available Contracts relating to purchase of own shares at the registered office Documents relating to redemption or purchase of own share out of capital by private company If any of the company records have

Register of debenture holders

interests in its shares

or Northern Ireland

Report to members of outcome of investigation by public company into

Instruments creating charges and register of charges England and Wales

Register of interests in shares disclosed to public company

Instruments creating charges and register of charges. Scotland

CHFP000 10/09 Version 2 0

moved from the registered office

to the address in Section A6 since

the last annual return, you must

complete form ADO3 and submit it together with this annual return

Part 2	Officers of the company	
	This section should include details of the company at the date to which this annual return is made up → For a secretary who is an individual, go to Section B1 → For a corporate secretary, go to Section C1	Continuation pages Please use a continuation page if you need to enter more officer details
	 → For a director who is an individual, go to Section D1 → For a corporate director, go to Section E1 	
Secretary		
B1	Secretary's details •	···
_	Please use this section to list all the secretaries of the company For a corporate secretary, complete Section C1-C4	Secretary appointments You may not use this form to appoint a secretary To do this,
Title*	Mr	please complete form APO3 and submit it together with this annual
Full forename(s)	Matthew James	return
Surname	Astıil	Corporate details Please use Section C1-C4 to enter
Former name(s) •		corporate secretary details.
		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03
		Please provide any previous names which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
B2	Secretary's service address [©]	
Building name/number	134	Service address If you have previously notified
Street	Breckhill Road	Companies House that the service address is at 'The Company's Registered Office', please state 'The
Post town	Mapperley	 Company's Registered Office' in the address
County/Region	Nottingham	This information will appear on the
Postcode	N G 3 5 J P	public record
Country	England	_

Corporate secretary

C1	Corporate secretary's details •	
	Please use this section to list all the corporate secretaries of the company	O Corporate secretary appointments You cannot use this form to appoint
Corporate body/firm name		a corporate secretary To do this, please complete form APO4 and submit it together with this annual return
Building name/number		Corporate secretary details
Street		All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have
Post town		not notified us, please complete form CH04
County/Region		This information will appear on the
Postcode		public record
Country		
C2	Location of the registry of the corporate body or firm	
	Is the corporate secretary registered within the European Economic Area (EEA)? → Yes Complete Section C3 only → No Complete Section C4 only	
C3	EEA companies o	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	Q EEA A full list of countries of the EEA can be found in our guidance
Where the company/ firm is registered		This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
C4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law		
If applicable, where the company/firm is registered •		
If applicable, the registration number		

Director

D1	Director's details ¹⁰	
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director To do this, please
Title*	Mr	complete form AP01 and submit it together with this annual return
Full forename(s)	Michael James	Corporate details
Surname	Astıll	Please use Section E1-E4 to enter corporate director details
Former name(s) ❷		Director details All details must agree with those previously notified to Companies
Country/State of residence	England	House If you have made changes since the last annual return and have not notified us, please
Nationality	British	complete form CH01
Date of birth	2 5 0 5 1 9 5 9	Please provide any previous names
Business occupation (if any)	Director	which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes
D2	Director's service address [©]	
Building name/numbe	16	Service address If you have previously notified
Street	Rochester Avenue	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town	Netherfield	address
County/Region	Nottingham	This information will appear on the public record
Postcode	N G 4 2 P L	pasitivetoru
Country	England	

Director

D1	Director's details ^o	-
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	O Director appointments You cannot use this form to appoint a director To do this, please
Title*		complete form APO1 and submit it together with this annual return
Full forename(s)		Corporate details Please use Section E1-E4 to enter
Surname		corporate director details
Former name(s) ②		Director details All details must agree with those previously notified to Companies
Country/State of residence		House If you have made changes since the last annual return and have not notified us, please
Nationality		complete form CH01
Date of birth	d d y y y y	Please provide any previous names
Business occupation (if any)		which have been used for business purposes during the period of this return. Married women do not need to give former names unless previously used for business purposes.
D2	Director's service address ®	
Building name/number	er	Service address If you have previously notified
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the
Post town		address.
County/Region		This information will appear on the public record
Postcode		F
Country		

Corporate director

E1	Corporate director's details •	
	Please use this section to list all the corporate director's of the company	O Corporate director appointments You cannot use this form to appoint a corporate director To do this,
Corporate body/firm name		please complete form AP02 and submit it together with this annual return
Building name/number		Corporate director details All details must agree with those
Street		previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete
Post town		form CH02
County/Region		This information will appear on the public record
Postcode		
Country		
E2	Location of the registry of the corporate body or firm	
	Is the corporate director registered within the European Economic Area (EEA)? → Yes Complete Section E3 only → No Complete Section E4 only	
E3	EEA companies ®	·
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	● EEA A full list of countries of the EEA can be found in our guidance
Where the company/ firm is registered		www.companieshouse gov.uk This is the register mentioned in Article 3 of the First Company Law
Registration number		Directive (68/151/EEC)
E4	Non-EEA companies	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	O Non-EEA Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in
Legal form of the corporate body or firm		that register
Governing law	· · · · · · · · · · · · · · · · · · ·	
If applicable, where the company/firm is registered •		
If applicable, the registration number		

Part 3	Statement of capital o						
	Does your company have share capital? → Yes Complete the sections below and the following Part 4 → No Go to Part 5 (Signature)				• This should reflect the company's capital status at the made up date o this annual return		
F1	Share capital i	n pound sterling ((£)	-		-	
Please complete the ta If all your issued capita	ble below to show al is in sterling, only	each class of shares he complete Section F1	ld in pound sterling and then go to Section F4				
Class of shares (E.g. Ordinary/Preference etc.)	Amount paid up on each share ②	Amount (if any) unpaid on each share ②	Number of sha	ares 😉	Aggregate nominal value 🔾	
Ordinary		£1 00		2		£ 2 00	
	· · · · · · · · · · · · · · · · · · ·					£	
	 					£	
						£	
			Totals	2		£ 2 00	
F2	Share capital i	n other currencie	\$				
Please complete the ta Please complete a sep			d in other currencies				
Currency							
Class of shares (E g Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share ②	Number of sha	ares 🛭	Aggregate nominal value 4	
			Totals				
Currency				·			
(E g Ordinary/Preference etc)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	ares 0	Aggregate nominal value 4	
			Tabele				
			Totals				
F3	Totals						
	Please give the total number of shares and total aggregate nominal value of issued share capital				◆ Total aggregate nominal value Please list total aggregate values in different currencies separately For		
Total number of shares						le £100 + €100 + \$10 etc	
Total aggregate nominal value 9							
Including both the nomit share premium Total number of issued s	_	Number of shares issu- nominal value of each	share Ple	ntinuation Pag ase use a State ge if necessary		oital continuation	

F4	Statement of capital (Voting rights)
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Sections F1 and F2
Class of share	Ordinary
Voting rights	The right to receive notice of and to attend, speak and vote at all general meetings of the company
	The right to participate in any distribution of the capital or assets of the company
	The right to receive any dividend which may be declared by the directors of the company
Class of share	
Voting rights	
Class of share	
Voting rights	
Class of share	
Voting rights	

Part 4	Shareholders					
	Does your company have share capital? → Yes Complete the sections below → No Go to Part 5 (Signature)	This should reflect the shareholder details at the made up date of this annual return				
G1	Traded public companies @					
	Please tick the box if your company was a traded public company at any time during the period of this return	② Traded company definition A traded company means a company any of whose shares are admitted to trading on a regulated market				
G2	List of past and present shareholders					
	Private and non-traded public companies are required to provide a 'full list' if one was not included with either of the last two returns					
	Traded public companies are required to provide a list of shareholders who held at least 5% of the issued shares of any share class if a list was not provided with either of the last two returns					
	Please tick the appropriate box below					
	A full list of shareholders for a private or non-traded public company is enclosed Please complete Section G3 , or					
	A list of shareholders holding at least 5% of the issued shares of any share class for a traded public company is enclosed. Please complete Section G4					
	 A list of shareholder changes is enclosed → For private or non-traded public companies, please complete Section G3 → For traded public companies, please complete Section G4 					
	There were no shareholder changes in this period→ Go to Part 5 (Signature)					
	Please tick the appropriate box below to indicate the format of your shareholder details					
	The list of shareholders is enclosed on paper The list of shareholders is enclosed in another format					
		<u> </u>				

G3

Private or non-traded public companies – list of past and present shareholders

This section should only be completed by companies that have not traded on a regulated market at any time during the period of this return

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders

Please use a 'Private or non-traded public companies – list of past and present shareholders' continuation page if necessary

l				
		Shares or stock currently held	Shares or stock transferr	ed (if appropriate)
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
Michael James Astill	Ordinary	2		1 1
				1 1
				1 1
<u>.</u>				1 1
				1 1
				1 1
				1 1
				1 1
				i i
				1 1
				1 1
				1 1
7				1 1
				, ,

G4

Traded public companies - list of past and present shareholders

This section should show the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return. It should only be completed by public companies that have traded on a regulated market at any time during the period of this return.

Changes during this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- The company's first annual return following incorporation,
- Every third annual return after a full list has been provided

Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'Traded public companies – list of past and present shareholders' continuation page if necessary

		Shares or stock currently held	Shares or stock transfer	ed (if appropriate)		
Shareholder's details	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		
Name				1 1		
Address				1 1		
				1 1		

Part 5	Signature		
	This must be completed by all companies I am signing this form on behalf of the company	Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership Person authorised Under either section 270 or 274 of the Companies Act 2006	
Signature	X M & SW		
	This form may be signed by Director ¹ , Secretary, Person authorised ² , Charity commission receiver and manager, CIC manager, Judicial factor		

Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.	Please note that all information on this form will appear on the public record	
Visible to searchers of the public record	£ How to pay	
Contact name	A fee of £30 is payable to Companies House in	
Company name Spowage Romano	respect of an Annual Return	
Address	Make cheques or postal orders payable to 'Companies House'	
43B Plains Road	™ Where to send	
Post town Mapperley	You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below.	
County/Region Nottingham Postcode N G 3 5 J U Country England	For companies registered in England and Wales The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff	
DX	For companies registered in Scotland The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2,	
Telephone 0115 9608252		
✓ Checklist	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1	
We may return forms completed incorrectly or with information missing Please make sure you have remembered the following. The company name and number match the information held on the public Register	or LP - 4 Edinburgh 2 (Legal Post) For companies registered in Northern Ireland The Registrar of Companies, Companies House, First Floor, Waterfront Plaza, 8 Laganbank Road, Belfast, Northern Ireland, BT1 3BS DX 481 N R Belfast 1	
You have completed your principal business activity	Further information	
 You have not used this form to make changes to the registered office address You have not used this form to make changes to secretary and director details You have fully completed the Statement of capital (if applicable) 	For further information, please see the guidance notes on the website at www.companieshouse gov.uk or email enquiries@companieshouse gov.uk	
(if applicable) ☐ You have signed the form	This form is available in an	
☐ You have enclosed the correct fee	alternative format. Please visit the	
	forms page on the website at	
	www.companieshouse.gov.uk	